# RS

# **SUPPORT GROUPS FOR CAREGIVERS**

### **Northern Colorado and Eastern**

The Dementia Caregiver Support Groups meet on an ongoing basis and are for family or friends who have a loved one with Alzheimer's disease or another form of dementia at any stage of the disease. The groups are facilitated by volunteers who are screened, trained, and supervised by the Alzheimer's Association. Support Groups are a safe place to receive support for the difficult journey of dementia.

Due to an abundance of caution during COVID-19, we are holding all Support Groups virtually. You are welcome to join any group that is convenient for you.

To participate: at the time the group begins,

- 1. Call 312.874.7636
- 2. Press 1 to enter the group
- 3. You will be asked to enter your "conference ID." The ID for our group calls is 31968; please note the ID for the group in Erie is 45526.

For more information, call 800.272.3900 or contact Dawn Simmons at 970.387.6123 or dmsimmons@alz.org.

# **General Caregiver Groups**

The below groups are for family members or friends who have a loved one with Alzheimer's disease or another form of dementia at any stage of the disease.

Greeley	Every Tuesday	9:30 - 10:30 am	Westview Church of Christ— By Phone
Erie	1st Thursday	4:00 - 5:30 pm	Erie Community Center— By Phone

# **Adult Children Support Group**

This support group is for the children of people living with dementia

Greeley	3rd Tuesday	6:00 - 7:00 pm	Alzheimer's Association Office -
**held via video:			By Video
Please call (970) 387 -6123 for link			



# RS

# **SUPPORT GROUPS FOR CAREGIVERS**

### **Northern Colorado and Eastern**

Due to an abundance of caution during COVID-19, we are holding all Support Groups virtually. You are welcome to join any group that is convenient for you.

To participate: at the time the group begins,

- 1. Call 312.874.7636
- 2. Press 1 to enter the group
- 3. You will be asked to enter your "conference ID." The ID for our group calls is 31968; pleasenote the ID for the group in Erie is 45526.

For more information, call 800.272.3900 or contact Dawn Simmons at 970.387.6123 or dmsimmons@alz.org.

## **Younger Caregiver Support Group**

This support group is for caregivers who are under 65/70 years of age.

Greeley	2nd	6:00 - 7:00 pm	Family Fun Plex -
**held via video:	Wednesday		By Video
Please call (970) 387 -6123 for link			

## **Eastern Plains**

# **General Caregiver Groups**

The below groups are for family members or friends who have a loved one with Alzheimer's disease or another form of dementia at any stage of the disease.

Brush	2nd Monday	11:30 am - 1:00	Eben Ezer Lutheran Care Center—
		pm	By Phone

