



Come as you are!

June 20, 2021
The Fourth Sunday After Pentecost
Campership Sunday & Father's Day

Welcome

The Opening Song

All creatures worship God most high,
lift up your voice in earth and sky,
alleluia, alleluia!
Thou burning sun with golden beam,
thou silver moon with softer gleam,
O sing ye, O sing ye, alleluia, alleluia, alleluia!

Thou rushing wind that art so strong,
ye clouds that sail in heav'n along,
alleluia, alleluia!
Thou rising morn in praise rejoice,
ye lights of evening, find a voice,
O sing ye, O sing ye, alleluia, alleluia, alleluia!

Thou flowing water, pure and clear,
make music for thy God to hear,
alleluia, alleluia!
Thou fire so masterful and bright,
that givest all both warmth and light,
O sing ye, O sing ye, alleluia, alleluia, alleluia!

Opening Acclamation

Blessed be the one, holy, and living God.
Glory to God for ever and ever.

Let us pray.

Creator God, you made the goodness of the land, the riches of the sea and the rhythm of the seasons; in this season of planting, inspire us to plant seeds of love in our work, in our families, and in our neighborhood, through Jesus Christ our Lord. **Amen.**

The Lessons

A Reading from Job

Then the LORD answered Job from the heart of the Storm: who is this obscuring my plans with such ignorant words? Hitch up your belt like the fighter you are; now I will ask the questions and you will answer me! Where were you when I created the earth? If you know the answer, tell me! Who decided its size? Do you know? Who stretched the measuring line across it? Into what foundation were its pillars sunk? Who laid the cornerstone while all the choruses of morning stars sang and the heavenly court shouted for joy? And who held back the sea behind partitions when it burst forth from my womb, when I created clouds as the earth's raiment and thick darkness as its swaddling clothes—when I drew limits around the waters and locked the partitions in place and said, “This far and no more; this is where your mighty waves stay”?

Hear what the Spirit is saying to God's people.

Thanks be to God.

Psalm 107

*The cantor sings this antiphon, **then all repeat:***

The musical notation consists of two staves. The top staff is in treble clef and the bottom staff is in bass clef. The lyrics are: "Give thanks to the LORD, whose mercy endures for ever." The music features various note values including eighth and sixteenth notes, with several grace notes and slurs. The bass staff provides harmonic support with sustained notes and chords.

From *A HymnTune Psalter, Revised Common Lectionary Edition* © 2007 by Carl P. Daw, Jr. and Kevin R. Hackett. Church Publishing Incorporated.
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Give thanks to the Lord, for God is good, *
and God's mercy endures for ever.
Some went down to the sea in ships *
and plied their trade in deep waters;
They beheld the works of the Lord *
and God's wonders in the deep.
Then God spoke, and a stormy wind arose, *
which tossed high the waves of the sea.

All sing antiphon

Then they cried to the Lord in their trouble, *
and God delivered them from their distress.
God stilled the storm to a whisper *
and quieted the waves of the sea.
Then were they glad because of the calm, *
and God brought them to the harbor they were bound for.

All sing antiphon

Let them give thanks to the Lord for God's mercy *
and the wonders God does for God's children.

Let them exalt God in the congregation of the people *
and praise God in the council of the elders.

All sing antiphon

The Gospel

The Holy Gospel of our Lord Jesus Christ according to Mark.

Glory to you, Lord Christ.

With the coming of evening that same day, Jesus said to the disciples, “Let’s cross over to the other shore.” Leaving the crowd behind, they took Jesus in the boat in which he was sitting. There were other boats with them. Then a fierce gale arose, and the waves were breaking into the boat so much that it was almost swamped. 38 But Jesus was in the stern through it all, sound asleep on a cushion. They woke him and said, “Teacher, doesn’t it matter to you that we’re going to drown?” Jesus awoke, rebuked the wind and said to the sea, “Quiet! Be calm!” And the wind dropped and everything was perfectly calm. Jesus then said to the disciples, “Why were you so frightened? Have you no faith?” But they became filled with fear and said to one another, “Who is this, whom even the wind and sea obey?”

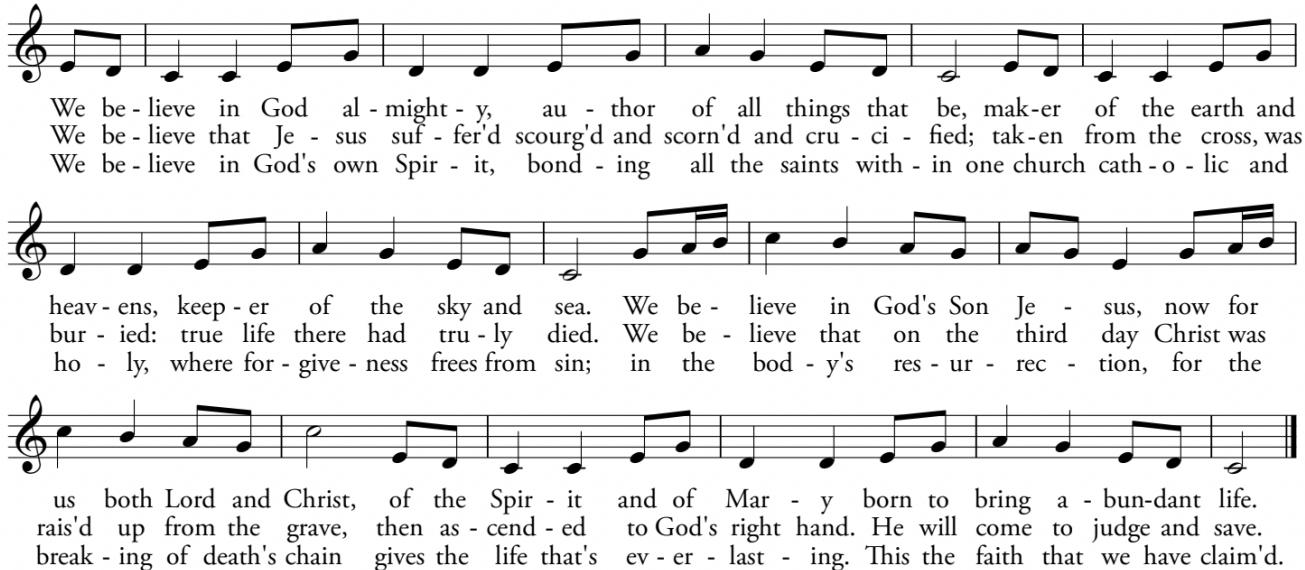
The Gospel of the Lord.

Praise to you, Lord Christ.

Sermon The Rev. Mary Lynn Coulson

The Nicene Creed

A creed is a statement of belief. This creed was created in 325 CE, and has been used in eucharistic services since at least the fifth century. It connects us to Christians throughout the world and throughout history.



We be - lieve in God al - might - y, au - thor of all things that be, mak-er of the earth and
We be - lieve that Je - sus suf - fer'd scourg'd and scorn'd and cru - ci - fied; tak-en from the cross, was
We be - lieve in God's own Spir - it, bond - ing all the saints with - in one church cath - o - lic and

heav - ens, keep - er of the sky and sea. We be - lieve in God's Son Je - sus, now for
bur - ied: true life there had tru - ly died. We be - lieve that on the third day Christ was
ho - ly, where for - give - ness frees from sin; in the bod - y's res - ur - rec - tion, for the

us both Lord and Christ, of the Spir - it and of Mar - y born to bring a - bun-dant life.
rais'd up from the grave, then as - cend - ed to God's right hand. He will come to judge and save.
break - ing of death's chain gives the life that's ev - er - last - ing. This the faith that we have claim'd.

words: Sylvia Dunstan; music: Nettleton

The Prayers of the People

O God, our great Gardener, like the seeds we plant in the ground, you have planted your hope in us. You plant seeds in our hearts: our dreams, joys, sorrows, and longings. Each prayer is a seed you have planted, and when we offer our prayers to you, your Spirit waters the fertile soil of our lives.

We pray for those who suffer,
for those who have no food or homes,
for those who are lonely, sick, or afraid.

We pray for those we love but see no more.
We pray for our neighborhood, Pacific Beach,
for your kingdom of equity and justice to be made real here.
We pray for St. Andrew's, knowing you are planting seeds in our community.

As we offer our prayers to God silently and aloud, all are invited to come forward and write prayers on a piece of seed paper. You could write a hope, a dream, the name of a person on your heart, or your own need. Then take the paper and bury it in the dirt, offering your prayer to God. (*music plays while the people plant their prayers*)

Let us listen in silence to the sounds of God's creation. Let us listen for the sounds of wind, insects, birds, and animals. (*a period of silence is kept*) Amen.

The Peace

The peace of Christ be always with you.

And also with you.

Birthday Blessing

Watch over your children, O Lord, as their days increase. Bless and guide them wherever they may be. Strengthen them when they stand. Comfort them when discouraged or sorrowful. Raise them up if they fall. And in their hearts may your peace which passes understanding abide all the days of their lives. Through Jesus Christ our Lord. **Amen.**

Blessing for Father's Day

On this Father's Day, we give thanks to God for the divine gift of fatherhood in all its diverse forms. Let us bless and pray for all fathers among us today; for our own fathers, those living and those who have passed away; for the fathers who loved us and for those who fell short of loving us fully; for all who hope to be fathers someday, and for those whose hope to have children has been frustrated; for all fathers who have lost children; for all those who have fathered others in any way—those who have been our substitute father and we who have done so for those in need; and for the earth that bore us and provides us with our sustenance. We pray this all in the name of God, our great and loving Father. **Amen.**

Community Announcements

The Eucharistic Prayer

Wherever you find yourself on the journey of faith you are welcome to receive the bread made holy.

Please stand, as able.

God be with you.

And also with you.

Lift up your hearts.

We lift them to the Lord.

Let us give thanks to the Lord our God.

It is right to give our thanks and praise.

We praise you and we bless you, holy and gracious God, source of life abundant.

From before time you made ready the creation. Your Spirit moved over the deep and brought all things into being: sun, moon, and stars; earth, winds, and waters; and every living thing.

You made us in your image, and taught us to walk in your ways. But we rebelled against you, and wandered far away; and yet, as a mother cares for her children, you would not forget us.

Time and again you called us to live in the fullness of your love. And so this day we join with Saints and Angels in the chorus of praise that rings through eternity, lifting our voices to magnify you as we sing,

**Holy, holy, holy Lord, God of power and might,
Holy, holy, holy Lord, God of power and might,
heaven and earth are full, full of your glory.
Hosanna in the highest, hosanna in the highest!
Blessed is he who comes in the name of the Lord.
Hosanna in the highest, hosanna in the highest!**

Glory and honor and praise to you, holy and living God. To deliver us from the power of sin and death and to reveal the riches of your grace, you looked with favor upon Mary, your willing servant, that she might conceive and bear a son, Jesus the holy child of God.

Living among us, Jesus loved us. He broke bread with outcasts and sinners, healed the sick, and proclaimed good news to the poor. He yearned to draw all the world to himself yet we were heedless of his call to walk in love.

Then the time came for him to complete upon the cross the sacrifice of his life, and to be glorified by you. On the night before he died for us, Jesus was at table with his friend. He took bread, gave thanks to you, broke it, and gave it to them, and said: "Take, eat: This is my Body, which is given for you. Do this for the remembrance of me."

As supper was ending, Jesus took the cup of wine. Again he gave thanks to you, gave it to them, and said: "Drink this, all of you: This is my Blood of the new Covenant, which is poured out for you and for all for the forgiveness of sins. Whenever you drink it, do this for the remembrance of me."

Now gathered at your table, O God of all creation, and remembering Christ crucified and risen, who was and is and is to come, we offer to you our gifts of bread and wine, and ourselves, a living sacrifice.

Pour out your Spirit upon these gifts that they may be the Body and blood of Christ. Breathe your Spirit over the whole earth and make us your new creation, the Body of Christ given for the world you have made.

In the fullness of time bring us, with St. Andrew and all your saints, from every tribe and language and people and nation, to feast at the banquet prepared from the foundation of the world.

Through Christ and with Christ and in Christ, in the unity of the Holy Spirit, to you be honor, glory, and praise, for ever and ever. **Amen.**

And now, as our Savior Christ has taught us, we are bold to pray:

**Our Father in heaven, hallowed be your name,
Your kingdom come, your will be done on earth as in heaven.
Give us today our daily bread.
Forgive us our sins as we forgive those who sin against us.
Save us from times of trial, and deliver us from all evil.
For the kingdom, the power, and the glory are yours, now and for ever.
Amen.**

The bread is broken.

The gifts of God for the people of God.

Let us take Christ within our bodies, and become the Body of Christ.

Please come forward to receive communion. If you would prefer not to receive the bread, we invite you to come forward with your hands crossed at your shoulders, and the priest will offer a blessing for your presence with us today.

Communion Music

I don't want to be afraid every time I face the waves
I don't want to be afraid,
I don't want to be afraid

I don't want to fear the storm just because I hear it roar
I don't want to fear the storm,
I don't want to fear the storm

Peace, be still
Say the word and I will
set my feet upon the sea
'till I'm dancing in the deep
Peace, be still
You are here so it is well
Even when my eyes can't see
I will trust the voice that speaks

I'm not gonna be afraid 'cause these waves are only waves
I'm not gonna be afraid
I'm not gonna be afraid

I'm not gonna fear the storm, You are greater than it's roar
I'm not gonna fear the storm
I'm not gonna fear at all

Let faith rise up
O heart, believe
Let faith rise up in me

Songwriters: Andrew Holt / Mia Leanne Cherie Fieldes / Hope Rachelle Darst

The Post-Communion Prayer

Let us pray.

**Loving God, we give you thanks for restoring us in your image and
nourishing us with spiritual food in the Sacrament of Christ's Body and
Blood. Now send us forth a people, forgiven, healed, renewed; that we may
proclaim your love to the world and continue in the risen life of Christ our
Savior. Amen.**

The Blessing

The Wisdom of God
the Love of God
and the Grace of God strengthen you
to be Christ's hands and heart in this world,
in the name of the Holy Trinity. **Amen.**

The Sending Song

Verses 1, 3, and 4

1. 'Tis so sweet to trust in Je - sus, Just to take Him at His word.
2. O how sweet to trust in Je - sus, Just to trust His cleans - ing blood.
3. Yes, 'tis sweet to trust in Je - sus, Just from sin and self to cease.
4. I'm so glad I learned to trust thee, Pre-cious Je - sus, Sa - vior, Friend;

1. Just to rest up - on His prom - ise, Just to know, "Thus saith the Lord."
2. Just in sim - ple faith to plunge me 'Neath the heal - ing, cleans - ing flood!
3. Just from Je - sus sim - ply tak - ing Life and rest and joy and peace.
4. And I know that thou art with me, Wilt be with me to the end.

Je - sus, Je - sus, how I trust Him! How I've proved Him o'er and o'er!

Je - sus, Je - sus, pre - cious Je - sus! O for grace to trust Him more!

The Dismissal

Go in peace to love and serve the Lord.

Thanks be to God!

Announcements

Parish Retreat at Camp Stevens!

Book your spot now for the all parish retreat coming up September 17 - 19 at Camp Stevens, our diocesan camp in Julian. The weekend includes four meals, activities, down time, and church in the outdoor chapel on Sunday morning. It may seem far away, but spaces are filling up quickly! Please email Amelia Leahy: info.standrewspb@gmail.com to make your reservation. If you would like to contribute to the campership (a camp scholarship) drive for kids to attend camp who would not otherwise get to go, please visit: campstevens.org/give.

Service Time Change: 10:30am

We're so glad you're here this morning as our service time transitions to 10:30am. We made this change to accommodate for another worshipping congregation that will meet Sundays at 8:30am. They are Pacific Life Church, and have been renting our space Sunday afternoons for the past few months. We are grateful to be able to share our space with Pacific Life Church. We hope this shift will give you a little more time to sleep in and get to church in the mornings! If you have any questions or concerns, please email senior warden Dan Uebersetzig: duebers1@hotmail.com.

Indoor Worship Resumes July 4

Our bishop has released new guidelines, and we will resume worshiping indoors on Sunday, July 4. All vaccinated people are free to remove masks inside, while unvaccinated people are encouraged to remain masked. If you would like to help restart coffee hour, please reach out to Mother Mary Lynn: marylynn.standrewspb@gmail.com.

The Tidings Newsletter

Our next issue of the Tidings newsletter is coming to your home mailbox soon. It contains different content from the weekly enews, and more in-depth reflections. If you do not currently receive the Tidings and would like to, please email your physical address to Amelia Leahy: info.standrewspb@gmail.com.

Students: Scholarship

If you are preparing to enter a full-time college or university this fall, you are eligible to apply for the Johnson Wong Scholarship! This fund is generously provided by St. Andrew's members who are committed to the education of our young people.

Application deadline is Sunday, August 29. Contact Becky for the application and more information: rwj3939@gmail.com.

Summer Socials

Pajamas and S'Mores

June 26, July 24 and August 21, 6 - 7:30pm

Come eat s'mores and hear a bedtime story told by Mother Mary Lynn! We will also have instruments out for a fun sing-along, and time to just be together.

Picnic After Church

July 4 and August 1, 11:30am - 12:30pm

Bring your own lunch and blanket for a picnic after the Sunday service!

Women's Bible Study

Wednesday at 9am - children are welcome to join! Email marylynn@standrewspb.org for more information. The Women's Bible study is currently reading *Inspired* by Rachel Held Evans, a book about "loving the Bible again."

Become a Member of St. Andrew's

Is St. Andrew's your spiritual home? Make it official and become a church member!

Being a member of a church is one way to put down roots in this place, and to make your mark on this community of faith. Talk to Mother Mary Lynn if you would like more information: marylynn.standrewspb@gmail.com.