



CRCI & SFFC CURRENTS MAY 15, 2020

SUPERINTENDENT: N. BROWN

CAMP COMMANDER: J. CARSNER

EDITOR: K. SULLIVAN, LIBRARY COOR.

Programs Mural Contest

Currently at this time we are going to suspend Mural Contest; due to current circumstances.

We will keep you in formed when this will open again.

Sorry for any inconvenience.

Financial Services Update

Processing NSF Requests for Withdrawal forms (CD28s / CD28Ps)

Effective immediately, Business Services will no longer reprocess Requests for Withdrawal forms (CD28/CD28Ps) that have been previously returned unprocessed due to an AIC having non-sufficient funds (NSF) in their trust account. If an AIC will be allowed to pay for products or services after a request for withdrawal is returned NSF, the AIC will need to resubmit a **new** request.

Per OAR 291 Div. 158, the Department will return any Withdrawal Request form (CD28/CD28P) if the AIC lacks sufficient funds for the requested withdrawal amount, unless the AIC is specifically authorized to incur a debt in connection with the requested withdrawal.

AICs with questions regarding this matter may contact Business Services.

CANTEEN

1. **AIC's NEED to properly wear masks** to pick up Canteen due to exposure to AIC's from other Units. The Canteen Staff and AIC Canteen Orderlies will be masked and gloved during Canteen. The tables/seats are

being wiped down between Units. This has slowed down the Canteen process to some degree. ***Please be patient.***

2. Access to the Vending machines is NOT ALLOWED during Canteen. You will be considered in an Unauthorized Area if you are in that area during Canteen.
3. DO NOT come to Canteen without checking in with your Unit Officer, Canteen is seeing an increase in AIC's just showing up after last call has been made on their Unit. If you are working when Canteen is called have a Supervisor contact Canteen to make sure it is a reasonable time to pick up your Canteen. If AIC's show up without permission from their Unit Officer or Supervisor, it is considered an Unauthorized Area.
4. Please take a seat at a table that is not being used by another AIC to check their Canteen while waiting for your Canteen.
5. After Last call is made on the Unit unless you are working or at a Callout. Canteen will **NOT** search for you to pick up Canteen. If you choose to sleep or wait until you feel like going you have missed your opportunity to pick up Canteen. Canteen will NOT search the Institution for you if you are NOT where you are supposed to be (on the Unit or at work/callout) to get your Canteen to you. **A LARGE amount of time is wasted trying to locate AIC's**, this just delays pick up for others. Do not show up unannounced/without being called, information will be verified so make sure you are where you are supposed to be if your late.



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Commissary update

UPDATE:

From: Anita Nelson, Distribution Services Statewide Manager

D 'Addario 5FT Instrument Cable-\$ 18.58

We have been informed by our vendor that the D'Addario 5FT instrument cable we recently advertised is unavailable at this time due to safety measures implemented by the manufacturer.

We will issue credit to anyone who has been charged.

We apologize for any inconvenience this may have caused. As soon as we have word that they are in production we will send out notification.

Commissary News

To help manage through the Covid-19 crisis and ensure all locations receive commissary weekly, we are moving to a modified commissary operation. Beginning April 13, all AICs are limited to 30-line selections, per order, per week. Special Housing will continue ordering every other week with current limits. If you order more than 30-line selections, commissary will stop processing the order after 30 selections are processed from your list. Please note that all spending limits will remain the same. These limits are located at the top of each commissary order form.

Envelopes, batteries, soda coupons and soup count as one item regardless of how many you order, everything else counts as one item each.

For example:

If you purchase 30 envelopes, that counts as 1 item.

If you purchase 15 soda coupons, that counts as 1 item.

If you purchase 8 AAA batteries, that counts as 1 item.

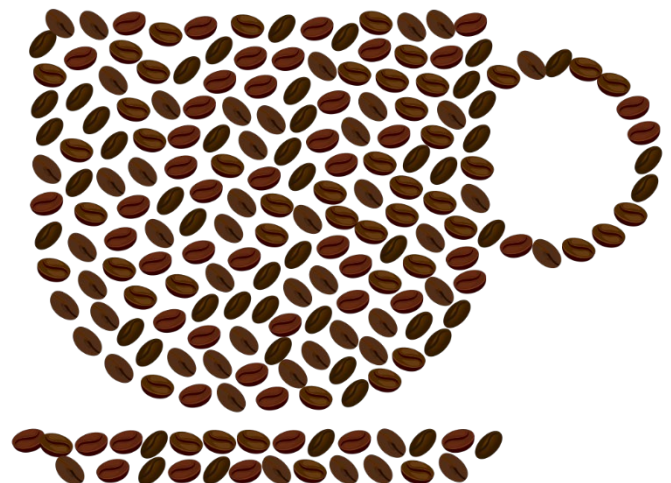
If you purchase 25 soups, that counts as 1 item.

If you purchase 2 Tasters Choice coffee, that counts as 2 items.

If you purchase 3 CA Nacho Chips, that counts as 3 items.

If you purchase 2 Close Up toothpastes, that counts as 2 items.

Thank You, Commissary





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Prison Rape Elimination Act **(PREA Information)**



The Oregon Department of Corrections (ODOC) has a zero tolerance policy for sexual abuse, sexual harassment and for retaliation for reporting an incident. You may report in person to any staff, through an inmate communication, through the grievance system, by calling the PREA hotline by dialing 9 from any inmate phone.

Filing an Anonymous PREA Report

If you are uneasy about filing a PREA allegation, you may file an anonymous report with an outside agency.

You may write to:

Governor's Constituent Services Office
900 Court Street NE, Suite 254
Salem, Oregon 97301

Please indicate in the beginning of your letter you are filing a PREA allegation and you are requesting to remain anonymous. The Governor's Office will refer all anonymous allegations to the DOC PREA

Coordinator to assure an investigation is completed based off the information that is provided.

Community-Based PREA Advocacy (Support) Program

ODOC has partnered with community based, confidential advocates of sexual abuse victims to provide services to inmates.

Inmates at ODOC who have experienced sexual abuse may reach a community-based advocate by dialing 711 inmate telephone systems, or may request a private call through the PREA Compliance Manager at the facility. Advocates provide victims of sexual abuse information about their options, resources, information and emotional support. There is no charge for calls to advocates.

Role of an Advocate:

- Provide confidential support and crisis intervention
- Inform you about the investigation and medical examination process
- Educate you about healing from sexual abuse
- Offer resources and referrals

Advocates will:

- Not tell you what to do
- Not communicate with the institution unless you request them to do so and sign a release
- Not provide legal advice

Community-based advocacy centers provide sexual abuse support to people of all genders.



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Community-based advocates will not report unless you request them to do so and if you sign a release of information.

DOC is committed to providing inmates with avenues to seek assistance. Below are additional resources:

Just Detention International Headquarters
3325 Wilshire Blvd., Suite 340
Los Angeles, CA 90010

The community-based advocacy crisis line is for individuals needing assistance coping with sexual abuse related issues and should not be used for other purposes.

Telephone calls and mail with community-based advocacy centers is considered privileged communication and will be handled similar to legal calls/official mail.

If you have any other questions regarding PREA, you may ask any staff member, write the PREA Compliance Manager at your institution, or you may write:

E. Sage, PREA Coordinator
Oregon Department of Corrections
2575 Center St. NE
Salem, Oregon 97301

Telmate

To all adults in custody,

This is to inform you DOC's telephone service provider, GTL/Telmate, has re-evaluated their current offer of two (2) free 5-minute phone calls per AIC per week. Starting May 4, 2020, GTL/Telmate has elected the free call allowance will become one (1) call per AIC per week until May 17, 2020, at which time they may re-evaluate the offer.

If you have questions or concerns, have friends and family contact GTL/Telmate at (866) 516-0115, or write to:

Telmate, LLC
PO Box 1137
Fruitland, ID 83619

To: Adults in Custody

From: DOC Agency Operations Center

Effective immediately, all individuals entering and occupying any DOC Health Services areas are required to wear a utility mask. These utility masks are the cloth masks provided to you by DOC. If you do not have a utility mask, please check with your unit officer. Remember to wash your hands before putting the mask on your face. • DOC staff are required to wear masks in all Health Services, including Behavioral Health Services (BHS) appointments. • AICs arriving at Medical Health Services without a mask will be



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denied access. • AICs going to BHS are strongly encouraged to wear masks but will not be denied access without one.

This new directive is for your safety. Research shows that the coronavirus/COVID-19 can spread between people interacting in close proximity—for example, speaking, coughing, or sneezing— even if those people don't have symptoms.

Thank you for your cooperation.



MAILROOM

For your safety, DOC's Agency Operations Center (AOC) has directed all incoming and outgoing mail be quarantined for a minimum of 24 hours before processing.

Mailroom employees wear appropriate PPE when caring for mailroom operations.

Additionally, local library books – those used on housing unit book shelves – will not be returned to the bookshelf by adults in custody (AICs). Rather, **library books will be returned to a mail tub located at the Officers' Station.**

These books will be quarantined for 24 hours before being placed back into circulation by the AIC librarian.

IF YOU ARE TAKING THE PRESCRIPTION RANITIDINE - PLEASE READ THIS MESSAGE

On April 1, 2020 the U.S. Food and Drug Administration (FDA) requested the prescription drug called ranitidine be removed from the market. Ranitidine (brand name Zantac®) can be both a prescription or an over-the-counter drug. It is most commonly used for treatment of acid reflux, indigestion, and upset stomach. The FDA is concerned that if the drug is stored incorrectly, it could break down into contaminants which may cause cancer.

The Food and Drug Administration is recommending anyone taking ranitidine to stop doing so, and this medication is expected to be removed from the market shortly.

If you are taking ranitidine, you may return it to Health Services and it will be replaced with famotidine (brand name Pepcid®), which is similar to ranitidine. If you have further concerns, please send a kyte to your medical provider.



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PS4 Game Donation Process

How to donate a PS4 game and/or accessory.

- Ensure the game is rated E for Everyone or T for Teen. M for Mature games are denied, and all games are subject to review.
- Fill out a package authorization completely and send to the Operations Lt. via Kyte.
- If denied the Operations Lt. will shred the package authorization request and return your kyte explaining why the game was denied.
- If approved the Operations Lt. will sign off on the package authorization and route it to the Mailroom. The Mailroom will keep their copy and return the package authorization forms to you. You will then send the package authorization to the individual making the donation(s). Please ensure they follow the instructions listed on the package authorization.
- You will be notified by the Mailroom when your package arrives, and the game(s) will be sent to IWP.
- All games will be donated to the IWP PS4 Rental Library and will be subject to the PS4 rental process outlined below. However, your housing unit may be prioritized for the first rental.

- Games will be rented weekly, Monday through Monday, by a unit designee.
- The units will be called in accordance with the chow rotation.
- The amount of games in the PS4 Rental Library will determine the number of games each unit can rent. A rental limit will be established once there is a significant catalogue of games.
- Whenever there are 8 or more copies of the same game each unit will maintain a copy and it will not be subjected to the rental process.
- The unit designee will be able to submit 1 reservation request. The request will be dated and issued accordingly. Each unit can only have 1 reservation pending at a time.
- Units can rent the same game weekly unless there is a reservation for that game.
- This process will be reviewed and updated as needed.

DHS Connection

Do you have a child(ren) in DHS Custody?

Have you not heard from them on account of the current pandemic?

Do you know the name of your DHS Caseworker?

PS4 Rental Process.

If you answered yes to those three questions and need assistance contacting your DHS



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Caseworker please send Mr. Hanley a kyte with the following information:

- Child(ren) Full Name(s) and Date of Birth
- DHS Caseworker's Full Name
- Last time you spoke with your Child(ren).
- Any additional DHS case numbers or information pertinent to your case.

Mr. Hanley has created an email template requesting assistance from the DHS Caseworker with coordinating a phone call between you and your child(ren).

ODOC HEALTH SERVICES FAQ

WHAT ARE THE SYMPTOMS OF COVID-19?

The CDC recently updated the recognized signs and symptoms of COVID-19 and added 6 new symptoms (in bold). The most

common symptoms of COVID-19 are:

- Fever
- Cough
- Shortness of breath or difficulty breathing
- Chills
- Repeated shaking with chills
- Muscle pain
- Headache
- Sore throat
- New loss of taste or smell

PLEASE REPORT ANY OF THE ABOVE LISTED SYMPTOMS TO HEALTH SERVICES STAFF IMMEDIATELY.

WHAT LABORATORY TESTS ARE USED TO DIAGNOSE COVID-19?

There are currently 2 different types of laboratory tests that can be used to determine if a person has been infected with COVID-19.

The most common COVID-19 test is called a COVID-19 PCR. A COVID -19 PCR test assesses a respiratory specimen for the genetic material of the virus that causes COVID-19. The specimen for a PCR test can be obtained from the upper (nose) and/or lower respiratory tract (lungs).



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COVID-19 PCR testing is used to diagnosis active COVID-19 infections and is readily available for use per the CDC and Oregon Health Authority COVID-19 testing recommendations.

Antibody testing is another type of testing that can be used to assess if a patient has ever been infected with the COVID-19 virus. This testing requires blood to be drawn and analyzed in the lab for the presence of certain immune system cell that indicate a previous COVID-19 infection. This type of test is not typically used to diagnose active COVID-19 infection. Currently, antibody testing is being developed for widespread use, but not yet readily available.

WHAT DOES A POSITIVE COVID-19 TEST MEAN?

A positive COVID-19 test in ODOC usually means a patient has a positive COVID-19 PCR test. A positive COVID-19 PCR test indicates that a patient has been infected with COVID-19. This cannot determine how sick a patient will become, how quickly the infection will resolve, or how contagious a patient is. This test only indicates a patient has been infected with the COVID-19 virus. And because each patient has specific health care needs, the plan of care for each

COVID19 patient is unique. Some patients will need oxygen and a higher level of medical care, and other patients will feel fine and have mild symptoms.

MY BACK PAGES

By CRM Hanley

I'm stealing My Back Pages from Bob Dylan. It is a song off his 1964 album *Another Side of Bob Dylan*. This will be a monthly column and the topics will vary greatly. I've been writing a lot lately and have found it helpful. I don't keep a journal as much as I did in the past, but I still write almost daily. Songs. Poems. Spontaneous Prose. One day, I'll get to the novel I've been working on in my head for the past 10



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years. I hate to admit it, but I do a lot of writing on my iPhone. It's usually when I'm sitting on the couch disinterested with the news, or when I should be trying to fall asleep. Electronics before bedtime is never a good thing. I know this, because I do this, and I always have a hard time falling asleep at night – plus Science.

Covid-19 has obviously been on my mind. I think this is why I've been writing so much, it helps me process my feelings and how this pandemic is impacting me, my family, my neighbors, the world, and of course our world at CRCI. I don't know if you write much, but now is a good time to start. It truly helps. One of the things I've been tossing around is what we'll do when things go back to normal. We're all so ready for that day! I think of all the birthdays, anniversaries, and special occasions we're missing out on. I just want to host a mass gathering when this is all over. The new normal makes that feel dirty and wrong, but I want to recognize all those missed dates and celebrate what we've all endured together. I sincerely hope it is possible.

Prior to this pandemic we were hosting monthly sessions in the dining hall which I called Roc Up on the Mic, because I'm Old School, but I guess we're calling it The

Show, because...New School. Regardless to what we were calling it, I miss it, and I can't wait until we host it again. What I plan on proposing is the biggest, freshest, most illingest, in house talent event we've ever hosted. I want to take it to the yard and let

the golf course know while they were still hitting balls and yelling four during this pandemic, we weren't and we're going to turn things up for a day. I think we deserve it. I think they'll get it.

I'd like to throw out a challenge to the MC's, Singer-Song Writers, Comedians, Poets, and any talent I may be missing to write something new during this pandemic to perform at this future conceptual event. I'm going to ask that you keep it pro-social, because I'm thinking we could have visitors for this event. I don't think your family member wants to hear about all the things you've been clocking and the licks you've been hitting. You'll have time to practice before anything takes shape, and we might even have some regular in-house shows first. Think about it, let it digest, and then start writing. We'll be in touch.

Here is something I wrote a few weeks ago. I hope it resonates. Good luck and put the blue pen to paper!



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Peaceful intentions

Peaceful intentions
I'm staying true to my intentions
I've got no time for reinventions
I was born to walk a path
I was born to write this sentence
I was born to search for g-d, not getting lost
in my own penance
Pen this
Pen this
Why peoples gotta battle with forgiveness?
Why peoples gotta battle with vengeance?
Can't love be enough to sustain us?

Peaceful intentions,
reflections of an opened fist,
there's a lotus in your palm if you get with
this...

Time to get your mind straight
Talking about paths, talking about fates
Time to release hate
Make art, write, create

Everything you seek is on the other side of
fear!
Peaceful inhalations,
exhalations,
watch your troubles disappear.
Chest's open — minds clear

Your mind is like a tug of war of
oppositions mixed with superstitions and
some premonitions
At the end of the day it's just you and your
decisions
The choices you made
Oh the choices we've made...

In a world where choices are made for you
It's time to find what serves you
What vibrates love and compels you
Me, I've only peace to sell you and a smile
soooo free
Peaceful intentions, flow naturally

Silence; a reflection of light
Look clearly
Don't get blinded by inhibitions
So blurry
Find yourself in the moment
Be Here Now components
You gotta own it — So potent

Don't worry about tomorrow
Let go of those fears
Let go of those sorrows
Being prepared is not living hallow
Being afraid is a bitter pill to swallow
So open your chest
Breathe in and breathe out
Remember you're best
Within & without
Peaceful intentions, no doubt