

Dear ECAO member,

TeksMed is excited to tell you about the newest benefits available to your employees, as part of your ECAO membership: **QuikCare Platinum** and **QuikCare Mental Wellness**.

## QuikCare

P L A T I N U M

When an employee's physician recommends a diagnostic scan, or refers them to see a specialist in one of the below mentioned specialties, and the wait time is greater than 21 days, they can simply contact the **QuikCare Platinum Helpline** at **1-833-355-ECAO (3226)** for rapid intervention. TeksMed will liaise with the employee to obtain the required documentation to utilize our exclusive network of specialists and diagnostic imaging services. Appointments typically occur within two weeks, as opposed to the months it may take in the public healthcare system

### Diagnostic Imaging Included:

- ❖ Magnetic Resonance Imaging (MRI)
- ❖ Computerized Tomography (CT) Scan
- ❖ Ultrasound

### Specialists Included:

- ❖ Cardiologist
- ❖ Gastroenterologist
- ❖ General Surgeon
- ❖ Ear, Nose and Throat (ENT)
- ❖ Neurologist
- ❖ Neurosurgeon
- ❖ Ophthalmologist
- ❖ Orthopedic
- ❖ Rheumatologist
- ❖ Urologist

## QuikCare Mental Wellness

QuikCare Mental Wellness aims to provide an accessible and clinically proven resource for the improvement of mental health, which your employees can access from the privacy and comfort of their own home, helping them learn techniques to better manage negative moods and stress. Your employees can simply contact the confidential **QuikCare Mental Wellness Helpline** at **1-833-355-ECAO (3226)** for rapid assistance, and TeksMed will look to obtain the required information needed to arrange for an assessment to be conducted. The worker will then be connected with a therapist, who will guide them along the 12-week long cognitive behavioural therapy program.

These programs provide your employees with alternative, expedited options when seeking physical and mental health care for **non-occupational injuries or illnesses**. Encouraging your staff to take advantage of these programs will not only help to develop a positive work culture and demonstrate employee appreciation, but will also help to **mitigate unnecessary absences**. Proactively intervening before a worker exacerbates an injury, or becomes burnt out from stress, will help your company avoid absenteeism and STD claims, which will **save you money**. Best of all, it's free for members of the ECAO!

**If you would like any promotional materials for your employees, in order to ensure they are aware of the new support options available to them, please contact Tanya George at 1-437-333-8608 or [tgeorge@teksmed.com](mailto:tgeorge@teksmed.com).**