



February 8, 2026 - Fifth Sunday after Epiphany
St. Andrew's by-the-Sea Episcopal Church
standrewspb.org

Welcome

Gathering Song

Gather Us In

Worship & Rejoice 649

Worship & Rejoice is the blue hymnal in the pew rack.

Opening Acclamation and Collect of the Day

Blessed be our God.

For ever and ever. Amen.

God be with you.

And also with you.

Set us free, O God, from the bondage of our sins, and give us the liberty of that abundant life which you have made known to us in your Son our Savior Jesus Christ; who lives and reigns with you, in the unity of the Holy Spirit, one God, now and for ever.

Amen.

First Reading

A reading from the prophet Isaiah.

Shout out, do not hold back! Lift up your voice like a trumpet! Announce to my people their rebellion, to the house of Jacob their sins. Yet day after day they seek me and delight to know my ways, as if they were a nation that practiced righteousness and did not forsake the ordinance of their God; they ask of me righteous judgments, they delight to draw near to God. "Why do we fast, but you do not see? Why humble ourselves, but you do not notice?" Look, you serve your own interest on your fast day, and oppress all your workers. Look, you fast only to quarrel and to fight and to strike with a wicked fist. Such fasting as you do today will not make your voice heard on high. Is such the fast that I choose, a day to humble oneself? Is it to bow down the head like a bulrush, and to lie in sackcloth and ashes? Will you call this a fast, a day acceptable to the LORD?

Is not this the fast that I choose: to loose the bonds of injustice, to undo the thongs of the yoke, to let the oppressed go free, and to break every yoke? Is it not to share your bread with the hungry, and bring the homeless poor into your house; when you see the naked, to cover them, and not to hide yourself from your own kin? Then

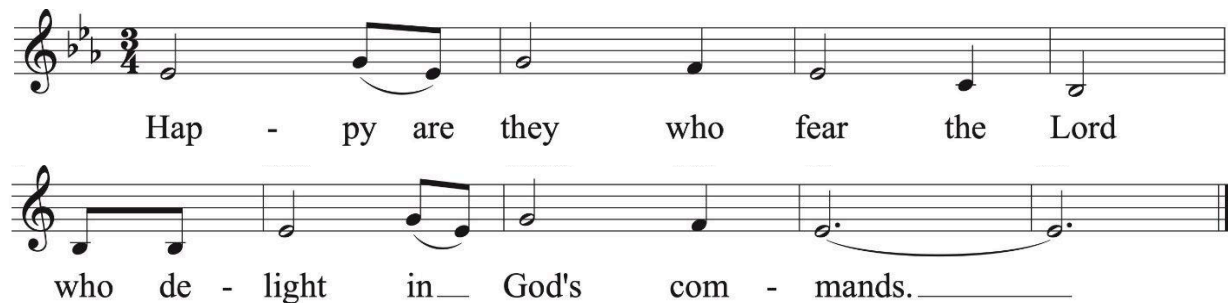
your light shall break forth like the dawn, and your healing shall spring up quickly; your vindicator shall go before you, the glory of the LORD shall be your rear guard. Then you shall call, and the LORD will answer; you shall cry for help, and he will say, Here I am.

If you remove the yoke from among you, the pointing of the finger, the speaking of evil, if you offer your food to the hungry and satisfy the needs of the afflicted, then your light shall rise in the darkness and your gloom be like the noonday. The LORD will guide you continually, and satisfy your needs in parched places, and make your bones strong; and you shall be like a watered garden, like a spring of water, whose waters never fail. Your ancient ruins shall be rebuilt; you shall raise up the foundations of many generations; you shall be called the repairer of the breach, the restorer of streets to live in.

Hear what the Spirit is saying to God's people.

Thanks be to God

Psalm 112 *The cantor sings the antiphon once, then all join.*



1. Their descendants will be mighty in the land, the upright will be blessed. Wealth and riches will be in their house, their righteousness will last forever.
2. Light shines in the darkness for the just, the righteous show great mercy. It is good for them to be generous, to manage their affairs with justice.
3. The righteous will be remembered, their trust is in the Lord. Their heart is right, they never fear, they put their trust in the Lord.
4. They have given to the poor and needy ones, their righteousness stands firm. Their heart is fixed, it will not shrink. They hold their heads up high.

Music: NEW BRITAIN © Text: Psalm 112, Katie Cavallo Rholl 2026, for St. Andrew's by-the-Sea in San Diego, CA

Second Lesson

A reading from the letter of Saint Paul to the Corinthians.

When I came to you, brothers and sisters, I did not come proclaiming the mystery of God to you in lofty words or wisdom. For I decided to know nothing among you except Jesus Christ, and him crucified. And I came to you in weakness and in fear and in much trembling. My speech and my proclamation were not with plausible words of wisdom, but with a demonstration of the Spirit and of power, so that your faith might rest not on human wisdom but on the power of God.

Yet among the mature we do speak wisdom, though it is not a wisdom of this age or of the rulers of this age, who are doomed to perish. But we speak God's wisdom, secret and hidden, which God decreed before the ages for our glory. None of the rulers of this age understood this; for if they had, they would not have crucified the Lord of glory. But, as it is written,

“What no eye has seen, nor ear heard, nor the human heart conceived,
what God has prepared for those who love him”—

these things God has revealed to us through the Spirit; for the Spirit searches everything, even the depths of God. For what human being knows what is truly human except the human spirit that is within? So also no one comprehends what is truly God's except the Spirit of God. Now we have received not the spirit of the world, but the Spirit that is from God, so that we may understand the gifts bestowed on us by God.

Hear what the Spirit is saying to God's people.

Thanks be to God.

Gospel Acclamation



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The Gospel

The Holy Gospel of our Savior Jesus Christ according to Matthew.

Glory to you, Lord Christ.

Jesus said, “You are the salt of the earth; but if salt has lost its taste, how can its saltiness be restored? It is no longer good for anything, but is thrown out and trampled under foot.

“You are the light of the world. A city built on a hill cannot be hid. No one after lighting a lamp puts it under the bushel basket, but on the lampstand, and it gives light to all in the house. In the same way, let your light shine before others, so that they may see your good works and give glory to your Father in heaven.

“Do not think that I have come to abolish the law or the prophets; I have come not to abolish but to fulfill. For truly I tell you, until heaven and earth pass away, not one letter, not one stroke of a letter, will pass from the law until all is accomplished. Therefore, whoever breaks one of the least of these commandments, and teaches others to do the same, will be called least in the kingdom of heaven; but whoever does them and teaches them will be called great in the kingdom of heaven. For I tell you, unless your righteousness exceeds that of the scribes and Pharisees, you will never enter the kingdom of heaven.”

The Gospel of the Lord.

Praise to you, Lord Christ.

The Sermon

The Rev. Daniel McMillan

The Creed

A "creed" is a statement of belief. This song is a rewriting of an ancient creed, the Nicene Creed, written by Christians in 325 AD. We don't see these as things everyone must believe in order to belong to this church community. Rather, they are the framework for our curiosity, and the claims that ground our faith.



1. We be - lieve in__ God al - might - y, au - thor of all__
2. We be - lieve that Je - sus suf - fer'd, scourg'd and scourn'd and
3. We be - lieve in__ God's own Spir - it, bond - ing all the__



things that be, mak - er__ of the earth and heav - ens,
cru - ci - fied; tak - en__ from the cross, was bur - ied
saints with - in, one church cath - 'lic, one church ho - ly,



keep - er of the sky and sea. We be - lieve in God's Son, Je - sus,
True life there had tru - ly died. We be - lieve that on the third day
where for - give - ness frees from sin; in the bod - y's res - ur - rec - tion,



now for__ us both Lord and__ Christ, of the Spir - it__
Christ was__ rais'd up from the__ grave, then as - cend - ed__
for the__ break - ing of death's chain gives the life that's



and of Ma - ry born to__ bring a - bun - dant life.
to God's right hand. He will come to__ judge and save.
ev - er - last - ing. This the__ faith that we have claim'd.

Text: Sylvia G. Dunstan
Tune: PLEADING SAVIOR, 8 7 8 7 D; Christian Lyre, 1830; harm. by Richard Proulx, 1937-2010

The Prayers of the People

God of Light, you place your star in our hearts. Help us this day and always to see the light of your star and to follow it, no matter where it leads.

Light of the world, fill us with your love.

God of Journeys, thank you for being with us every step of life's way. We pray for those whose hearts, minds, or bodies are broken. We pray for those whose journey is sad, lonely, or painful, especially those we now name (*pause*). We pray, **Light of the world, fill us with your love.**

God of Justice, send your Spirit to move in every human heart, that barriers which divide us may crumble, suspicions disappear, and hatreds cease. Help us to stand against injustice, advocate for those who are marginalized, and work together to build a world of compassion, fairness, and peace.

Light of the world, fill us with your love.

God of All the World, you sent Jesus to be the light of the world. Help us to welcome him, and show us how to respond to your call and be your light in the world like him.

Light of the world, fill us with your love.

God of Dreams, we pray that your dream for creation would become our dream. Use us to make your dream come true. We pray especially for your dream to come true today among those who are hungry, those who are in prison, and those who are oppressed or marginalized. And we pray for those who are sick, lonely, or in need of a loving embrace, especially those we now name (*pause*). We pray for those who have died and those we now name (*pause*). We pray,

Light of the world, fill us with your love.

God of Joy, thank you for the gift of life. Thank you for the moments when our hearts swell with gladness. Thank you for the color orange, and for the way sand feels beneath our toes. Thank you for peppermint and cinnamon. Thank you for glitter and Legos. Thank you for iguanas and chocolate. Thank you, God. Thank you, thank you, thank you.

Light of the world, fill us with your love. Amen.

Confession and Assurance of Pardon

Deacon: The prophets spoke of the coming light of God which calls all the people of the earth to come together in God's realm of shalom. Let us confess the ways in which we have rejected God's vision of wholeness.

God of light and darkness, we have seen the glimmer of your star-light beckoning to us, but we have turned away and followed other paths. We confess that we have not loved you with all our heart, with all our soul, with all our mind, and with all our strength. We have not loved our neighbors as ourselves. Forgive us, Holy One. Strengthen our faltering steps and guide us in your holy way of peace. Amen.

Almighty God have mercy on you, forgive you all your sins through our Lord Jesus Christ, strengthen you in all goodness, and by the power of the Holy Spirit keep you in eternal life.

Amen.

The Peace

The peace of Christ be always with you.

And also with you.

The people exchange signs of peace - a hug, a high-five, a peace sign, or a wave.

Community Announcements

The Offertory

Jesus said, "I am the light of the world; those who follow me will not walk in darkness, but will have the light of life."



The Rev'd Sarah West / visiolectio.com

Offertory Hymn

O God of Light, May Our Light Shine



1. O God of light, may our light shine In ways that
2. God, where your peo - ple are op - pressed And where they
3. Christ, when your way is pushed a - side By those who



serve and hon - or__ you. May we be__ lov - ing, just and
cry out in des - pair, Make us your light to heal, to__
trust in wealth and might, Make us your lamps that we may



kind, Pro - claim - ing Christ in all we__ do._____
bless A wit - ness, Lord, that you are there._____
guide A search - ing world to your love's light._____

Text: © 2008 by Carolyn Winfrey Gillette. All rights reserved. Tune: O WALY, WALY, LM; arr. by John L. Bell, b. 1949

If you would like to make a gift to St. Andrew's, please place your offering in the basket provided. You can also give online at standrewspb.org/give-to-st-andrews, or scan this code. Thank you! When the offering is brought to the front, we stand and sing together:



Praise God, all glo - rious heav - 'nly light; Praise Christ, re -



vealed in earth - ly night; Praise God, the Spir - it now we



raise; Our joy - ful songs of thank - ful praise.

Text: Charles Coffin © Music: Josh Garrels

The Eucharistic Prayer

God be with you.

And also with you.

Lift up your hearts.

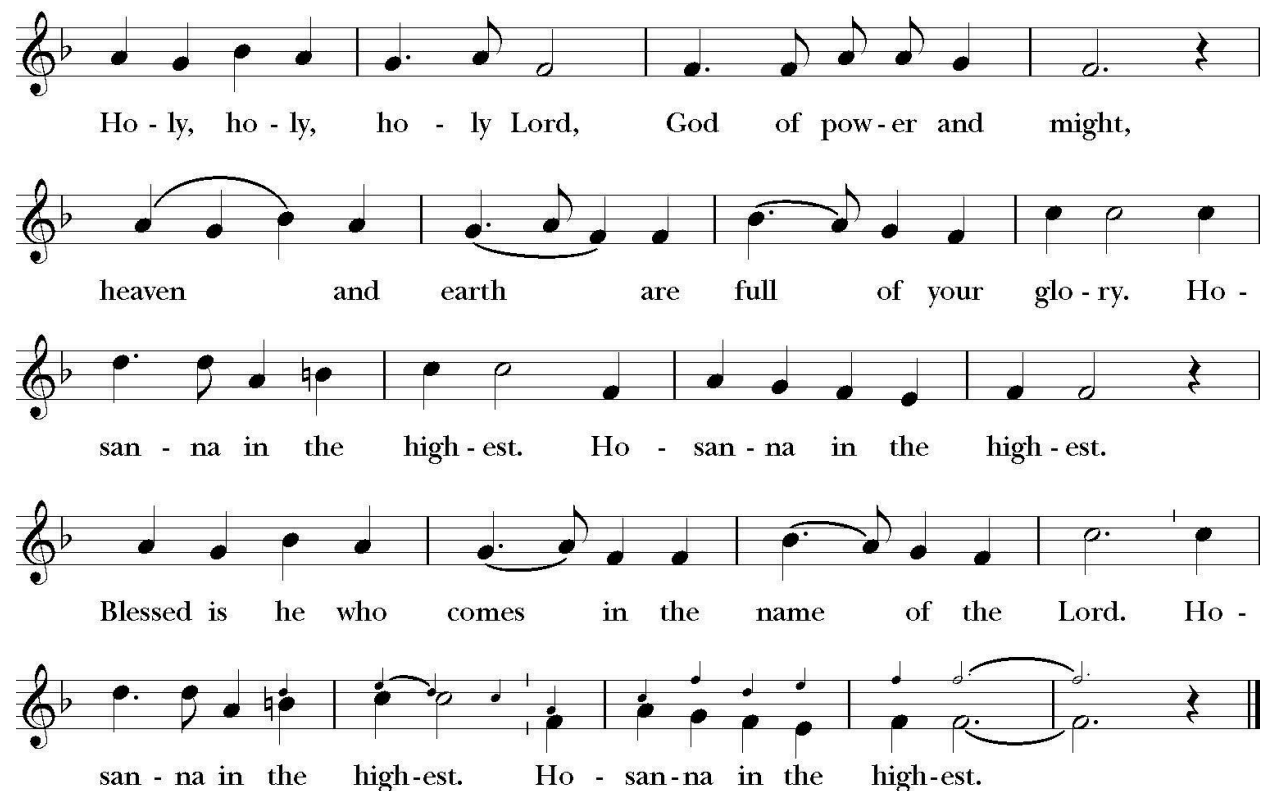
We lift them up to the Lord.

Let us give thanks to the Lord our God.

It is right to give God thanks and praise.

It is truly right, and good and joyful, to give you thanks, all-holy God, source of life and fountain of mercy. You have filled us and all creation with your blessing and fed us with your constant love; you have redeemed us in Jesus Christ and knit us into one body. Through your Spirit you replenish us and call us to fullness of life.

Therefore, joining with Angels and Archangels and with the faithful of every generation, we lift our voices with all creation as we sing:



Ho - ly, ho - ly, ho - ly Lord, God of pow - er and might,
heaven and earth are full of your glo - ry. Ho -
san - na in the high - est. Ho - san - na in the high - est.
Blessed is he who comes in the name of the Lord. Ho -
san - na in the high - est. Ho - san - na in the high - est.

Blessed are you, gracious God, creator of the universe and giver of life. You formed us in your own image and called us to dwell in your infinite love. You gave the world into our care that we might be your faithful stewards and show forth your bountiful grace. But we

failed to honor your image in one another and in ourselves; we would not see your goodness in the world around us; and so we violated your creation, abused one another, and rejected your love.

Yet you never ceased to care for us, and prepared the way of salvation for all people. Through Abraham and Sarah you called us into covenant with you. You delivered us from slavery, sustained us in the wilderness, and raised up prophets to renew your promise of salvation.

Then, in the fullness of time, you sent your eternal Word, made mortal flesh in Jesus. Born into the human family, and dwelling among us, he revealed your glory. Giving himself freely to death on the cross, he triumphed over evil, opening the way of freedom and life.

On the night before he died for us, Our Savior Jesus Christ took bread, and when he had given thanks to you, he broke it, and gave it to his friends, and said: **“Take, eat: This is my Body which is given for you. Do this for the remembrance of me.”**

As supper was ending, Jesus took the cup of wine, and when he had given thanks, he gave it to them, and said: **“Drink this, all of you: This is my Blood of the new Covenant, which is poured out for you and for all for the forgiveness of sins. Whenever you drink it, do this for the remembrance of me.”**

Therefore we proclaim the mystery of faith:
Christ has died. Christ is risen. Christ will come again.

Remembering Christ’s death and resurrection, we now present to you from your creation this bread and this wine. By your Holy Spirit may they be for us the Body and Blood of our Savior Jesus Christ. Grant that we who share these gifts may be filled with the Holy Spirit and live as Christ’s Body in the world. Bring us into the everlasting heritage of your children, that with all your saints, past, present, and yet to come, we may praise your Name for ever. Through Christ and with Christ and in Christ, in the unity of the Holy Spirit, to you be honor, glory, and praise, for ever and ever. **AMEN.**

As our Savior Christ has taught us, we are bold to pray,

**Our Father, who art in heaven,
hallowed be thy Name,
thy kingdom come,
thy will be done,
on earth as it is in heaven.**

**Give us this day our daily bread.
And forgive us our trespasses,
as we forgive those
who trespass against us.
And lead us not into temptation,**

**but deliver us from evil.
For thine is the kingdom,**

**and the power, and the glory,
for ever and ever. Amen.**

The Celebrant breaks the consecrated Bread. A period of silence is kept.

The bread which we break
is a sharing in the Body of Christ.

The wine which we bless
is a sharing in the Blood of Christ.
The gifts of God for the people of God.

Wherever you find yourself on the journey of faith you are welcome to receive the bread and wine made holy. Please come forward to receive communion. The minister will dip the bread into the wine and then place it in your hands. If you need gluten-free wafers, please say "gluten free" to the person distributing bread. If you prefer to receive the bread only (and not wine), please come forward and say "bread only." If you prefer not to receive communion, we invite you to come forward with your hands crossed at your shoulders, and the minister will offer a blessing for your presence with us today. Let an usher know if you would like a minister to bring communion to you in your seat.

Communion Hymn

Be More Kind

Frank Turner

History's been leaning on me lately;
I can feel the future
breathing down my neck
And all the things I thought were true
When I was young, and you were too
Turned out to be broken
And I don't know what comes next

And there's something wrong with that

So before you go out searching
Don't decide what you will find
Be more kind, my friends
Try to be more kind

In a world that has decided
That it's going to lose its mind
Be more kind, my friends
Try to be more kind

You should know you're not alone
And that trouble comes,
and trouble goes
How this ends, no one knows
So hold on tight when the wind blows

They've started raising walls
around the world now
Like hackles raised upon a cornered cat
On the borders, in our heads

The wind blew both of us
to sand and sea
And where the dry land stands
is hard to say
As the current drags us by the shore
We can no longer say for sure
Who's drowning
Or when they will be saved

Between things that can
and can't be said
We've stopped talking to each other

But when you're out there floundering
Like a lighthouse I will shine
Be more kind, my friends
Try to be more kind
Like a beacon reaching out
To you and yours from me and mine
Be more kind, my friends

Try to be more kind
In a world that has decided
That it's going to lose its mind
Be more kind, my friends
Try to be more kind

Blessings and Celebrations

If you're celebrating a birthday, an anniversary of a wedding or sobriety, or another event, you are invited to come forward for prayer. We hold space to pray for joyous occasions as well as difficult milestones.

Watch over your children, O Lord, as their days increase. Bless and guide them wherever they may be. Strengthen them when they stand. Comfort them when discouraged or sorrowful. Raise them up if they fall. And in their hearts may your peace which passes understanding abide all the days of their lives. Through Jesus Christ our Lord. **Amen.**

Post Communion Prayer

Let us pray. **God of abundance, you have fed us with the bread of life and cup of salvation; you have united us with Christ and one another; and you have made us one with all your people in heaven and on earth. Now send us forth in the power of your Spirit, that we may proclaim your redeeming love to the world and continue for ever in the risen life of Christ our Savior. Amen.**

The Blessing

May Christ's bright star enlighten your mind and heart as you strive for equality, justice and kindness in the world, and the blessing of God the Father, God the Son, and God the Holy Spirit be with you and remain with you forever. **Amen.**

The Sending Song

See next page.

Love, Take a Walk with Me

The Dismissal

Go in peace to love and serve the Lord.
Thanks be to God!

The Sending Song: *Bring Forth the Kingdom*

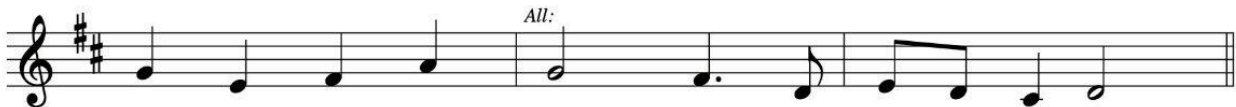
Verses



1. You are salt for the earth, O peo - ple:
2. You are a light on the hill, O peo - ple:
3. You are a seed of the Word, O peo - ple:
4. We are a blest and a pil - grim peo - ple:



Salt for the King-dom of God! Share the fla - vor of
 Light for the Cit - y of God! Shine so ho - ly and
 Bring forth the King-dom of God! Seeds of mer - cy and
 Bound for the King-dom of God! Love our jour - ney and



life, O peo - ple: Life in the King-dom of God!
 bright, O peo - ple: Shine for the King-dom of God!
 seeds of jus - tice, Grow in the King-dom of God!
 love our home - land: Love is the King-dom of God!

Refrain



Bring forth the King-dom of mer - cy, Bring forth the



King-dom of peace; Bring forth the King-dom of jus - tice,



Bring forth the Cit - y of God!

Text: Marty Haugen, b.1950
 Tune: Marty Haugen, b.1950
 © 1986, GIA Publications, Inc.

If this is your first time at St. Andrew's, welcome! We're so glad you're here. Please stop by our welcome table after the service to learn more about us, and let us learn about you. We are a church community rooted in Jesus, and committed to these core values: joyful authenticity, radical inclusion, grounded curiosity, and loving justice.

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Community Announcements

Pacific Beach Community Choir: New Season Starts February 17

Interested in singing in our community choir? Our new season starts on Tuesday, February 17th. Rehearsals are held in the back of the church from 7-8:30pm every Tuesday through May. We'll be singing "This is Me" from the Greatest Showman, "Waka Waka" by Shakira, "Will You Be There" by Michael Jackson, and more! Come, join the fun, meet new friends, and make beautiful music with others! This is an audition-free, donation-based choir. You do not need to be able to read music. All are welcome, highschool ages and older. For more information, email Katie at katie@standrewspb.org.

Stay Connected

If you'd like to receive news and event information from St. Andrew's, please sign up for our weekly enews by emailing info@standrewspb.org. We never share your contact information with anyone.



Rebel Women Bible Study

The Bible is full of women who bucked the status quo. Ruth, Naomi, Deborah, Jael - meet the real women of the Bible. No experience reading the Bible? No problem! We approach these stories with curiosity and encourage doubt, questioning, and wrestling with the text. Discover that "biblical womanhood" is all about risk, strength, and justice for the marginalized. Come connect with other women asking big questions and seeking support on their spiritual journey.

Join us on Wednesdays at 9:30 am in the Sanctuary as we begin our new book together, "God in the Dark" by Os Guinness.

Supporting Hunger Suppers

Our weekly meal program is consistently serving over 100 people each week! The operational budget for the Hunger Supper ministry is in need of donations to support this increase of nearly double the numbers of guests we served in past years. We are also in need of volunteers to step up as team leads, who plan the meal, shop for the ingredients, and prepare it. Food Handler's certificates are required, and our Volunteer Coordinator, Auburn, is able to provide this training. If you would like to serve as a regular or substitute team lead, please contact Auburn at volunteer@standrewspb.org. If you would like to donate to our Hunger Supper ministry fund, please visit: <https://standrewspb.org/give/donate> and select "Hunger Supper Support" from the drop down menu. Thank you!

Photo Print Fundraiser: Help Cadenas Family Stay Together

Every week, 3 photo prints will be sold to fundraise on behalf of the Cadenas family, a local family connected to our community impacted by ICE detention. To contribute online, give to the GoFundMe for legal expenses, then email godhaunted_photos@protonmail.com with your preferred print and size (4x6' or 8x10'). Prints will also be available in the Nave after the 10:30 service. If you would just like to give to the Cadenas family directly, Venmo @maria13cadenas



Gold Star Mom Needs Community Support

Maria Cordova is a Gold Star mom whose daughter, Jennifer Moreno, was killed in action in Afghanistan 12 years ago. Her work authorization expired and, due to new immigration policies and requirements, has been waiting months without work for its renewal. We are trying to cover Maria's rent (\$600), utility bill (~\$125/month) and \$200 for food. Please venmo Maria directly at @Maria-Cordova-161. If you do not have Venmo but would like to contribute, contact Maya Saña-Orellana mlittlesana@gmail.com

Ash Wednesday & Lenten Soup Series

Join us during Lent, on Wednesdays at 5:30 pm for Soup Suppers.

The first Wednesday evening, February 18, we will begin with the distribution of ashes and discussion, followed by a simple meal of soup and bread.

Join us at the boardwalk on Thomas Ave. at 3 pm to offer Ashes to Go to the Pacific Beach community.

Please sign up to bring a soup or bread to one of our Lenten suppers.

We recognize that it can be challenging for some of our members to get to the evening meals because of concerns about driving at night or lacking reliable transportation. If you would like us to help you coordinate transportation for our Lenten meals, please contact Kari in the office at info@standrewspb.org.

Ash Wednesday & Ashes To Go

Wednesday, Feb. 18, 5:30pm



Join us at the boardwalk at 3 pm for Ashes to Go

Ash Wednesday service and Soup Supper to follow
at 5:30 pm in the Sanctuary

St. Andrew's by-the-Sea
1050 Thomas Ave.
San Diego, CA 92109



soup suppers

WEDNESDAYS IN LENT
AT 5:30 PM

JOIN US FOR A MEAL, COMMUNITY,
AND A SPIRITUAL PROGRAM

PLEASE SIGN UP TO BRING A SOUP OR
BREAD ITEM