



FOOD ITEMS Needed:

Baking: flour, sugar

Beans (canned): pork & beans, baked, chili beans

Beans (dry): white

Beverages: tea bags, hot chocolate, Koolaid,

Boxed: potatoes

Canned Fruit: mixed fruit, applesauce, peaches

Canned Meals: chili, beef stew, ravioli

Canned Tomatoes: stewed, sauce,

Canned Vegetables/Other: carrots, spinach, mushrooms, potatoes

Cereal: cold sweet

Condiments: salt, pepper, mustard, BBQ sauce

Dessert Items: chocolate, white and yellow cake mix, cookie mix

Mexican: refried beans, Rotel tomatoes, taco shells/seasoning,

Other: instant pudding (chocolate and vanilla), pancake mix, pancake syrup, gravy (brown, white country), breakfast muffin mix

Pasta/Rice: spaghetti noodles, rice sides

Peanut Butter: creamy, crunchy

Sauces: spaghetti

Soups: broths - (chicken, beef)
creams - (chicken)

Sugar Substitute Packs: blue, pink

NON-FOOD ITEMS:

Cleaning Products: liquid dish soap, multi-purpose cleaners,

Infant Items: diapers (size 4), baby wipes

Laundry: detergent

Paper/Plastic: toilet paper, Kleenex, trash bags

Personal Hygiene: deodorant, shampoo, conditioner, shaving cream, toothpaste, adult toothbrushes, children's toothbrushes women's products (tampons, bladder control pads)

Drop off times: Tuesday 9:30 to 11:30 am & 1-3:30 pm and Thursday 2:00-6:00 pm. There is a large bench with storage outside the doors if you would like to drop off non-perishable items. Please don't leave canned items during bitter cold weather. If you would prefer to give money, make checks payable to: KEC Food Pantry, and send to address below

Kearney Food Pantry, 113 E. Washington Street, Kearney, MO 64060 (816-903-4763)