

Icebreaker:

If you could choose to never have to do one of these, which would it be: laundry, cooking, yard work or cleaning bathrooms?

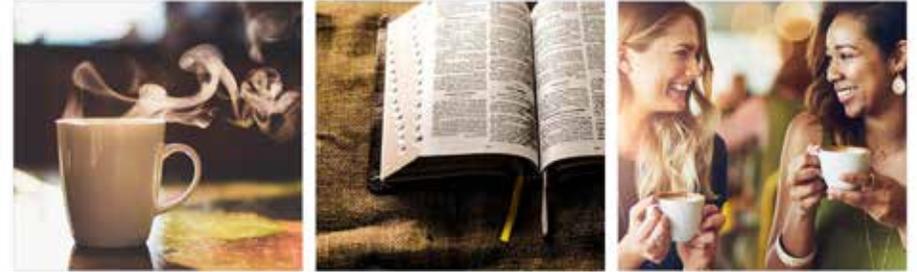
Discussion Questions:

1. What did you find encouraging about tonight's message?
2. If you've been to Latte a few times you've probably heard me say that one of my favorite verses in the Bible is 1 John 1:9:
If we confess our sins, God is faithful and just to forgive us our sins and cleanse us from all unrighteousness.
I wonder if you might take a few moments to make some marks on your notes:
 - **Circle** the two things that God is
 - **Draw rectangles** around the two things God will do
 - **Underline** the word that tells us God's actions in this verse are conditional on our action
 - **Underline twice** the word that tells us what we need to do in order to experience God's forgiveness and cleansing
3. Based on your interaction with that verse:
 - What does it mean to 'confess'?
 - What happens if we don't 'confess'?
 - What word in 1 John 1:9 gives us parameters for which sins we can bring to God?
 - If a friend came to you feeling really bad about something they'd done, how would you counsel them?

If you've experienced the joy Psalm 32 talks about and you are willing to share your experience, now's the time 😊 ... *Oh, what joy for those whose rebellion is forgiven, whose sin is put out of sight! Yes, what joy for those whose record the Lord has cleared of sin.*

For personal reflection (or feel free to share if you'd like)...

How has the Lord spoken to you about something you need to do in response to what you've heard tonight?



The Goodness of Jesus *"Where Do I Go With My Regrets"* *with Mary Schaeffer*

May 10, 2021

Welcome to Ladies Latté!

We are so thankful you have come to Latté - a place where we can connect with each other and Christ over a cup of coffee. It's oftentimes in the most simplistic, casual settings that we encounter closeness with one another and the Lord.

Our prayer for you is that while the fresh coffee is being poured into your cup, Jesus is pouring out His Spirit in a fresh, new way in your life. With each sip, may you also be drinking in the blessings of fellowship with your sisters-in-Christ.

See you again in the Fall on September 13th!

Jen Robinson, Latté Coordinator
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“Where Do I Go With My Regrets”

Psalm 51 May 10, 2021

The Goodness of Jesus Series

I've heard people say they'd like to live with 'no regrets.' But I've never met anyone who actually had no regrets; all of us have said and done things we wish we hadn't said or done. I've met lots of people who have “dirty laundry” they don't want others to see. While we can't go back and undo or unsay things, the Lord offers us cleansing and freedom when we bring it all to Him.

We can learn a lot from the way David does this in his prayer recorded in Psalm 51—taking his regrets, shame and sin to God:

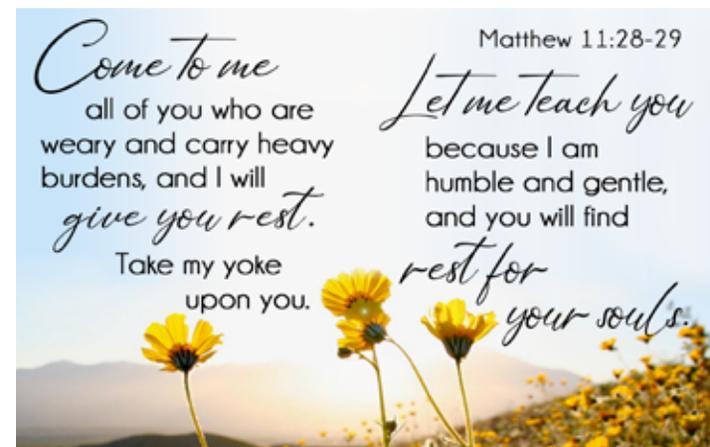
- 1. God's love and compassion open the way for us to talk to him about _____ and _____.**
Have mercy on me O God, because of your unfailing love. Because of your great compassion... v. 1-2
- 2. Cleansing and freedom begin with transparent _____...**
 - **Humbly asking God to forgive and cleanse**
...blot out the stain of my sins. Wash me clean from my guilt. Purify me from my sin...purify me and I will be clean. Don't keep looking at my sins. Remove the stain of my guilt. Psalm 51:2,7,9
 - **Acknowledging what we've done wrong and admitting God is right**
I recognize my shameful deeds...I have done what is evil in your sight...your judgment against me is just. v. 3-4
- 3. God's _____ is a wonderful motivation to give God complete control over every area of our lives. A willing spirit says “yes” to God at every turn.**
Create in me a clean heart, O God. Renew a right spirit within me. Make me willing to obey you. v. 10,12

- 4. Experiencing God's forgiveness and cleansing opens the door for us to experience the _____ of his blessing.**

Restore to me again the joy of your salvation. v. 12

Oh, what joy for those whose rebellion is forgiven, whose sin is put out of sight! Yes, what joy for those whose record the Lord has cleared of sin, whose lives are lived in complete honesty! When I refused to confess my sin, I was weak and miserable... Psalm 32:1-3

NOTES: _____



**You will find Latté messages you've missed online at:
gracecma.org/ministries/women/**

BLANKS: 1. anything, everything 2. honestly 3. mercy 4. joy