



FOOD ITEMS Needed:

Baking: flour, sugar, oil

Beans (canned): chili beans

Beans (dry): pinto, white

Beverages: tea bags, coffee, hot chocolate, Koolaid,

Boxed: potatoes, chicken helpers

Canned Fruit: mixed fruit, applesauce, peaches

Canned Meals: chili, beef stew, ravioli

Canned Tomatoes: diced, sauce,

Canned Vegetables/Other: mixed vegetables, carrots, corn, spinach, peas,
mushrooms, potatoes, sweet potatoes

Cereal: cold non-sweet, oatmeal

Condiments: salt, pepper, mustard, BBQ sauce, jelly

Dessert Items: white, vanilla, chocolate cake mix, brownie mix, cookie mix, muffin mix

Mexican: refried beans, Rotel tomatoes, taco shells/seasoning,

Other: instant pudding (chocolate and vanilla), pancake syrup,
gravy (brown, white country)

Pasta/Rice: spaghetti, macaroni

rice sides, pasta sides, white rice, brown rice

Ramen noodles (beef or chicken)

Sauces: spaghetti

Soups: broths - (chicken, beef)

creams - (mushroom, chicken)

other – vegetable

Sugar Substitute Packs: yellow, blue, pink

NON-FOOD ITEMS:

Cleaning Products: liquid dish soap, multi-purpose cleaners,

Laundry: detergent, fabric softener

Paper/Plastic: toilet paper, Kleenex, trash bags

Personal Hygiene: deodorant, shampoo, conditioner, razors, shaving cream, toothpaste,

adult toothbrushes, children's toothbrushes

women's products (tampons)

Drop off times: Tuesday 9:30-11:30 am & 12:00-4:00 pm and Thursday 1:30-6:00 pm. There is a large bench with storage outside the doors if you would like to drop off non-perishable items. Please don't leave canned items during bitter cold weather. Also, we have a barrel at Price Chopper for your convenience. If you would prefer to give money, make checks payable to: KEC Food Pantry, and send to address below. Thank you for your support.

Kearney Food Pantry, 113 E. Washington Street, Kearney, MO 64060 (816-903-4763)