



# CENTERING PRAYER WORKSHOP

**Saturday, March 7, 10:00 am–2:00 pm**

**Trinity Lutheran Church  
16138 Molino Drive, Victorville, CA 92395**

Join us for a time of stillness, reflection, and deepening in the practice of Centering Prayer. Whether you're new to contemplative prayer or seeking to refresh your prayer life, this workshop will offer guidance, practice, and fellowship. The workshop will be led by the Rev. Darryl W. Kozak, Regional Assistant to the Bishop for the Inland Region, and a Commissioned Presenter of Centering Prayer for Contemplative Outreach.

## **What to Expect**

- Presentations introducing the method of Centering Prayer
- Guided times of prayer and silence in community
- Opportunity for questions and reflection
- Light snacks in the morning and a soup & salad lunch provided

## **Why Attend?**

Centering Prayer invites you to rest in God's presence beyond thoughts, words, or images. This simple yet profound practice can deepen your prayer life, nurture inner peace, and ground your relationship with God in silence and stillness.

***Space is limited to 25 participants***  
**Registration deadline: Wednesday, March 4**

## **RSVP**

Contact Pastor Darryl W. Kozak

Text: 951-387-8220

Email: [DarrylKozak@PacificaSynod.org](mailto:DarrylKozak@PacificaSynod.org)

**Suggested donation: \$20 towards lunch and for the Trinity Food Pantry**