



Casa Youth Shelter specializes in helping adolescents and families in times of crisis.

We can help now.

Counseling

Non-residential counseling sessions are now available for individual teens and adults, parents, and families who want support during the COVID-19 crisis. Get help to increase coping skills, manage family crises, or work through personal challenges.

Parenting Classes

Parenting Classes in English and Spanish, and Teen Drop-In groups are now open to the public – Monday nights from 7–8:30pm. For parents of teens seeking tools for crisis-prevention and intervention, and developing a model of effective adult behavior. Teen Drop-In group is for youth ages 12–17.

Las clases para padres en inglés y español y los grupos para adolescentes ahora están abiertos al público los lunes por la noche de 7 a 8:30 p.m. para padres de adolescentes que buscan herramientas para la prevención e intervención de crisis, y que buscan desarrollar un modelo de comportamiento efectivo para adultos. El grupo de adolescentes es para jóvenes de 12 a 17 años.

Case Management

Make an online appointment with our Case Management and Life Skills Specialist to receive referrals, or help sort through information regarding employment, housing, education, and other resources that will support and assist in management of daily life.

Sign up at casayouthshelter.org/online-clinical-services, and our staff will be in touch. All services are **free of charge** during this public health crisis. Sessions and classes are provided via Zoom. Participation in shelter program is not required.



Casa Youth Shelter

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casayouthshelter.org