

ASK HOW YOU CAN ATTEND FOR FREE!!

AREA AGENCY ON AGING PRESENTS THE:

# Age Well Conference & Fundraiser

Date: October 5th 2019

Time: 9:00 A.M. – 3:00 P.M.

Breakfast will be served at  
8:30a.m.

Held in the Ballroom at  
Northeastern Junior College  
in Sterling , Colorado  
80751

*“Aging is Not Lost Youth,  
But a New Stage of  
Opportunity & Strength”  
-Betty Friedman*

## **Tickets:**

**\$10.00 Suggested  
Donation**

## **Benefiting:**

**\*Northeastern  
Colorado Seniors  
\*Aging & Disability  
Resource Center  
(Providing Senior  
Resources and Pro-  
grams Old & New)  
\*AAA Alzheimer’s &  
Dementia Program**

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**NORTHEAST COLORADO  
AREA AGENCY ON AGING  
AGE WELL**

**CONFERENCE & FUNDRAISER**

- Cannabis Education with Dr. Cohen & Amy Silverman BA, RN**
- Alzheimer’s Association– Know the 10 Signs**
  - Build your Body Segment with Angie, Cynthia, & Kathy**
  - Mind Over Matter Segment with Dakota Alber**
- Eastern Colorado in Home Care Services with Ron & Marilyn Hewitt**
  - Senior Law with Mark Earnhardt**
  - Veterans Affairs with Dan Scalise**
- Mental Health & Aging– Centennial Mental Health**

**Small Breakfast & Catered Lunch will be Provided!  
TRANSPORATION to and from the Event Provided!!  
Ask about Availability!**