



COACHES NEEDED

We are looking for **volunteer coaches** for the **Girls on the Run** program at your school! (FEMALE OR MALE, 18+ YEARS OLD)

You do not have to be a runner or athlete to volunteer as a coach—just someone who wants to **inspire girls** to live **healthy, joyful, and confident** lives!



TO VOLUNTEER, YOU NEED TO

- Submit a coach application by October 15
- Attend coach training in November
- Be at all lessons during the season (March 4 through mid-May)

GIRLS ON THE RUN OF SILICON VALLEY WILL

- Train you to become a coach
- Provide all curriculum and materials needed for the season
- Support you throughout the season

MAKE A
DIFFERENCE.

BECOME A
COACH.

www.gotrsv.org

Questions? Contact amy.olson@gotrsv.org

Established in 2002, Girls on the Run of Silicon Valley is a 501(c)3 non-profit organization serving girls in Santa Clara and Santa Cruz counties. We offer life-changing, after-school programs for girls in 3rd-8th grade. Our mission is to inspire girls to be joyful, healthy, and confident using a fun, experience-based curriculum which creatively integrates running. Our ten-week program runs March through May. Teams meet twice each week and are led by trained, volunteer coaches. The season culminates with the Girls on the Run 5K at Vasona Park in May.

So much *more* than a running program!

