WALLED STREET BULLETIN
OREGON STATE PENITENTIARY SALEM OREGON

OSP Executive Management Team | September 1, 2022 | Page 1

ADMINISTRATION



Update on Visiting

Visiting will remain at five days per week, staying closed on Tuesday and Wednesday. OSP leadership will reassess October 1, 2022. Thank you.

/s/ S. Lane, Superintendent's Office

SECURITY



Prison Rape Elimination Act

Questions and Answers

Here are the most asked questions when it comes to PREA:

1. How can I report a PREA allegation?
Answer: You can report an allegation to any staff member, the OIC, PREA grievance, PREA hotline, AIC communication and by third party.

2. If I use the PREA hotline or advocacy hotline are my calls confidential?
Answer: Yes, once you enter your pin number and press 9 for the PREA hotline or 711 to talk to a victim advocate, the phone system will not record the conversation or log that the number was called.

3. What is the buzzer sound I hear in all housing blocks, units and infirmary?
Answer: That buzzer sound is to make all AICs aware a staff member of the opposite gender has entered the area.

4. Is there a resource outside of the institution I can talk to about PREA confidentially?
Answer: Yes, the Center for Hope and Safety is an advocacy group that is there for you 24/7.

The role of the advocate is to –
Amplify the victim's voice
Redirect victim blaming
Provide emotional support
Explain options for reporting
Help victim process decision (not guide, recommend or suggest what is right)
Provide resources and referrals
Sit through forensic exam / investigatory interview if desired by the victim.
Support family and friends of the victim.

You can reach the advocate by dialing 711. The calls are confidential, not logged or recorded.

/s/ C. Porter, Group Living Captain

GENERAL SERVICES



Pre-release Process Change

The system will automatically put an AIC on pre-release at 120 days before the date of their release. This does not mean they can stop working or programming. We are the only institution that has allowed this in the past, but will no longer. I will not remove them from their job or programming until they are 30 days from releasing unless they are enrolled in the Road to Success classes. These are not mandatory classes but are extremely beneficial for someone about to parole.

Please send an AIC communication to A. Fugate IWP if you have questions.

/s/ A. Fugate, IWP Coordinator

ACTIVITIES



Wedding Photos

If you are approved to get married on September 14 and would like to purchase photos, please send an AIC Communication Form to AIC Photo in Activities and they will send you the information to order photos.

/s/ C. Lenex, Correctional Rehabilitation Manager

Visiting Photos

Effective September 1, 2022, capturing those special moments with your loved ones through photos will resume in the Visiting Room.

There have been some changes to purchasing photos. When photos are taken in the Visiting Room, AICs will need to purchase the photo similar to the process used for yard photos. AICs will have the

pictures taken and the photographer will allow you to view the pictures and provide you with the number to order. When AICs are ready to purchase the photos, they will need to complete a CD28 to ACTI Photo, Acct 2649. The CD28 will need to be verified and approved at the Control Center after 4 pm. On the back of the CD28, the AIC will write the identified picture number(s) and quantities for the pictures they would like to order. The CD28 will be placed in the Activities box on the Control Floor. All CD28s will be processed through the Business Office and paid for prior to photos being ordered. Once the photos have been developed, AICs will be placed on a call out to pick them up.

Unfortunately at this time, your friends and family will be unable to purchase photos through the vending machine.

/s/ C. Lenex, Correctional Rehabilitation Manager

Memorial Healing Garden Visiting/Photos

The Asian Pacific Family Club proudly informs the OSP community of the process available to schedule visits and photos in the Memorial Healing Garden. Please send an AIC communication form to the APFC to schedule visits in the Memorial Healing Garden. When submitting a request, please be sure that your work hours and schedule does not conflict. All visiting/photo requests will be submitted to staff for processing every Tuesday; therefore, call passes will be issued for the following week.

Due to programs being held in the Memorial Healing Garden, visiting slots are limited to the following schedule listed below. The cost of a 4X6 photo is $1.50 each; all proceeds raised from the Memorial Healing Garden Photo Program goes toward the care, sustainability and maintenance of the koi pond. Please anticipate that photo prints take approximately a month for processing.

Sunday 7:45-9:45am and 1:30-3:30pm

Monday 12:00-2:45pm

Tuesday 12:00-2:45pm

Wednesdays closed for maintenance

Thursday 7:45-9:45am-12:00-2:45pm

Friday 1:30-2:45pm

Saturday 12:00-2:45PM

Please see information channel 1.1 for continuous updates. Thank you.

/s/ A. Powers, Activities Manager



LEGAL LIBRARY



Legal Library Call Passes

Reminder: All AICs must have a call pass to visit the Law Library. AICs who do not have a call pass when visiting the library are in an unauthorized area and are subject to progressive discipline. If you have a question, submit a Law Library AIC Communication Form. The Law Library is extremely busy and cannot assist AICs who show up without a scheduled appointment.

/s/ M. Moore, Legal Library Coordinator

HEALTH SERVICES



What is Athlete's Foot?

Taken in part from American Podiatric Medical Association

Athlete's foot, sometimes referred to as Tinea Pedia, is a skin disease caused by a fungus, usually occurring between the toes, but it can also affect other areas of the feet. The fungus most commonly attacks the feet because shoes create a warm, dark, and moist environment that encourages fungus growth. Not all fungus conditions are athlete's foot. Other conditions, such as eczema and psoriasis, may mimic athlete's foot.

Causes

The warmth and dampness of areas around swimming pools, showers, and locker rooms are also breeding grounds for fungi. Because the infection was common among athletes who used these facilities frequently, the term "athlete's foot" became popular.

Symptoms

The signs of athlete's foot, singly or combined, include the following:

- Dry-looking skin
- Itching and burning between the toes, which may increase as the infection spreads to other parts of the feet
- Scaling or peeling skin
- Inflammation or swelling
- Blisters, which often lead to cracking or peeling skin to the feet and toes. When blisters break, small raw areas of tissue are exposed, which may cause swelling

Athlete's foot may spread to the soles of the feet and to the toenails. It can be spread to other parts of the body by those who scratch the infection and then touch

themselves elsewhere. The organisms causing athlete's foot may persist for long periods.

When to Contact Medical

If you believe that you have a fungus infection that does not respond to proper foot hygiene and self-care from antifungal cream available from Canteen, and there is no improvement within two - four weeks, attend AM Triage on the Control Floor.

Prevention

It is easy to prevent athlete's foot where bare feet come in contact with the fungus by practicing good foot hygiene. You can prevent fungal infection by practicing the following:

- Wash feet daily with soap and water; dry carefully, especially between the toes
- Avoid walking barefoot; use shower shoes in public showers
- Reduce perspiration by using talcum powder
- Wear light and airy shoes
- Change shoes and socks regularly to decrease moisture

/s/ C. Coffey, Medical Services Manager

Access to Medical Care

If you are not feeling well or have a problem that requires medical attention, please attend Triage during morning chow. Prior to attending Triage complete an AIC Communication form outlining your concerns.

Your communication form will need the following: full name, SID number, cell number, and date. A description of your need, with an explanation of your signs and symptoms. Please fill out the form completely to help us better meet your health care needs.

At your triage encounter, the nurse will discuss your concerns with you and determine appropriate follow-up. Follow-up can include a same day sick call encounter, a scheduled sick call encounter, or a follow-up appointment with your primary care provider (PCP).

If a medical appointment is necessary, an appointment will be scheduled and a call pass will be issued. It is important that you keep your appointment and report promptly to the Medical Services area at the time shown on the call pass.

Should you become ill or otherwise need medical attention during other times of the day, consult your supervisor or housing unit officer. Your housing until officer will call Nursing Services and triage your medical concerns awaiting further direction by Nursing staff. All emergency medical situations will be handled when they arise.

/s/ C. Coffey, Medical Services Manager

JOB ANNOUNCEMENT



Recruitment for Call Center Agents

OSP Call Center is recruiting for Phone Agents.

Requirements:

- No ID Theft or Forgery convictions.
- Must be NCI Level (2).
- Must have basic typing and computer skills.
- Good Customer Service Skills.
- Professional Attitude.

PRAS & IMAP

1. AICs start at 14 PRAS.
2. AICs may earn up to an additional $110.00 on their trust account.
3. AICs may earn 'Incentive Points' to redeem towards items through the Call Center only.
4. Team Goals set each month, with the opportunity to earn Team Feeds.

There are two companies in the Call Center.

- UGS is appointment setting for phone and internet services.
- HBW is lead generation for insurance services.
  - Each pays their agents for leads differently.

Send an AIC Application to the Call Center. Put the application in the 'OTHER' grey mailbox on the Control Floor. You may also send the application to the Call Center with another AIC.

Any questions, please send an AIC Communication Form to Bruce Potts, OCE Contact Center Manager.

/s/ B. Potts, Call Center Production Manager

RELIGIOUS SERVICES

Weekly Chapel Schedule

SATURDAY, SEPTEMBER 3

8:00 am	LDS
	Sweatlodge
	JW
1:00 pm	SDA
	Jewish
2:00 pm	Meditation/Silent Prayer
6:00 pm	Calvary Chapel

SUNDAY, SEPTEMBER 4

8:00 am	Spanish Protestant

Spanish JW
1:00 pm Lutheran Worship
Urantia
2:00 pm Meditation/Silent Prayer
6:00 pm Catholic

MONDAY, SEPTEMBER 5
2:00 pm Meditation/Silent Prayer

TUESDAY, SEPTEMBER 6
1:00 pm Agape Family Svc.
Orthodox Christianity
2:00 pm Meditation/Silent Prayer

WEDNESDAY, SEPTEMBER 7
2:00 pm Meditation/Silent Prayer

THURSDAY, SEPTEMBER 8
1:00 pm TUMI
2:00 pm Meditation/Silent Prayer

FRIDAY, SEPTEMBER 9
1:00 pm Nation of Islam
Sunni Jumu'ah Prayer
2:00 pm Meditation/Silent Prayer

🔒 = Service is full or restricted. Add requests are not being accepted at this time.

⌛ = Service has a waiting list. Submit a request to be placed on waiting list

A Point to Ponder

"Time has been lost and opportunity thrown away, but I am yet a young man, and may retrieve it."

~ Charles Dickens

OSP CALORIE MENU WEEK 5: September 5 2022 THROUGH September 11 2022

Monday 9/5/22	Tuesday 9/6/22	Wednesday 9/7/22	Thursday 9/8/22	Friday 9/9/22	Saturday 9/10/22	Sunday 9/11/22
☐ Pancakes - 3 ea (524)	Egg & Cheese Muffin	Biscuit & Gravy	◊ French Toast - 3 sl (793)	♥ Veggie Scramble - 4 oz (108)	Turkey Bacon & Eggs	◊ Cinnamon Rolls - 1 ea (308)
♥ Oatmeal - 8 oz (138)	♥ English Muffin - 1 ea (286)	∇ Biscuit (large) - 1 ea (296)	♥ Dry Cereal - 8 oz cup (119)	♥ Oatmeal - 8 oz (138)	◊ Turkey Bacon - 3 SL (158)	♥ 9 Grain Cereal - 8 oz (100)
♥ Canned Fruit - 4 oz (60)	♥ Dry Cereal - 8 oz cup (119)	♥ Farina - 8 oz (140)	♥ Fresh Fruit - 1 ea (8)	♥ Canned Fruit - 4 oz (60)	♥ Canned Fruit - 4 oz (60)	♥ Fresh Fruit - 1 ea (8)
♥ Hard Boiled Egg - 1 ea (70)	♥ Fresh Fruit - 1 ea (8)	♥ Canned Fruit - 4 oz (60)	⊗ Syrup - 2 fl oz (168)	☐ Fried Potatoes - 6 oz (165)	☐ Fried Eggs - 2 ea (160)	♥ Hard Boiled Egg - 1 ea (70)
⊗ Syrup - 2 fl oz (168)	☐ Fried Egg - 1 ea (80)	◊ Sausage Gravy - 6 oz (299)	☐ Margarine - 0.5 oz (80)	♥ Wheat Toast - 2 SL (164)	☐ Fried Potatoes - 6 oz (165)	♥ Skim Milk - 16 fl oz (169)
☐ Margarine - 0.5 oz (80)	☐ Cheese - 1 SL (50)	☐ Fried Potatoes - 6 oz (165)	♥ Skim Milk - 16 fl oz (169)	☐ Margarine - 0.5 oz (80)	♥ Wheat Toast - 2 SL (164)	⊗ Sugar - 2 pkts (22)
♥ Skim Milk - 16 fl oz (169)	☐ Fried Potatoes - 6 oz (165)	♥ Skim Milk - 16 fl oz (169)	⊗ Sugar - 2 pkts (22)	♥ Skim Milk - 16 fl oz (169)	⊗ Jelly - 1 oz (80)	Coffee - s/s (0)
⊗ Sugar - 2 pkts (22)	♥ Skim Milk - 16 fl oz (169)	⊗ Sugar - 2 pkts (22)	Coffee - s/s (0)	⊗ Sugar - 2 pkts (22)	☐ Margarine - 0.5 oz (80)	
Coffee - s/s (0)	⊗ Sugar - 2 pkts (22)	Coffee - s/s (0)		Coffee - s/s (0)	♥ Skim Milk - 16 fl oz (169)	
	Coffee - s/s (0)	Meat Sub: Peanut Butter - 1.5 oz (239)			⊗ Sugar - 2 pkts (22)	
					Coffee - s/s (0)	
					Meat Sub: Peanut Butter - 1 oz (159)	
Cheeseburger & Hotdog	Tuna Salad Sandwich	Turkey & Cheese Sandwich	Chef Salad	Chicken Salad Sandwich	Tacos	☐ Ⓟ Roast Pork Loin - 3 oz (160)
☐ Beef Pattie - 1 ea (211)	♥ Split Pea Soup - 10 fl oz (207)	♥ Ⓟ Soup of the Day - 10 fl oz (144)	♥ Cream of Potato Soup - 10 fl oz (160)	♥ Ⓟ Soup of the Day - 10 fl oz (144)	♥ Cowboy Salad - 6 oz (129)	♥ Tossed Salad - 10 oz bowl (12)
Hot Dog - 1 ea	♥ Tuna Salad - 4 oz (150)	♥ Turkey - 3 oz (94)	♥ Turkey - 2 oz (62)	☐ Chicken Salad - 4 oz (221)	☐ Taco Meat - 4 oz (203)	☐ Tangy Dill Vinaigrette - 1 oz (102)
♥ Potato Salad - 6 oz (197)	♥ Shredded Lettuce - 2 oz (3)	☐ Cheese - 1 SL (50)	☐ Shredded Cheese - 1 oz (80)	♥ Shredded Lettuce - 2 oz (3)	☐ Shredded Cheese - 1 oz (80)	♥ Parsley Pasta - 6 oz (170)
☐ Cheese - 1 sl (50)	♥ Wheat Hoagie - 1 ea (230)	♥ Shredded Lettuce - 2 oz (3)	♥ Hard Boiled Egg - 1 ea (70)	♥ Wheat Hoagie - 1 ea (230)	♥ Lettuce - 4 oz (6)	♥ Carrots - 6 oz (43)
Hamburger Bun - 1 ea (244)	♥ Carrots - 6 oz (43)	♥ Onions & Pickles - 1 oz ea (14)	♥ Lettuce - 10 oz bowl (12)	♥ Green Beans - 6 oz (56)	♥ Salsa - 2 oz (26)	♥ Bread Stick - 1 ea (94)
♥ Hoagie - 1 ea	◊ Chips - 1 bag (120)	♥ Multi-Grain Bread - 2 SL (156)	☐ Ranch Dressing - 2 oz (204)	◊ Chips - 1 bag (120)	♥ Flour Tortillas - 2 ea (326)	◊ Ice Cream - 1 ea (80)
BBQ Baked Beans - 6 oz	♥ Fresh Fruit - 1 ea (8)	♥ Green Beans - 6 oz (56)	♥ Blended Vegetables - 6 oz (98)	♥ Fresh Fruit - 1 ea (8)	♥ Broccoli - 6 oz (48)	♥ Fruit Drink - 8 fl oz (5)
Tomato Slice - 1 ea	♥ Fruit Drink - 8 fl oz (5)	◊ Chips - 1 bag (120)	♥ Bread Stick - 1 ea (94)	♥ Fruit Drink - 8 fl oz (5)	♥ Fresh Fruit - 1 ea (8)	
♥ Sliced Onions - 1 oz		☐ Mayonnaise - 0.5 oz (50)	♥ Fresh Fruit - 1 ea (8)		♥ Fruit Drink - 8 fl oz (5)	
∇ Pickle Slices - 1 svg (3)		∇ Mustard - 0.5 oz (9)	♥ Fruit Drink - 8 fl oz (5)			
☐ P.C. Mayo, Mustard, Ketchup - 1 svg		♥ Fresh Fruit - 1 ea (8)				
Watermelon - 1 svg		♥ Fruit Drink - 8 fl oz (5)				
♥ Fruit Drink - 8 fl oz (5)						
◊ Turkey Noodle Casserole - 10 oz (419)	☐ Chicken Lo Mein - 4 oz (233)	☐ Italian Casserole - 10 oz (317)	◊ Pizza - Cheese - 1 slc (337)	Loco Moco	◊ Macaroni & Cheese - 10 oz (403)	BBQ Chicken Burger
♥ Tossed Salad - 10 oz bowl (12)	♥ Tossed Salad - 10 oz bowl (12)	♥ Tossed Salad - 10 oz bowl (12)	♥ Tossed Salad - 10 oz bowl (12)	♥ Tossed Salad - 10 oz bowl (12)	♥ Tossed Salad - 10 oz bowl (12)	☐ Coleslaw - 6 oz (134)
☐ 1000 Island Dressing - 1 oz (102)	☐ Basil Dressing - 1 oz (102)	☐ Creamy Honeymustard - 1 oz (102)	☐ 1000 Island Dressing - 1 oz (102)	☐ French Dressing - 1 oz (102)	☐ Green Goddess Dressing - 1 oz (102)	☐ Chicken Burger Patty - 1 ea (232)
♥ Peas - 6 oz (92)	♥ Spaghetti Noodles - 6 oz	♥ Broccoli - 6 oz (48)	♥ Vegetable Soup - 10 fl oz (63)	☐ Beef Pattie - 1 ea (211)	♥ Blended Vegetables - 6 oz (98)	⊗ BBQ Sauce - 1 fl oz (33)
♥ Dinner Roll - 1 ea (308)	♥ Stir-Fry Vegetables - 6 oz (89)	♥ French Bread - 1 SL (122)	✕ Apple Crisp - 4 oz (340)	☐ Fried Egg - 1 ea (80)	♥ Wheat Dinner Roll - 1 ea (154)	♥ Wheat Hamburger Bun - 1 ea (244)
☐ Margarine - 0.5 oz (80)	♥ Flour Tortilla - 1 ea (163)	☐ Garlic Margarine - 0.5 oz (80)	Tea - s/s (0)	☐ Beef Gravy - 2 fl oz (46)	☐ Margarine - 0.5 oz (80)	♥ Peas - 6 oz (92)
Tea - s/s (0)	◊ PB Chip Cookie - 1 ea (233)	Tea - s/s (0)		♥ White Rice - 6 oz (169)	Tea - s/s (0)	☐ French Fries - 6 oz (245)
	Tea - s/s (0)			♥ Peas & Carrots - 6 oz (66)		∇ Ketchup - 1 oz (34)
				⊗ Pudding - 4 oz (91)		♥ Fresh Fruit - 1 ea (8)
				Tea - s/s (0)		Tea - s/s (0)

Ⓟ Contains pork or may contain pork ♥ Healthy choice ☐ High fat/cholesterol ⊗ High sugar ✕ High fat/cholesterol/sugar ∇ High Sodium ◊ High fat/cholesterol/sodium (#) Calories

This menu can help AICs reduce their calorie intake at each meal by showing how many (Calories) each food item contains. Values listed are best estimates based on current foods purchased. MAT/VEGETABLE TRAYS available for lunch & supper meals only. Menu subject to change without notice.