

01/22/2021

Dear Parents,

We were happy to welcome our new friend Akshita in Rainbow 2!

This week, we talked about “emotions/feelings”. We taught the children what emotions mean and how to react to their emotions. They identified and named their emotions. Throughout the day, the children experienced a wide range of feelings. They are sad when they miss Mommy, Daddy or their best friend, they are excited when we introduce a new game or go to the garden, they are angry when a friend takes a toy from them or knocks out a beautiful tower they just made. They are shy with someone they don't know very well. But most of the time they are happy to spend the day at school with their friends and teacher. We all agree that angry is not a good feeling, when you are angry you can hurt someone or yourself; so we discussed what we can do when we feel angry: Take a deep breath and relax and we practiced different way to relax and calm down: go in the Library for a quiet moment, blow a balloon (imaginary one), do the pretzel (give yourself a big hug) or tuck like the turtle.

During Circle Time, we made a little game related to emotions such as: “Mirror, mirror”; which is when one child makes an emotion face and their friend identifies and duplicates it.

The letter of this week was letter “M”. They guessed words starting with the letter M : mitten, mirror, mouse, monkey, milk, mother, mouth and so much more. they practiced writing the letter too.

For ART, the children traced the letter M and decorated it with tissue papers. They worked in their journal and drew their face showing an emotion of their choice. On a construction paper, they draw faces with different emotions. Finally, they played with Play-Doh making monster and happy or sad faces.

During story time , we read: “Llama Llama Mad at Mama”, “Happy, Sad, Silly, Mad”, "My World Makes Me Feel", "If Kisses Were Colors", and "How About a Big Hug"

Happy Birthday to Jordyn who is turning 4 on Saturday!!!!

Reminder: the poster "Student of the Week" is due on Monday 25th for Maximo Doria and Santiago Arevalo.

Note: Please make sure that your child has at least one change of clothes for chilly temperature, some has only short and t-shirts with short sleeves.

What do to this weekend: Keep practicing letters and numbers recognition.

Quote of the week:

- "The best and most beautiful things in the world cannot be seen or even touched. They must be felt with the heart" — Helen Keller

- "Life is a comedy to those who think, a tragedy to those who feel." — Jean Racine

HAVE A HAPPY WEEKEND!

Mrs. Miriam & Mrs. Murielle