



Parents Need SEL Too

A Virtual Parent Presentation
By
The HEARD Alliance and
LGUSD Counseling and Wellness Team

Please join us on Zoom for this one-hour program launch

September 29, 2020

9:00 am Kindergarten, First Grade, & Second Grade Parents

10:30 am Third Grade, Fourth Grade, & Fifth Grade Parents

12:30 pm Sixth Grade Parents

2:00 pm Seventh Grade & Eighth Grade Parents

Introduction to:

What is SEL?

How does SEL help promote learning and mental health?

Parent self-care!

Responsive Language and Re-framing.

Followed by a Q and A

In our continued efforts to balance interactive large group zoom meetings and online security, the Zoom links will be available on the day of the presentation on your school site webpage and the District webpage.