

## Questions and Answers about COVID 19 and Vaccines

**Q)** I have been vaccinated do I still need to wear a mask?

**A)** Yes face masks and physical distancing will need to continue into the foreseeable future. The CDC says fully vaccinated people can now safely gather indoors, in small gatherings with other people who are fully vaccinated – no mask required. But it's important to note that fully vaccinated people should continue to wear face masks and maintain physical distance while in public spaces. Those who are fully vaccinated should also continue to avoid medium and large gatherings and those who are not vaccinated and considered high-risk. Until we have some level of herd immunity, the vaccine is just another layer of protection. In order for us to reach herd immunity, 50% to 80% of the population will need to be vaccinated.

**Q)** I have had COVID 19 and recovered do I still need to be vaccinated?

**A)** Yes, you should be vaccinated because experts do not yet know how long you are protected from getting sick again after recovering from COVID-19. Even if you have already recovered from COVID-19, it is possible that you could be infected with COVID-19 again.

**Q)** I have been tested what do I need to know? Follow the link below for information about testing.

**A)** <https://www.publichealthontario.ca/-/media/documents/ncov/factsheet/2020/06/factsheet-covid-19-test-what-you-should-know.pdf?la=en>

**Q)** What is the COVID Alert APP?

**A)** The App notifies you with an alert on your phone if you may have been exposed to the virus and then gives you advice on what to do next. The app also lets others know if you test positive without sharing any personal information. It can be found at this link <https://covid-19.ontario.ca/covidalert>

**Q)** Where can I access information about vaccination for myself and my employees?

**A)** (<http://www.health.gov.on.ca/en/common/system/services/phu/locations.aspx>).

**Q)** When can you get the Vaccine?

**A)** <https://covid-19.ontario.ca/ontarios-covid-19-vaccination-plan#when-you-can-get-the-vaccine>

**Q)** Why Get Vaccinated?

**A)** Safe and reliable vaccines can help protect you and your family from COVID-19. They are an important tool to help stop the spread of the virus, build immunity in Ontario and allow us to safely resume normal life. When a large percentage of the population becomes immune to COVID-19, the spread of the virus will slow down or stop.

**Q)** What Vaccines have been approved in Canada?

**A)** 4 Vaccines have been approved in Canada Please see the link below.

Pfizer – BioNTech <https://www.canada.ca/en/health-canada/services/drugs-health-products/covid19-industry/drugs-vaccines-treatments/vaccines/pfizer-biontech.html>

Moderna <https://www.canada.ca/en/health-canada/services/drugs-health-products/covid19-industry/drugs-vaccines-treatments/vaccines/moderna.html>

AstraZeneca <https://www.canada.ca/en/health-canada/services/drugs-health-products/covid19-industry/drugs-vaccines-treatments/vaccines/astrazeneca.html>

Janssen (Johnson & Johnson) <https://www.canada.ca/en/health-canada/services/drugs-health-products/covid19-industry/drugs-vaccines-treatments/vaccines/janssen.html>

**For more information about COVID 19 please see the simplifying the science of vaccines vdeo links below.**

- [A message from the COVID-19 Vaccine Distribution Task Force](#) (Vaccine Distribution Task Force)
- [COVID-19 vaccine: What you need to know](#) (Ottawa Public Health)
- [COVID-19: How vaccines are developed](#) (Health Canada)
- [Vaccine safety in Canada](#) (Health Canada)
- [Vaccine safety](#) (Immunize Canada)
- [COVID-19 vaccines](#) (World Health Organization)
- [Understanding how vaccines work](#) (Yale School of Medicine)
- [Vaccine hesitancy](#) (Immunize Canada)
- [COVID-19 vaccine](#) (Dr. Evan Adams)
- [Moderna vaccine creation](#)

## **Websites**

[COVID-19 vaccines](#) (Public Health Ontario)

[How COVID-19 mRNA vaccines work](#) (Health Canada)

[Answering patient questions about COVID-19 vaccines](#) (Centre for Effective Practice)