



ONE-DAY RETREATS:

For men and women coping
with the loss of marriage due to
divorce, separation, or death.
A day filled with listening,
reflecting, and sharing to guide
your own healing journey. The
Holy Spirit will be there, too!

Copинг with Life Alone

Oct. 24 - 9am-5pm

St. Catherine Labouré
(Clairemont) -- or --

Nov. 7 - 9am-5pm

St. Mary Parish (Escondido)

Live retreat with COVID-19 precautions.

Info / Sign-up: (858) 748-2273 or
BeginningExperienceSD@gmail.com

Sponsored by:



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listen.accompany.heal