



REGIONAL EDUCATION PROGRAMS

October 2020

Alzheimer's Association educational programs are for family or friends who have a loved one with Alzheimer's disease or another form of dementia. The groups are facilitated by staff, and volunteers who are screened, trained, and supervised by the Alzheimer's Association.

Due to an abundance of caution during COVID-19, ALL education programs are held in a VIRTUAL and INTERACTIVE format through an application on your computer, tablet, or smart phone called Zoom. A call-in option is also available for each class.

To register or for more information, please visit www.alz.org/crf,
or call the 24/7 Helpline at 1.800.272.3900.

Education Programs are for family members or friends who have a loved one with Alzheimer's disease or another form of dementia at any stage of the disease.

CLASS TOPIC	TIME	QUICK LINK
10 Warning Signs of Alzheimer's	Wednesday, October 7 10:00—11:00 am	http://bit.ly/10SIGN_oct_7
Healthy Living for Your Brain and Body: Tips from the Latest Research	Wednesday, October 7 11:00—12:30 pm	http://bit.ly/HLBB_oct_7
Understanding and Responding to Dementia-Related Behavior	Monday, October 12 10:00—11:00 am	http://bit.ly/BEH_oct_12
Legal and Financial Planning for Alzheimer's	Monday, October 12 2:00—4:00 pm	http://bit.ly/LF_oct_12
Dementia Conversations	Tuesday, October 13 11:00—12:00 pm	http://bit.ly/DC_oct_13
Understanding Alzheimer's and Dementia	Wednesday, October 14 12:00—1:00 pm	http://bit.ly/UAD_oct_14
10 Warning Signs of Alzheimer's	Wednesday, October 14 6:00—7:30 pm	http://bit.ly/10SIGN_oct_14
Effective Communication Strategies	Thursday, October 15 2:00—3:30 pm	http://bit.ly/EC_oct_15
COVID-19 and Caregiving	Friday, October 16 11:00—12:00 pm	http://bit.ly/COV19_oct_16
Effective Communication Strategies	Wednesday, October 21 6:00—7:30 pm	http://bit.ly/EC_oct_21
Understanding Alzheimer's and Dementia	Friday, October 23 10:00—11:00 am	http://bit.ly/UAD_oct_23

NO COST TO ATTEND.

FOR MORE INFORMATION, CALL 800.272.3900 OR VISIT: ALZ.ORG/CO

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Education Programs, continued

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CLASS TOPIC	TIME	QUICK LINK
Understanding and Responding to Dementia-Related Behavior	Friday, October 23 10:00—11:00 am	http://bit.ly/BEH_oct_23
Healthy Living for Your Brain and Body: Tips from the Latest Research	Wednesday, October 28 6:00—7:30 pm	http://bit.ly/HLBB_oct_28
Dementia Conversations	Thursday, October 29 6:00—7:00 pm	http://bit.ly/DC_oct_29

En Español

Visite a www.alz.org/crf o llame al 1-800-272-3900 para registrarse o para mas informacion.

CLASS TOPIC	TIME	LINK
Las 10 Señales de Advertencia - ESPANOL	Tuesday, October 27 4:00—5:00 pm	http://bit.ly/10SIGNS_oct_27

Specialized Programs

To register or for more information, please visit www.alz.org/crf, or call the 24/7 Helpline at 1.800.272.3900.

Specialized Programs are offered for the variety of needs specific to particular types of dementia and caregiving scenarios.

CLASS TOPIC	TIME	QUICK LINK
Living with Alzheimer's Early Stage—Part 1	Monday, October 19 1:00—2:30 pm	http://bit.ly/LWACP1_oct_19
Living with Alzheimer's Early Stage—Part 2	Monday, October 26 1:00—2:30 pm	http://bit.ly/LWACP2_oct_26

NO COST TO ATTEND.

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