



17th Annual High Plains Turkey Trot

November 25, 2021

Registration: 7:30 am Race Starts: 8:30 am
Peace Lutheran Church, 1404 S. 9th Ave.

PROCEEDS WILL GO TO THE FAMILY RESOURCE CENTER

COMPLETE REGISTRATION FORM BELOW OR REGISTER AT WWW.ACTIVE.COM

PARTICIPANT NAME: _____

ADDRESS: _____

CITY, STATE, ZIP: _____

PHONE: _____ EMAIL: _____

GENDER: M F AGE: _____ 5K RUN/WALK/STROLL 1 MI WALK/RUN

T-SHIRT SIZE: 3X 2X XL L M S YOUTH: XL L M S

NO T-SHIRT _____

EARLY REGISTRATION PRICES: ADULT (18 years +): \$30 YOUTH (17 years and under): \$20
AFTER SUNDAY, November 21st: \$30 PER PERSON No Refunds

PARTICIPANTS WHO REGISTER AFTER SUNDAY, NOVEMBER 21st WILL NOT RECEIVE A T-SHIRT

PACKET PICK-UP: November 23-24th 9:00AM-4:00 PM REHAB ENTRANCE-South East Corner of the Hospital

PAYMENT METHOD: Cash: Check: (Make payable to Sterling Regional MedCenter)

MAIL REGISTRATION FORM TO: Sterling Regional MedCenter, c/o Turkey Trot, 615 Fairhurst St., Sterling, CO 80751 OR
Bring to Sterling Regional MedCenter

Credit Card: REGISTER ONLINE AT WWW.ACTIVE.COM

QUESTIONS?: Angie Myers (970) 521-3226 or Email: angie.myers@bannerhealth.com. PETS on leashes permitted.

ALL PARTICIPANTS MUST SUBMIT SIGNED WAIVER (GUARDIAN IF UNDER 18) PRIOR TO RACE

All blanks must be filled in prior to signing. Signing of the Waiver and Release of Liability is a condition which must be met prior to any participation in activities sponsored by Sterling Regional MedCenter.

I, _____ intend to enroll in the following activity, **High Plains Turkey Trot** sponsored by Sterling Regional MedCenter, & other Corporate sponsors/Co-sponsors, which is scheduled to take place on the date or during the time period indicated: **November 25, 2021**. I **acknowledge** that I have received a satisfactory understanding of the hazards, perils and potential injuries that may result from my participation in the above activity/event. I **understand** that all such activities pose the possibility of injury; and although remote, there is even a statistical possibility of permanent paralysis or death. I **have been given** the chance to ask questions of appropriate Sterling Regional MedCenter and/or event volunteers concerning such risks and hazards and acknowledge that my such questions have been satisfactorily answered. Having received sufficient information to make an informed decision, I **hereby agree** to assume all risks and **hereby release and agree to release and hold harmless Sterling Regional MedCenter** and its Corporate sponsors and Co-sponsors from any liability, loss, damage or other claims or expenses for personal injury and property damage incurred by me while participating in the above-stated activity during the period of the dates of participation above-stated, and do further agree to fully indemnify Sterling Regional MedCenter, and its Corporate sponsors/Co-sponsors against all released and agreed to release and hold harmless matters above stated and against any liability, loss, damage or other claims or expenses during the dates of this activity participated in by me. **This Waiver and Release of Liability is executed on behalf of myself and my heirs, personal representatives, successors and assigns.** BY SIGNING THIS WAIVER AND RELEASE OF LIABILITY, I ACKNOWLEDGE THAT I HAVE READ AND UNDERSTOOD ITS CONTENTS.

PARTICIPANT (or Guardian) Signature: _____

PRINT NAME: _____ DATE: _____



Fun Family
Event!

Sterling Regional MedCenter
615 Fairhurst St.
Sterling, CO 80751

Compete Before You Eat!

Please join us for the High Plains Turkey Trot!
A terrific way to keep the "Thanksgiving Spread"
confined to your table instead of your waistline.

Look inside for event registration and waiver



High Plains Turkey Trot *Thanksgiving 2021*

Thursday, November 25, 2021

5K Run/Walk/Stroll — 1 Mile Walk/Run/Stroll

Peace Lutheran Church 1404 S. 9th Ave. - Start/Finish

Race Time: 8:30 am

Packet Pick-up: Tuesday Nov. 23rd & Wednesday Nov. 24 9:00 am - 4:00 pm