



Positive Parenting Class Fall 2016

Preschool-Age Class– Mondays Sept 19 — Oct 31
School-Age Class - Tuesdays Sept 20 — Nov 1
Teen-Age Class - Wednesdays Sept 21 — Nov 2

Classes are held in the evenings at the agency from
6:00-8:00 pm

Class size is limited. Pre-Registration is required.

working to promote emotional well being

Are you ready to **STEP** up to the challenge of parenting?

If the answer is YES, join a 7-week class based on the **STEP** model (System Training for Effective Parenting). You will learn:

- Understanding Yourself and Your Child
- How to build self-esteem and responsibility
- How to talk so children will listen and listen so children will talk
- Encouraging Cooperation and Problem Solving
- How to implement discipline vs. punishment
- How to resolve conflicts so everyone wins
- Choosing Your Approach

*Court participants welcome, however, one parent per court family per class. This class is dedicated to the enhancement of parenting skills for all participants.

All Parent Education classes are facilitated by Marriage and Family Therapist Interns supervised by a professional, licensed therapist.

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Phone: (408) 997-6780 x 207
Fax: (408) 997-0711
Email: clinical@avcounseling.org

www.avcounseling.org

Registration Form Cost: \$200 per person or \$250 per couple

Register online www.avcounseling.org and pay through PayPal. Or send check (payable to AVCS) and this registration form to: AVCS/ 6529 Crown Blvd., Suite D / San Jose, CA 95120

Registration and payment must be received to be considered registered for class

Name _____
Address _____
City/Zip _____

Home Phone _____
Work Phone _____
Cell Phone _____

Sign up for:

- Teen Class
 School-Age Class
 Pre-School Class

How did you hear about our classes?

Age of child/children