

03/12/2021

Dear Parents,

March is National Nutrition Month and so, our topic was "Fruits and Vegetables". During Circle Time, we played games to guess the names of fruits or vegetables and we sorted pictures. They also did a matching game: each child had a picture of fruit or vegetable. If you had a fruit, you had to find a friend who had a fruit too.

The children learned about how a plant grows: it needs soil (that's where we plant the seed), water, and sun. They were very excited when they planted seeds in a pot: first, they dug soil from the garden, made a little hole, put the seed inside, covered it with more soil and watered it. Very soon, we will have cantaloupe, mint, oregano, and basil.

They also discovered and observed Giuseppe Arcimboldo's paintings "Vortumnus" and "Head With Basket". They were amazed to see the portraits were "made with fruits and vegetables".

As Rainbow 1 was closed for 2 days, we will learn about the letter S next week, if your child did not bring a written word starting with the letter S, it is not too late!

For Small Group and Art, the children traced a fruit and a vegetable using a stencil and colored them. They cut out of a store flyer, 3 vegetables, and 3 fruits and glued the pictures on construction paper. They practiced writing their name. They chose the material of their choice for their own project, some chose paint, some do-a-dot markers, others used crayons, and made a beautiful piece of Art. Finally, they played with the Play-Doh.

For Storytime, we read "Eating the Alphabet", "Duck and Soup", "Growing Vegetable Soup", "The Seed Bunny" and "Apples: A Day in the Orchard"

Student of the week reminder: due on Monday 03/ 15/21:  
Gabriel Recinos and Jordyn Lowe

Quote of the week:

- "Vegetables are food of the earth, but fruits taste of the heavens." - Terri Guillemets
- "The more colorful the food, the better. I try to add color to my diet, which means vegetables and fruit." \_ Misty May Treanor

Have a wonderful weekend with your family.

Mrs. Miriam & Mrs. Murielle