

07.21.2023

Dear Parents of Yellow Door,

This week the children traveled to ~~IT~~ Italy ~~IT~~. For Art, the children used water paint and paper towel. They used red, green, and white paint to represent the ~~IT~~ flag. They also used red and green Play-Doh. For fine motor skills, the children glued pieces of red, green, and yellow construction paper on a paper plate to make a pizza. 

During Circle Time, we sang the “Good Morning Song”, “The Wheels on the Bus”, and “This Is Me”. Were going on a rocket ship counting to number 10. We also danced to the “Marching BandSong” and danced with scarves and music instruments.

 **Reminder:**

Let's keep promoting independence in your child by letting them help you around the house (they are many things they can do if you let them), by allowing them to feed themselves (give them the spoon   and let them drink from a regular  cup), talk to them often, use words that are appropriate, don't use baby talk. You will see the difference.

 Please remember to always bring an extra change of clothing for your child! The summer days are hot and sometimes messy with outside activities and all, so please make sure that your child always has an extra little outfit in case of an accident. Make sure their clothing is appropriate for the heat; don't bring too many long-sleeved shirts and pants!

PLEASE TRIM YOUR CHILD'S NAILS TO AVOID ANY ACCIDENTS!

 **Parent tips !!**

A word about toddlerhood: Did you know that the Toddler years may last from 1 year until 3 years old? As the children leave infancy, they will experiment a lot of changes in physical, emotional, and cognitive areas. Those changes may not be understood by their parents, causing sometimes stress, anger, and disillusion. The toddler year referred to as the “terrible twos” is usually characterized by frequent changes of mood, temper tantrums, and challenging behavior such as kicking, biting, hitting, and being negative about everything (the famous NO!). This is in part true, but this behavior can be moderated using strategies. Understanding and learning about the toddler's needs and development is the key to having a “Terrific Toddler”!

Toddler development: There are three major developmental issues in the transition from infant to toddler.

- Mobility: Toddlers are by nature curious, learners and explorers. They have (or will) learned to walk, run and climb. They strive for autonomy.
- Self Awareness: they acquire a sense of “me” and know what they like or dislike.
- Language: the toddler's vocabulary is often quite limited and primitive (no, love, no like, etc). They are not able to use the adequate word to describe what they are feeling.

Strategies:

- Establish a daily routine: toddlers need to know what to expect.
- Providing a secure environment where they can explore and play.
- Offer limited choices: for example, let them have the choice to eat a banana or apple, to play with blocks or with cars.
- Set limits: they need to know what is expected from them. For instance, it's okay to be angry but it is not to hit somebody. Find appropriate ways to meet their needs.
- Describe and acknowledge their feelings as they have a limited vocabulary. (I see you are angry because you are tired).
- Become the child's partner: spend time with him and give them age-appropriate goals. (you are their first teacher).

Researcher Christina Rinaldi from the University of Alberta declares that parental style is related to children's behavior. Parents “that are either too strict or too lenient are likely to be associated with negative types of behavior in children”. Finding a positive parental balance” being authoritative (not too strict, not too cool) and consistent with their children is the key to success.

To conclude, when you think Toddler, think Tender, Thoughtful, Talented, Talkative, Terribly cute, and TERRIFIC!

Have an amazing weekend!

Love,

Mrs. Janet and Mrs. Yeysleydy Ms.Lauren, Mrs.Murielle, & Mrs.Zamira