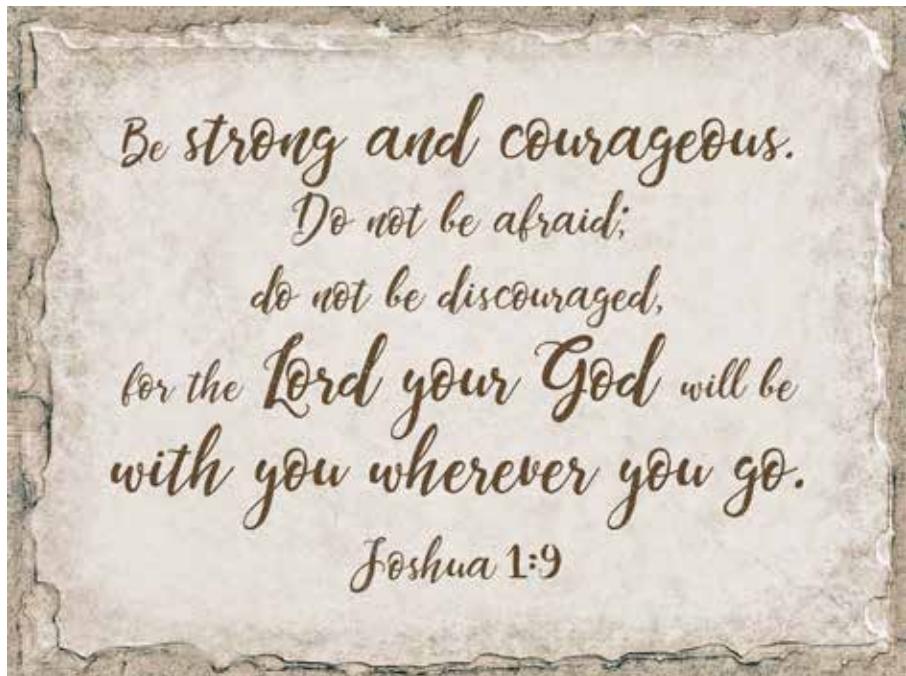


## Icebreaker:

Twelve years is a long time! What is something that has changed in your life since 2009?

## Discussion Questions:

1. Can you share about a time in your life when desperation has been good for you, when something really difficult brought something beautiful in your life?
2. What are the “crowds” in your life that make it difficult for you to spend time getting to know Jesus better?
3. What is something you once thought about God but now know was a misconception, a wrong belief about Him?
4. What does it look like to “make personal time for Jesus”? If that is something that is part of your life, how do you do it?



## *“Uncommon Courage... When You Carry Hidden Pain” with Mary Schaeffer*

October 11, 2021

### *Welcome to Ladies Latté!*

We are so thankful you have come to Latté - a place where we can connect with each other and Christ over a cup of coffee. It's oftentimes in the most simplistic, casual settings that we encounter closeness with one another and the Lord.

Our prayer for you is that while the fresh coffee is being poured into your cup, Jesus is pouring out His Spirit in a fresh, new way in your life. With each sip, may you also be drinking in the blessings of fellowship with your sisters-in-Christ.

See you again on November 8th!

Jen Robinson, Latté Coordinator  
[jen.robinson@gracecma.org](mailto:jen.robinson@gracecma.org)

## *“Uncommon Courage...When You Carry Hidden Pain”*

Mark 5:24-34 October 11, 2021

Maybe you've seen the bumper sticker or wall hanging: *Be kinder than necessary because everyone you meet is fighting some kind of battle.* Our battles may be different, but we all have battles. No one is immune; we all carry pain around with us. One of the beautiful things about Jesus is that He invites us to bring it all to Him and find His healing, compassion, acceptance and peace.

All of us have **we carry.**

- The woman who encountered Jesus had suffered for 12 years with a physical illness that also brought emotional and social pain.
- Because of this crisis, she experienced rejection, \_\_\_\_\_, loneliness, isolation, unfulfilled dreams.

Our pain can push us            from God, or it can propel us            Him.

- She tried one thing after another, and had spent all she had, but had only gotten worse.
- Rumor had it that there was Someone who could heal her. In her \_\_\_\_\_, she sought out Jesus.
- Even in the midst of the crowd, she set her focus on Jesus and was determined to get to Him.

For she thought to herself, "If I can just touch his robe, I will be healed." Mark 5:28

In Jesus we find healing, compassion, acceptance and peace.

- o She came to Jesus with a lot of fear...what would the crowd think? How would Jesus respond?
- o The compassion and kindness she found in Him was overwhelming and she went away with way more than the healing she was looking for.

\_\_\_\_\_, your faith has made you well. Go in peace. You have been healed. Mark 5:34

Whatever is causing pain in our lives right now, Jesus invites us to bring it to Him.

Come to me, all you who are weary and burdened, and I will give you rest. Take my yoke upon you and learn from Me, for I am gentle and humble in heart, and you will find rest for your souls. . . Jesus  
Matthew 11:28-30

How do we find peace in Jesus in the midst of the battle?

- Push through the crowds. Whatever stands in the way of you getting to Jesus, make a decision that you are going to make time for him.
- Sort out our misconceptions about Jesus and discover who he really is. Get to know Him.
- Take time to listen to His words to you, and apply them to your life.
- Develop relationships with others who are getting to know Jesus and following him.

## NOTES:

You will find Latté messages you've missed online at:  
[gracecma.org/ministries/women/](http://gracecma.org/ministries/women/)

BLANKS: pain; shame; away, towards; desperation; healed; Daughter