



We spend our time, energy and money to nurture our children because so many of our hopes and dreams are centered around our desire to help our children have rich, rewarding lives.

But for parents of medically fragile children those dreams are only that, dreams. Most of these children will never play sports or have sleepovers. Parents are left with high medical bills with little or no time for themselves. We're here to help fill that void and to offer the parents a break in their routine, as well as time for relief.



**VISIT OUR WEBSITE**

#### **What Does FNF Need?**

Friday NITE Friends offers families gift certificates for dining out. The parents are extremely appreciative of these small gestures. We also offer scholarships for summer camps. This is a saving grace for parents who have many weeks during the summer without school or a structured program for their children. Donations are greatly appreciated.

#### **Serve as a Volunteer**

We are always in need of caring volunteers. If you are interested, contact us at 972-618-3450 ext. 247, or email us at [fridaynitefriends@crumc.org](mailto:fridaynitefriends@crumc.org).

#### **Offer a Meal to our Caring Volunteers**

Dinner is provided for all volunteers. We are looking for groups who would be willing to provide food for our volunteers. Go to [fridaynitefriends.org/volunteer-meals](http://fridaynitefriends.org/volunteer-meals) to sign-up with the Sign-Up Genius link.

Custer Road United Methodist Church  
6601 Custer Road, Plano, TX, 75023  
[fridaynitefriends.org](http://fridaynitefriends.org)



**Friday NITE Friends**

## **Friday NITE Friends**

provides much needed respite and care to the families of children with medical and special needs.



### What is Respite Care?

Friday NITE Friends provides an invaluable service to families with medically fragile and special needs children. The program's mission is to provide medically supervised care for these special children. Parents entrust their children to our care on Friday evenings from 6-10 p.m. so they may have a "respite" from the almost continuous job of taking care of their child. We believe in the importance of time for families to replenish, build relationships, and for daily tasks so many of us take for granted.

### Who is eligible for the FNF program?

We accept applications from families with special needs and medically fragile children, ages birth to 12 years-old. Once accepted into our program, our special needs and medically fragile children are able to stay in the program until they turn 15. The siblings are able to stay until their 12th birthday. Applications can be found on our website.



### Medical Rooms

The children in our medical rooms have medical needs and require nursing care. This would include children with feeding tubes, apnea monitors, severe asthma, immune system dysfunction, etc. This room is staffed by nurses, and adult volunteers. Admission to the program is by application, based on need.

### Special Care Rooms

In addition to our medical rooms, we offer respite to families of children with special needs, such as Down Syndrome, autism, cerebral palsy, etc. Each special care room is staffed by a supervising adult and teen volunteers. Special care families can use the program about once a month.



### Sensory Rooms

We offer sensory rooms for those children who have more significant challenges. These rooms are supervised by trained staff along with adult volunteers. Acceptance into these rooms are limited by space available.



### Sibling Care

We also provide care for the siblings of our special need children until they turn 12. Siblings have the opportunity to play games, watch movies or take part in other age appropriate activities.