



LIVE ONLINE ART4HEALING® WORKSHOPS

Art & Creativity for Healing proudly announces its first live online Art4Healing® workshops open to the entire community. Participants will experience the Art4Healing® method in a fun and interactive virtual setting encouraging the expression of feelings, emotions and ultimately, healing.

Workshops are conducted by certified Art4Healing® facilitators who will lead participants through a series of prompts as they respond by painting abstractly with acrylic colors on canvas. The method provides an outlet for emotions by associating a color with a feeling and each participant will create three unique paintings.

Organizers stress that no previous art experience is necessary, although some workshops require participation in a previous Art4Healing® workshop. The workshops are based on WebEx, an easy-to-use industry leading platform.

All proceeds will support the nonprofit's Healing Art Box program for underprivileged youth.

REGISTER TODAY AT:
WWW.ART4HEALING.ORG/LIVE

CAN'T JOIN US FOR OUR LIVE CLASSES?

Experience the Art4Healing® abstract art exercises at your own pace with our prerecorded online workshops guided by the Founder and Executive Director herself, Laurie Zagon. We currently offer 21 unique courses that continues to encourage the expression of feelings and emotions in the comfort of your own home. Stay up to date on our website when we release 14 new online courses coming soon.

[HTTPS://COURSES.ART4HEALING.ORG/COURSES](https://COURSES.ART4HEALING.ORG/COURSES)

OUR MISSION:

Supporting emotional healing through art and creative expression
for those living with pain, grief, fear, or stress.