

# Care Connections Network

AGING. BETTER.

(714) 962-9346

[www.CareConnectionsNetwork.org](http://www.CareConnectionsNetwork.org)



July 2021

## Hidden Huntington Beach

Saturday, July 10 at 4:00pm



Join us for a special presentation from local author and historian Chris Epting. He is a writer and storyteller, and the author of several books and many articles about Huntington Beach. Chris will uncover the hidden history of Huntington Beach for us.

Potluck dinner following the presentation  
Bring something to share

Register by calling the office or  
email to [cross.ccn@hotmail.com](mailto:cross.ccn@hotmail.com)

## Educational Seminar



Got Clutter? We've Got Help!

## Clearing the Clutter from Our Lives

Thursday, July 15 at 11:30am

Bercaw Hall  
Lutheran Church of the Resurrection  
9812 Hamilton Avenue, Huntington Beach

Join us to learn how to get organized in your home!  
Techniques to determine what to keep and what to toss will be addressed. Best places to donate will also be discussed.

Our presenter is Penny Lambright the owner of Clutter Cleaners. In 2000, Penny started Clutter Cleaners to improve the wellbeing of individuals and families. She has been featured on Dateline, NBC and other news and television programs. She has also served as a member of the Orange County Task Force on Hoarding.

There is no charge for the seminar or for lunch, and all are welcome!

Register by calling the office or  
email to [cross.ccn@hotmail.com](mailto:cross.ccn@hotmail.com)



## WE WANT YOU!

We are assembling care bags of supplies to support Wound Walk OC.  
Wound Walk OC tends to the wounds of the unsheltered in Orange County.  
Their mission is the direct relief for those who need it most.

Interested in helping? We need you!

We are looking for donors to support the monthly supply cost of \$350. Our goal is to find 10 donors who will pledge \$35 a month for six months. Donations of any amount are happily accepted! Please call the CCN office if you can help. We are also looking for volunteers to help assemble bags on Thursdays at 3:00.

Sign up by calling the CCN office.



WOUND WALK™



# INTERTWINED

## Who is Intertwined?

Intertwined aims to closely connect all seniors to strengthen the community through the power of friendship. Intertwined was created by Adin Choung and Katelyn Jo who are high school students at the Orange County School of the Arts. They have a huge heart for the senior community, especially after performing for seniors at nursing homes. They received a \$5,000 grant from the Dragon Kim Foundation (DKF) to fund their project idea for Intertwined.

## What is DKF?

DKF is a non-profit organization whose mission is to inspire our youth to impact their communities while discovering and pursuing their passions. The Dragon Kim Fellowship program supports and trains young people to develop and implement a project that impacts their community. This fellowship is in honor of Dragon Kim, a talented musician, athlete, and scholar who wanted to help others.



Meet someone new!

Feel confident with technology!

Learn a new language, craft your own art,  
listen to student musicians, and more!



## How does it work?

1. CCN is partnering with the students - Call the CCN office to sign up
2. Get paired with a match based on your responses
3. Start talking with your new friend through text and video call with the guidance of Adin and Katelyn
4. Engage in fun activities and community social events
5. Gain long-lasting friendships!

## Weekly Events

Both meet in Bercaw Hall, Lutheran Church of the Resurrection

### Chair Yoga

Monday mornings at 8:45am

\$10 for CCN members \$12 for non-members

### Mahjong

Wednesdays at 1:00pm



## Game Day is Back!

**We meet the first Thursday of every month.**

All are welcome. Bring a favorite game and a snack to share with the group.

Thursday, July 1 from 1:00pm – 3:00pm

Bercaw Hall, Lutheran Church of the Resurrection

## CCN Circle Groups Start Again!

CCN Circle Groups are small groups formed around a common interest that meet regularly to connect people in meaningful ways, providing engagement and a sense of belonging. These groups are CCN member-led and member-driven.

- Crafting Circle
- Exploration Dining
- Cooking with Cheryl
- Men's Circle
- Mahjong
- Game Day

If you previously signed up, your group leader will contact you. Otherwise, call the CCN office to sign up for a group. Have an idea for a new group that you would like to lead? Call the office and tell us about it.