



SUPPORT GROUPS FOR CAREGIVERS

Northern Colorado and Eastern Plains

Alzheimer’s Association support groups meet on an ongoing basis and are for family or friends who have a loved one with Alzheimer’s disease or another form of dementia. The groups are facilitated by volunteers who are screened, trained, and supervised by the Alzheimer’s Association. These groups are a safe place to receive support for the difficult journey of dementia.

Due to an abundance of caution during COVID-19, **ALL** support groups are held in a **VIRTUAL** and **INTERACTIVE** format through an application on your computer, tablet, or smart phone called Zoom. A call-in option is also available for each group.

General Caregiver Groups

To register or for more information, please visit www.alz.org/crf, call the 24/7 Helpline at 1.800.272.3900, or email dmsimmons@alz.org.

The below groups are for family members or friends who have a loved one with Alzheimer’s disease or another form of dementia at any stage of the disease.

Greeley—West View Church of Christ	Every Tuesday	9:30 - 10:30 am	By Phone— See instructions on how to join.
Erie—Erie Community Center	1st Thursday	4:00 - 5:30 pm	By Video or Phone — See instructions on how to join.
Brush—Eben Ezer Lutheran Care Center	2nd Monday	11:30 am - 1:00 pm	By Phone— See instructions on how to join.

Specialized Groups

To register or for more information, please visit www.alz.org/crf, call the 24/7 Helpline at 1.800.272.3900, or email dmsimmons@alz.org.

Specialized groups are offered for the variety of needs specific to particular types of dementia and caregiving scenarios. Please note, caregivers may attend any group that best meets their needs.

GROUP THEME	DAY	TIME
Veterans Caregiver Group	1st Tuesday	9:30—11:00 a.m.
Lewy Body Dementia Caregiver Group	2nd Monday	6:00—7:30 p.m.

NO COST TO ATTEND.

FOR MORE INFORMATION, CALL 800.272.3900 OR VISIT: ALZ.ORG/





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GROUP THEME	DAY	TIME
Grieving through Dementia - A support group to discuss anticipatory grief	2nd Wednesday	10:00—11:30 a.m.
Younger Onset Caregiver Group	2nd Wednesday	6:00—7:30 p.m.
New Beginnings - A support group for those grieving the loss of a loved one	3rd Monday	11:30 a.m.—1:00 p.m.
Adult Children Caregiver Group - A support group for children caring for aging parents	3rd Monday	6:00—7:30 p.m.
Men's Caregiver Group	3rd Wednesday	1:00—2:30 p.m.
Adult Children Caregiver Group - A support group for children caring for aging parents	3rd Wednesday	7:00—8:00 p.m.
Women's Caregiver Group	3rd Thursday	10:30 a.m.—Noon
Frontotemporal Dementia Caregiver Group	3rd Thursday	Noon—1:30 p.m.
Sandwich Generation Caregiver Group - A support group for those raising children and caring for an elder with dementia	4th Saturday	10:00—11:30 a.m.

NO COST TO ATTEND.

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