

09/23/22

Dear Parents,

This week's topic was Apples. The children had an opportunity to learn about the different colors of apples. We made apples using different types of materials. We used apples as stamps, Do-A-Dot markers and we glued red construction paper to a paper plate to make an apple red and green Play-Doh.

Our extracurricular activities are always a chance to learn new things. In Spanish, we always get puppets to tell stories and sing songs in Spanish that they just love. Movement time is super engaging as we continuously do the songs that we love, at the same time that we are exercising our gross motor muscles; going around the class in a parade while the conga is playing is the best part, we loved it. Music with Ms. Lee was mesmerizing, she brought her Ocean Drum and sang songs to us, we were focused on her so much that we didn't even move, every time she finished a song we shrieked and clapped with delight.

Parent information:

Why Children Bite: Biting is a normal part of childhood development. Young children bite for many different reasons, from teething to seeing what reaction it will provoke. Many children between ages 1 and 3 go through a biting phase, which they eventually outgrow. Still, biting is something you want to discourage. Fortunately, there are ways to dissuade your little chomper from sinking his or her teeth into everything that walks and talks.

Kids bite for a number of reasons — and most of them aren't intentionally malicious.

- They're in pain. When babies bite, typically it's because they're teething. They're just doing it to relieve the pain of their swollen, tender gums.
- They're exploring their world. Very young children use their mouths to explore, just as they use their hands. Just about everything infants or toddlers pick up eventually winds up in their mouths. Kids this age aren't yet able to prevent themselves from biting the object of their interest.
- They're looking for a reaction. Part of exploration is curiosity. Toddlers experiment to see what kind of reaction their actions will provoke. They'll bite down on a friend or sibling to hear the surprised exclamation, not realizing how painful the experience is for that person.
- They're craving attention. In older kids, biting is just one of several bad behaviors used to get attention. When a child feels ignored, discipline is at least one way of getting noticed — even if the attention is negative rather than positive. How to Stop Biting: Practice prevention so that your child will be less likely to bite in the first place.
- They're frustrated. Biting, like hitting, is a way for some children to assert themselves when they're still too young to express feelings effectively through words. To your child, biting is a way to get back a favorite toy, tell you that he or she is unhappy, or let another child know that he or she wants to be left alone.

Reminders: we still need the family pictures, please send them as soon as possible, as right now only a few children in the class are missing them.

Let's keep promoting independence in your child by letting them help you around the house (they are many things they can do if you let them), by allowing them to feed themselves (give them the spoon and let them drink from a regular cup), talk to them often, use words that are appropriate, don't use baby talk. You will see the difference.

Have a great and safe weekend!

💛 Yellow Door Teachers,  
Mrs. Yanet, Yeysleydy, and Ms. Ashley