

03.08.2024

Dear Parents,

As March is National Nutrition Month, we had an amazing week learning about healthy “fruits and vegetables”.

We went to the garden to observe the plants and water them. Next week, we will go back and plant some seeds and observe how the plants grow.

During Circle Time, we sang our usual morning songs and added, “I like to eat apples and bananas” They also practiced playing with an instrument (shaker) and passing it to a friend.

For art, The children used green and yellow Do a Dot markers to make a pineapple. They painted half of the construction paper in green using a brush and the other half in brown using a sponge. The next day they glued carrots, potatoes, and tomatoe cutouts to make a beautiful garden.

Lunchtime was perfect to talk about our topic: every day, the children enjoyed eating different kinds of fruits and vegetables: bananas, berries, mangoes, green peas, broccoli, carrots, and corn.

Music class was great as usual. Mrs. Michelle brought a “washboard tie” to play with. On Friday, the children also enjoyed listening to stories told by 2 volunteers from the Miami Dade Public Library. They also put music and the children could dance.

Quote of the week: If you have a garden and a library, you have everything you need. _ Marcus Tullius Cicero

Have a wonderful and healthy weekend!

Mrs. Murielle & Ms. Lauren