



### **FOOD ITEMS Needed:**

**Baking:** flour, oil  
**Beans (canned):** pinto, chili beans  
**Beverages:** tea bags, **hot chocolate**, Koolaid,  
**Boxed:** chicken helpers  
**Canned Meals:** beef stew  
**Canned Meat:** chicken  
**Canned Tomatoes:** diced, sauce  
**Canned Vegetables/Other:** spinach, peas, mushrooms, sweet potatoes  
**Cereal:** oatmeal  
**Condiments:** salt, pepper, ketchup  
**Dessert Items:** brownie mix, cookie mix  
**Mexican:** refried beans, Rotel tomatoes, taco shells/seasoning,  
**Other:** instant pudding (chocolate and vanilla), Jello  
    gravy (brown), corn muffin mix, breakfast muffin mix  
**Pasta/Rice:** Ramen noodles (beef or chicken)  
**Peanut Butter:** crunchy  
**Sauces:** sloppy joe  
**Soups:** broths - (chicken, beef)  
    creams - (mushroom, chicken)  
    other – vegetable  
**Sugar Substitute Packs:** blue, pink

### **NON-FOOD ITEMS:**

**Cleaning Products:** multi-purpose cleaners,  
**Infant Items:** diapers ( size,5)  
**Laundry:** fabric softener  
**Paper/Plastic:** paper towels, trash bags  
**Personal Hygiene:** deodorant, shampoo, conditioner, shaving cream, toothpaste,  
    adult toothbrushes, children's toothbrushes  
    women's products (maxi pads, bladder control pads)

**Drop off times:** Tuesday 9:00 to 11:30 & 1:00 to 4:00 and Thursday 1:30-6:00 pm. There is a large bench with storage outside the doors if you would like to drop off non-perishable items. Please don't leave canned items during bitter cold weather. Also, we have a barrel at Price Chopper for your convenience. If you would prefer to give money, make checks payable to: KEC Food Pantry, and send to address below. Thank you for your support.

**Kearney Food Pantry, 108 W. Washington Street, Kearney, MO 64060 (816-903-4763)**