



FOOD ITEMS Needed:

Baking: flour, oil
Beans (canned):, baked, chili beans
Beans (dry): white
Beverages: tea bags, coffee, hot chocolate
Boxed: potatoes, chicken helpers
Canned Fruit: pears, mixed fruit, applesauce, peaches
Canned Meals: beef stew,
Canned Tomatoes: stewed, diced, sauce,
Canned Vegetables/Other: spinach, mushrooms, potatoes
Cereal: oatmeal
Condiments: salt, pepper, mustard, BBQ sauce, jelly
Dessert Items: brownie mix, cookie mix
Mexican: refried beans, Rotel tomatoes, taco shells/seasoning,
Other: pancake syrup
 gravy (brown, white country)
Pasta/Rice: spaghetti, macaroni
 pasta sides, white rice, brown rice
 Ramen noodles (**beef** or chicken)

Sauces: spaghetti
Soups: **broths** - (chicken, beef)
 creams - (chicken)
 other – tomato, vegetable
Sugar Substitute Packs: yellow, blue, pink

NON-FOOD ITEMS:

Cleaning Products: liquid dish soap, multi-purpose cleaners,
Laundry: fabric softener
Paper/Plastic: toilet paper, Kleenex, trash bags
Personal Hygiene: deodorant, shampoo, conditioner, shaving cream, toothpaste,
 adult toothbrushes, children's toothbrushes
 women's products (tampons)

Drop off times: Tuesday 9:30-11:30 am & 1-4:00 pm and Thursday 1:30-6:00 pm. There is a large bench with storage outside the doors if you would like to drop off non-perishable items. Please don't leave canned items during bitter cold weather. Also, we have a barrel at Price Chopper for your convenience. If you would prefer to give money, make checks payable to: KEC Food Pantry, and send to address below. Thank you for your support.

Kearney Food Pantry, 113 E. Washington Street, Kearney, MO 64060 (816-903-4763)