



May 2020



April 30, 2020

To all adults in custody,

This is to inform you DOC's telephone service provider, GTL/Telmate, has re-evaluated their current offer of two (2) free 5-minute phone calls per AIC per week. Starting May 4, 2020, GTL/Telmate has elected the free call allowance will become one (1) call per AIC per week until May 17, 2020, at which time they may re-evaluate the offer.

If you have questions or concerns, have friends and family contact GTL/Telmate at (866) 516-0115, or write to:

Telmate, LLC
PO Box 1137
Fruitland, ID 83619



Call
your mother.
Tell her you
love her.
Remember,
you're the only
person who
knows what
her heart
sounds like
from the
inside.

AUTHOR
RACHEL WOLCHIN

www.imFunny.net

From the Administrative Rules Program:

Below is the list of status changes made to DOC administrative rules since 03/01/20.

PROPOSED RULES:

291-035 External Research

- Amends the rules to align with recent legislative changes to statutory language.

Last day to provide comments: 05/25/20 @ 5:00 PM

PERMANENT RULES:

291-070 Records Management (AIC and Offender)

- Amends the rules to align with recent legislative changes to statutory language.

Effective: 03/19/20

291-124 Health Services

- Amends the rules to align with recent legislative changes to statutory language.
- Effective: 04/10/20

Rulemaking comments must be provided to the DOC Rules Coordinator in writing. Communications submitted should be limited to providing comments on only one division/topic per communication. Do not include multiple divisions/topics in one communication, they will be returned. DOC rules are available for review and copies in the inmate law library.

IF YOU ARE TAKING THE PRESCRIPTION RANITIDINE - PLEASE READ THIS MESSAGE

On April 1, 2020 the U.S. Food and Drug Administration (FDA) requested the prescription drug called ranitidine be removed from the market. Ranitidine (brand name Zantac®) can be both a prescription or an over-the-counter drug. It is most commonly used for treatment of acid reflux, indigestion, and upset stomach. The FDA is concerned that if the drug is stored incorrectly, it could break down into contaminants which may cause cancer.

The Food and Drug Administration is recommending anyone taking ranitidine to stop doing so, and this medication is expected to be removed from the market shortly.

If you are taking ranitidine, you may return it to Health Services and it will be replaced with famotidine (brand name Pepcid®), which is similar to ranitidine. If you have further concerns, please send a kytic to your medical provider.

Commissary News

To help manage through the Covid-19 crisis and ensure all locations receive commissary weekly, we are moving to a modified commissary operations. Beginning April 13, all AICs are limited to 30 line selections, per order, per week. Special Housing will continue ordering every other week with current limits. If you order more than 30 line selections, commissary will stop processing the order after 30 selections are processed from your list. Please note that all spending limits will remain the same. These limits are located at the top of each commissary order form.

Envelopes, batteries, soda coupons and soup count as one item regardless of how many you order, everything else counts as one item each.

For example:

If you purchase 30 envelopes, that counts as 1 item.

If you purchase 15 soda coupons, that counts as 1 item.

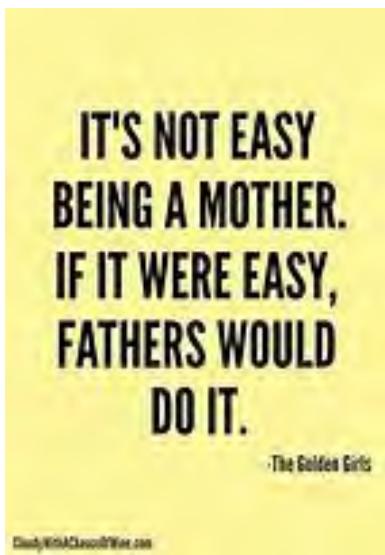
If you purchase 8 AAA batteries, that counts as 1 item.

If you purchase 25 soups, that counts as 1 item.

If you purchase 2 Tasters Choice coffee, that counts as 2 items.

If you purchase 3 CA Nacho Chips, that counts as 3 items.

If you purchase 2 Close Up toothpastes, that counts as 2 items.



**Thank you,
Commissary**



State of Oregon
Department of Corrections Commissary

Date: **Wednesday, April 15, 2020**

To: Adults in Custody *Anita Nelson*
From: Anita Nelson, Distribution Services Statewide Manager
Subject: Commissary News, Updates and Reminders

Updates:

Due to high demand, our vendor is not able to keep up with supply of the new Super Fat Burner. An estimated time frame for a future delivery date is a couple weeks out.

Spring Promotional Items:

Our Spring promotion has begun, please write in your selection until they are added to the Commissary Order Form:

Spice Supreme Cajun Spice- 6 oz. \$1.43

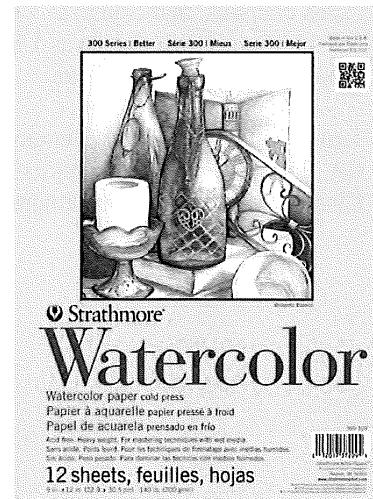
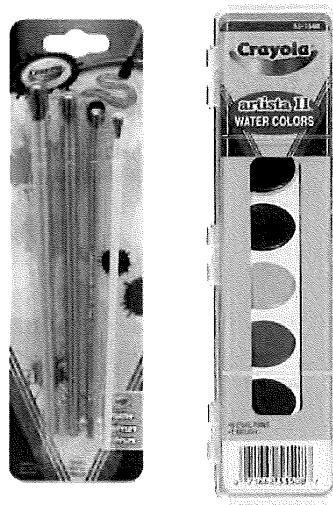
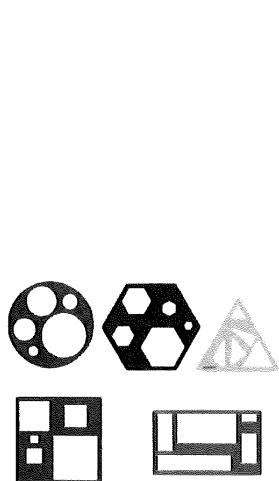
Enrichos Hot Pepper Mix- 8 oz. \$2.43

Wylers Island Punch Green Trop.Dream-10 ct. \$1.22

Zaachila Salsa Guacamole- 9.35 oz. \$2.96

NCI Level 3 new items:

Template set \$10.76, Brush set \$2.39, water color \$5.80, and water color paper \$8.30



Please watch for upcoming COVID-19 information on channel 51 or 52.

How can I avoid getting the novel coronavirus (COVID-19)?

Right now, the risk of getting the novel coronavirus (COVID-19) is very low in the U.S.

Steps you can take to prevent the spread of flu and the common cold can also help prevent the spread of the coronavirus.



Wash your hands often with soap and water.



Avoid touching your eyes, nose and mouth.



Avoid contact with sick people and stay home if you're sick.



Cover your mouth and nose with a tissue or sleeve when coughing or sneezing.

For more information visit
healthoregon.org/coronavirus

Oregon
Health
Authority



Please watch for upcoming COVID-19 information on channel 51 or 52.

¿Cómo puedo evitar contraer el nuevo coronavirus (COVID-19)?

Los pasos que puede seguir para prevenir la propagación de la gripe y el resfriado común también pueden **ayudar a prevenir la propagación del coronavirus.**



Lávese las manos frecuentemente con agua y jabón.



Evite tocarse los ojos, la nariz y la boca.



Evite el contacto con personas enfermas y quédese en casa si está enfermo.



Cúbrase la boca y la nariz con un pañuelo desechable o manga cuando tosa o estornude.

Para más información visite
healthoregon.org/coronavirus o llame 211



Oregon
Health
Authority

For your safety, DOC's Agency Operations Center (AOC) has directed all incoming and outgoing mail be quarantined for a minimum of 24 hours before processing.

Mailroom employees wear appropriate PPE when caring for mailroom operations. Additionally, local library books – those used on housing unit book shelves – will not be returned to the bookshelf by adults in custody (AICs). Rather, **library books will be returned to a mail tub located at the Officers' Station.** These books will be quarantined for 24 hours before being placed back into circulation by the AIC librarian.

FINANCIAL SERVICES UPDATE

Processing NSF Requests for Withdrawal forms (CD28s / CD28Ps)

Effective immediately, Business Services will no longer reprocess Requests for Withdrawal forms (CD28/CD28Ps) that have been previously returned unprocessed due to an AIC having non-sufficient funds (NSF) in their trust account. If an AIC will be allowed to pay for products or services after a request for withdrawal is returned NSF, the AIC will need to resubmit a **new** request.

Per OAR 291 Div. 158, the Department will return any Withdrawal Request form (CD28/CD28P) if the AIC lacks sufficient funds for the requested withdrawal amount, unless the AIC is specifically authorized to incur a debt in connection with the requested withdrawal.

AICs with questions regarding this matter may contact Business Services.

April 24, 2020

To: Adults in Custody
From: DOC Agency Operations Center

Effective immediately, all individuals entering and occupying any DOC Health Services areas are required to wear a utility mask. These utility masks are the cloth masks provided to you by DOC. If you do not have a utility mask, please check with your unit officer. Remember to wash your hands before putting the mask on your face.

DOC staff are required to wear masks in all Health Services, including Behavioral Health Services (BHS) appointments.

AICs arriving at Medical Health Services without a mask will be denied access.

AICs going to BHS are strongly encouraged to wear masks but will not be denied access without one.

This new directive is for your safety. Research shows that the coronavirus/COVID-19 can spread between people interacting in close proximity—for example, speaking, coughing, or sneezing— even if those people don't have symptoms.

Thank you for your cooperation.

CD28 Processing

Just a reminder, when you are filling out a CD28, please take it to the Dorm Officer and sign it in front of them. The Officer will then review the form and stamp it to verify that you are the person signing the form. This is a safeguard for your trust account.

Thank you,
Ms. Wells

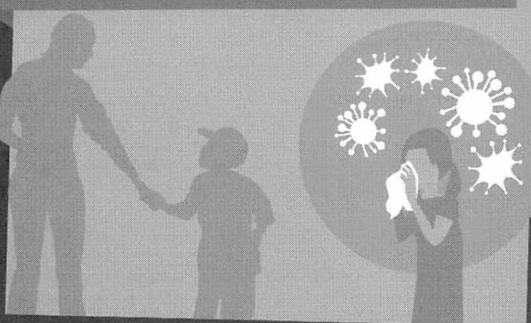
Counselor Open Call Outs Tuesday

Open call out is every Tuesday from 1pm to 3pm for Counselors. Please wait to see the counselors after your unit has been called to canteen and you have picked up your canteen and returned it to your locker. If you are not getting canteen for the day you are welcome to come at any time. If you are waiting in line to see a Counselor and you leave that line to go to Canteen you will receive a Conduct Order for Unauthorized Area.

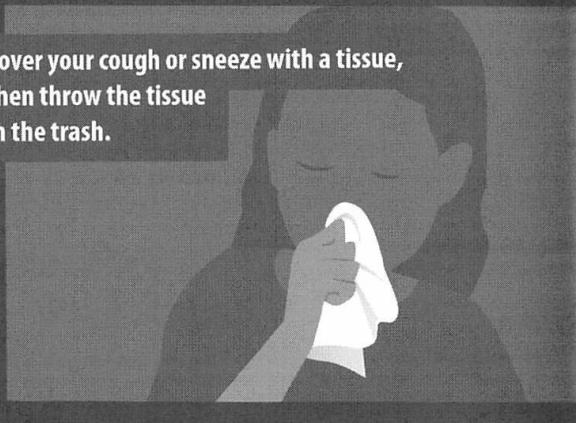
STOP THE SPREAD OF GERMS

Help prevent the spread of respiratory diseases like COVID-19.

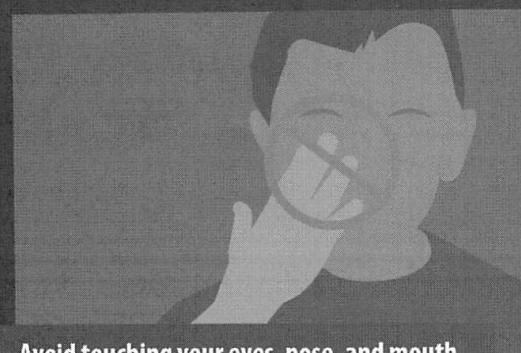
Avoid close contact with people who are sick.



Cover your cough or sneeze with a tissue, then throw the tissue in the trash.



Avoid touching your eyes, nose, and mouth.



Clean and disinfect frequently touched objects and surfaces.



Stay home when you are sick, except to get medical care.



Wash your hands often with soap and water for at least 20 seconds.



cdc.gov/COVID19

314915-A March 16, 2020 1:02 PM

ART CONTEST RESULT

And the winners are....

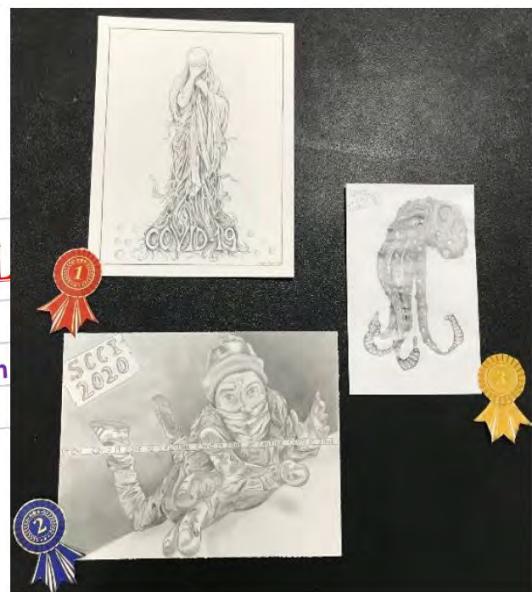
COLOR PAGE

1st Loreman
2nd Moe
3rd Lewis



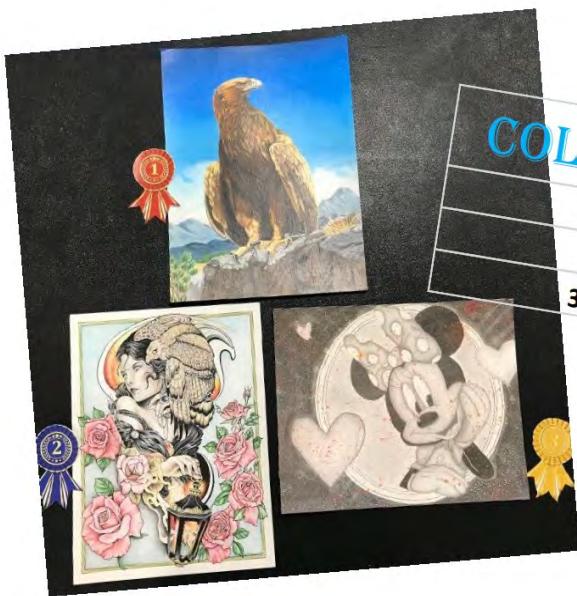
PENCIL

1st Hamm
2nd Loreman
3rd Nevin



COLOR PENCIL

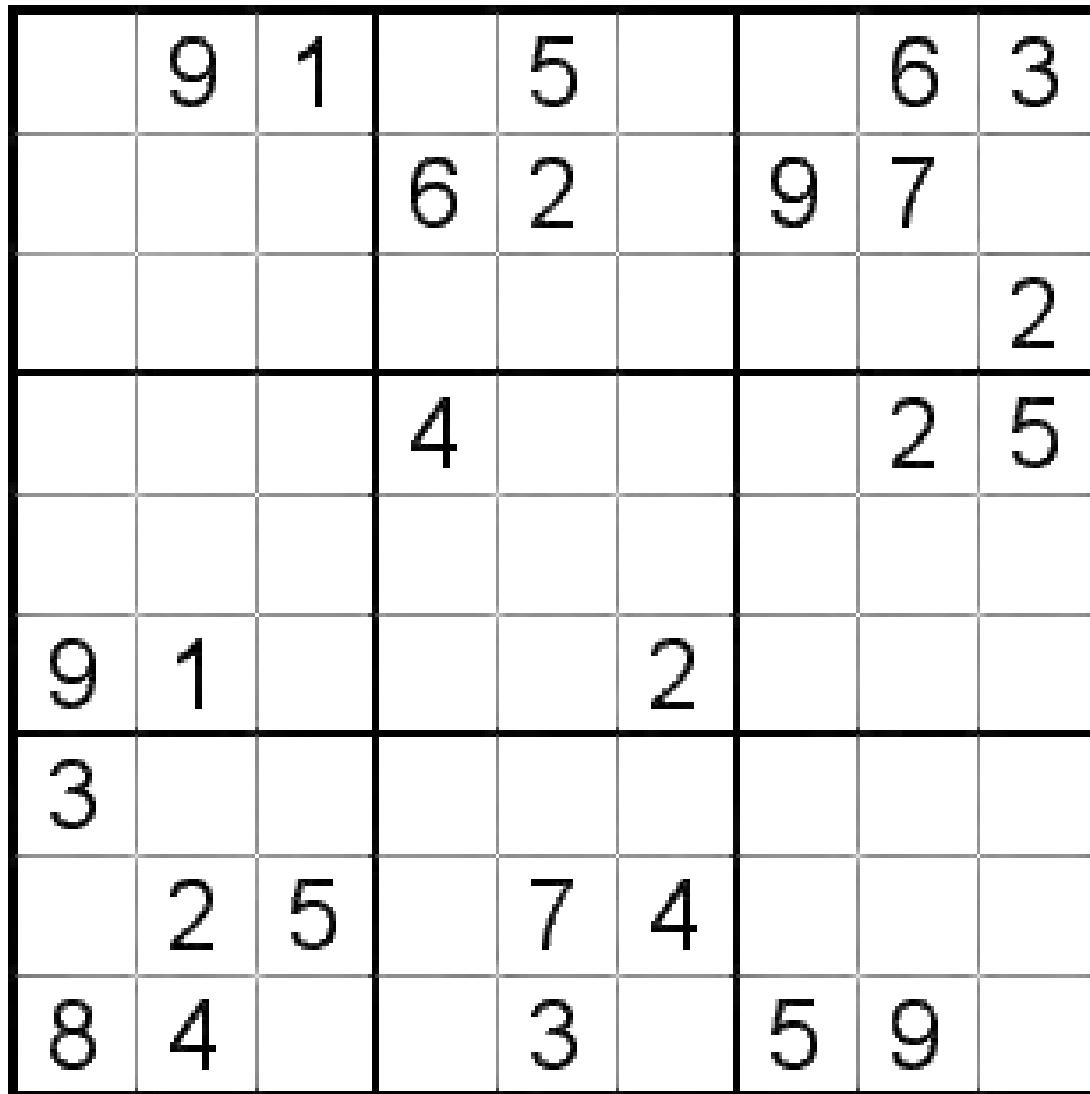
1st Loreman
2nd Hamm
3rd Cervantes



INK

1st Loreman
2nd Cox

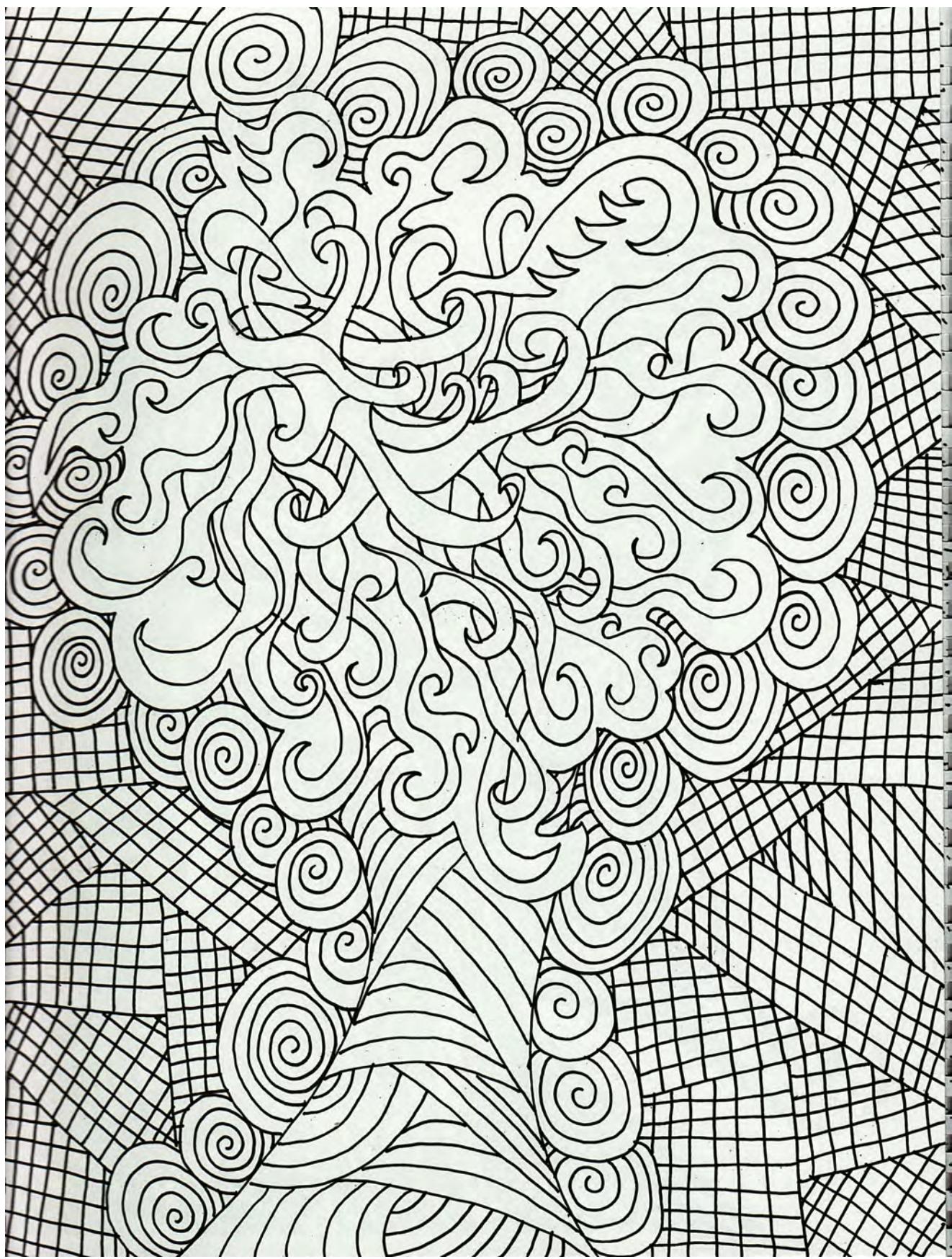




Complete the grid so every row, column, and box contains every digit from 1 to 9 with no repeats in a row, column, or box

Last Months Answers

- 1. Japan
- 2. Six
- 3. China
- 4. 70%
- 5. No
- 6. For Bacterial Infections
- 7. No
- 8. No
- 9. That have roots in the Roman language
- 10. 200
- 11. No
- 12. American
- 13. There isn't one
- 14. No
- 15. No
- 16. Eight
- 17. No
- 18. Africa
- 19. Islam
- 20. No
- 21. Nile
- 22. Multiple
- 23. Genetic
- 24. Earthquake
- 25. Sahara



FOR YOUR COLORING PLEASURE

This Month's Contest: Identify the state in which each National Park listed below is located. Note, three of the National Parks are located in more than one state, as shown by the number in parenthesis after the park name. Identify at least 20 states correctly to be put in a drawing for a chance to win a candy bar. Identify 25-26 states correctly for a second chance to win. Identify all 27 states correctly for a third chance to win. Submit your answers to Ms. Paluch by May 11th. *Note: A total of 3 candy bars will be given away.*

To: Ms. Paluch

From: _____

SID: _____ **Bunk:** _____

1. Badlands National Park - _____
2. Big Bend National Park - _____
3. Biscayne National Park - _____
4. Bryce Canyon National Park - _____
5. Carlsbad Caverns National Park - _____
6. Channel Islands National Park - _____
7. Crater Lake National Park - _____
8. Death Valley National Park (2 States) - _____
9. Denali National Park - _____
10. Everglades National Park - _____
11. Gettysburg National Park - _____
12. Grand Canyon National Park - _____
13. Grand Teton National Park - _____
14. Great Smoky Mountains National Park (2 States) - _____
15. Joshua Tree National Park - _____
16. Mammoth Cave National Park - _____
17. Mesa Verde National Park - _____
18. Olympic National Park - _____
19. Redwood National Park - _____
20. Valley Forge National Park - _____
21. Yellowstone National Park (3 States) - _____
22. Yosemite National Park - _____
23. Zion National Park - _____