

## Welcome

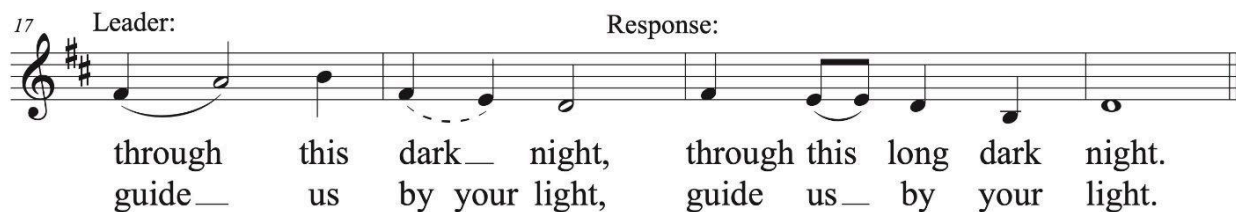
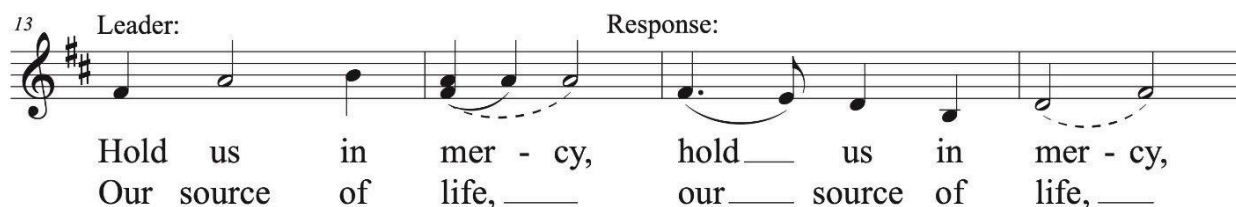
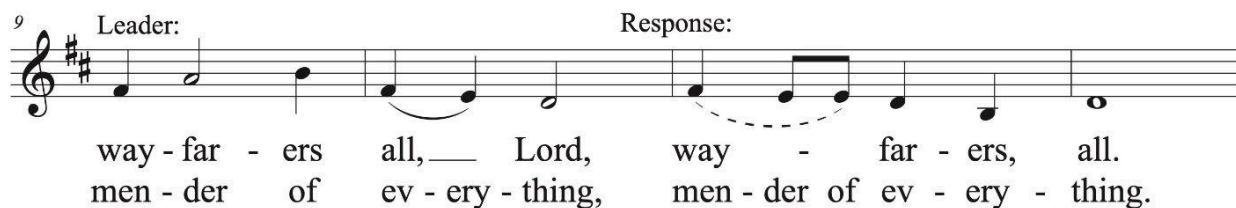
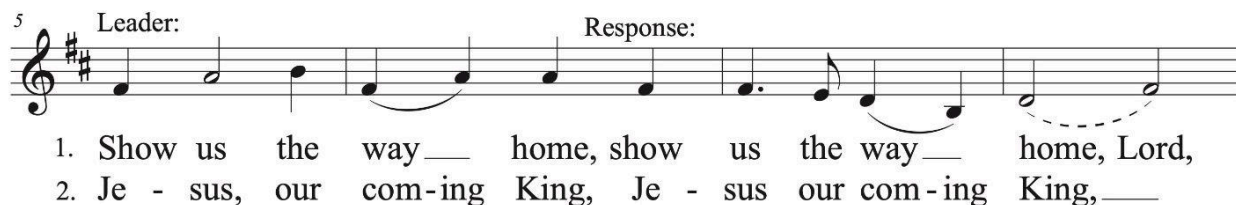
### Gathering Song

### Wayfarers All

#### REFRAIN:



#### VERSES:



© Tom Wuest, vs 2 lyrics edited by Katie Cavallo Rholl

## The Collect of the Day

Blessed be the God of our salvation.

**Who bears our burdens and forgives our sins.**

Let us pray.

O God, whose glory it is always to have mercy: Be gracious to all who have gone astray from your ways, and bring us again with penitent hearts and steadfast faith to embrace and hold fast the unchangeable truth of your Word, Jesus Christ your Son; who with you and the Holy Spirit lives and reigns, one God, for ever and ever. **Amen.**

## The Lessons

A reading from the book of Genesis.

After these events, the word of the Lord came to Abram in a vision: “Fear not, Abram! I am your shield; I will make your reward very great.” Abram said, “But my Sovereign, My God, what good are these blessings to me, so long as Sarai and I will die in disgrace? My only heir is a foreigner who lives in my household, Eliezer of Damascus. Since you have given me no offspring,” Abram continued, “an attendant in my house will be my heir.” Then the word of the Lord came to Abram and said, “This person will not be your heir. Your heir will be of your own flesh and blood.” Then God took Abram outside and said, “Look up at the sky and count the stars, if you can! As many as that, you will have for descendants.” Abram believed the Lord, and God accounted it to Abram as righteousness.

The Lord then said to Abram, “I am the Lord who brought you from Ur of the Chaldeans to give you this land as a possession.” Abram asked, “Sovereign God, how am I to know that I will possess it?”

God answered Abram, “Bring me a heifer, a goat, and a ram, each three years old, and a turtledove, and a young pigeon.” Abram brought all of these, cut them in half, and placed each half opposite the other—except the birds, which he did not cut up. Birds of prey swooped down on the carcasses, but Abram drove them away. As the sun was about to set, a trance fell over Abram, and a deep, terrifying darkness enveloped him.

When the sun had set and it was dark, a smoking brazier and a flaming torch appeared, which passed between the halves of the sacrifices. On that day the Lord made this covenant with Abram: “To your descendants I give this land, from the River of Egypt to the Great River, the Euphrates.”

Hear what the Spirit is saying to God’s people.

**Thanks be to God.**

## Psalm 27

*The cantor sings the refrain first, then all join in.*

Refrain



The Lord is my light and my sal - va -  
 - tion; whom shall I fear? The Lord is my life,  
 my life's ref - uge; of whom should I be a-fraid?

1. Hear, O Lord, the sound of my call; be gracious and answer me.  
 For you, O Lord, my heart is longing. With all my heart your face I seek. **to Refrain**
2. Your presence, O Lord, I seek; do not hide your face from me.  
 Do not in anger turn away your servant.  
 You are my help; do not forsake me. **to Refrain**
3. I believe I shall see the goodness of the Lord in the land of the living.  
 Be strong; let your heart take courage. Wait for the Lord. **to Refrain**

Text: Based on Psalm 27:1, 7-8, 8-9, 13-14. Refrain text © 1970, 1997, 1998, CCD.  
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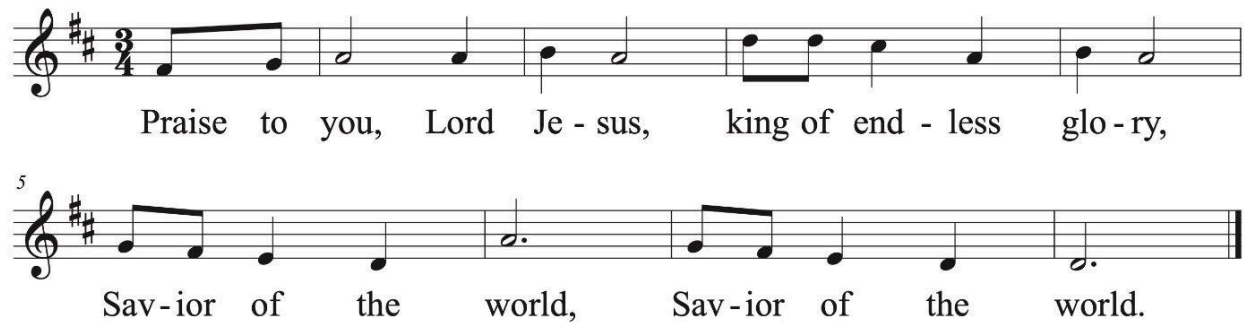
A reading from Paul's letter to the Philippians.

Join in following my example, my sisters and brothers. Take as your guide those who follow the example that we set. Unfortunately, many go about in a way which shows them to be enemies of the cross of Christ. I have often said this to you before; this time I say it with tears: their end is destruction, their god is their belly, and their glory is in their shame. I'm talking about those whose minds are set on the things of this world. But we have our citizenship in heaven; it's from there that we eagerly await the coming of our Savior Jesus Christ, who will give a new form to this lowly body of ours and remake it according to the pattern of the glorified body, by Christ's power to bring everything under subjection. For these reasons, my sisters and brothers—you whom I so love and long for, you who are my joy and my crown—continue, my dear ones, to stand firm in Christ Jesus.

Hear what the Spirit is saying to God's people.

**Thanks be to God.**

## Lenten Gospel Acclamation



Text: Marty Haugen Music: Marty Haugen © 1983, GIA Publications, Inc.

## The Gospel

*Please stand as you are able.*

The Holy Gospel of our Savior Jesus Christ according to Luke.

**Glory to You, Lord Christ.**

Just then, some Pharisees came to Jesus and said, “You need to get out of town, and fast. Herod is trying to kill you.” Jesus replied, “Go tell that fox, ‘Today and tomorrow, I’ll be casting out devils and healing people, and on the third day I’ll reach my goal.’ Even with all that, I’ll need to continue on my journey today, tomorrow and the day after that, since no prophet can be allowed to die anywhere except in Jerusalem. “O Jerusalem, Jerusalem! You kill the prophets and stone those who are sent to you! How often have I wanted to gather your children together as a mother bird collects her babies under her wings—yet you refuse me! So take note: your house will be left to you desolate. I tell you, you will not see me again until you say, ‘Blessed is the One who comes in the name of our God!’ ”

The Gospel of the Lord.

**Praise to You, Lord Christ.**

The Sermon      The Rev. Cyndi Jones

## The Creed

A “creed” is a statement of belief. This song is a rewriting of an ancient creed, the Nicene Creed, written by Christians in 325 AD. We don’t see these as things everyone must believe in order to belong to this church community. Rather, they are the framework for our curiosity, and the claims that ground our faith.



1. We be-lieve in God al-might-y, au - thor of all things that be,
2. We be-lieve that Je - sus suf - fer'd, scourg'd and scorn'd and cru - ci - fied;
3. We be-lieve in God's own Spir - it, bond - ing all the saints with-in,



mak - er of the earth and heav-ens, keep - er of the sky and sea.  
tak - en from the cross, was bur - ied True life there had tru - ly died.  
one church cath - 'lic, one church ho - ly, where for-give-ness frees from sin;



We be-lieve in God's Son, Je - sus, now for us both Lord and Christ,  
We be-lieve that on the third day Christ was rais'd up from the grave,  
in the bod - y's res - ur - rec - tion, for the break-ing of death's chain



of the Spir - it and of Ma - ry born to bring a - bun - dant life.  
then as-cend - ed to God's right hand. He will come to judge and save.  
gives the life that's ev - er - last - ing. This the faith that we have claim'd.

Tune: LAGUNA PINES, Katie Cavallo Rholl © Words: Sylvia G. Dunstan

## The Prayers of the People

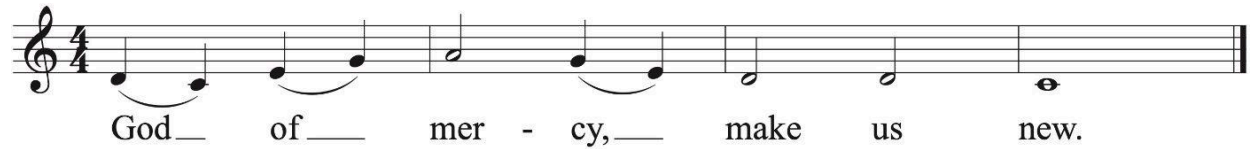
From “Liturgy for the Whole Church,” by Susan K. Bock

We pray for the church. May she drink deeply from living springs, and travel the deserts in trust and hope.

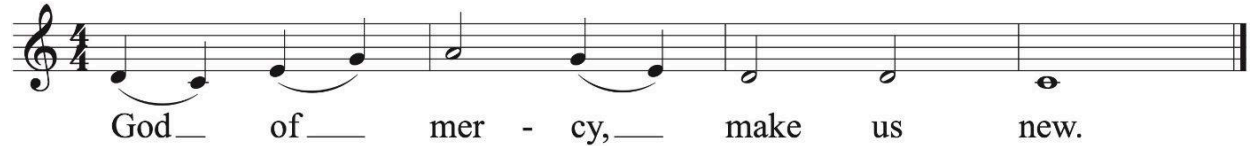


God — of — mer - cy, — make us new.

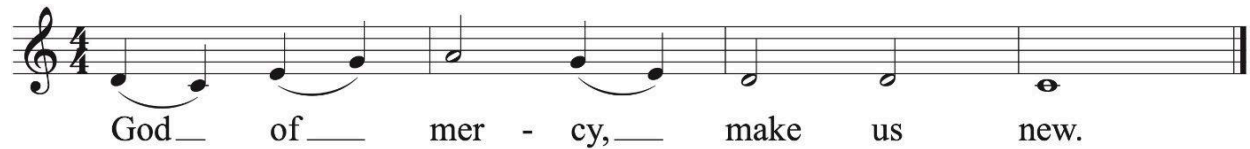
We pray for the world. May we come to live as one family, and grow beyond the violence of war.



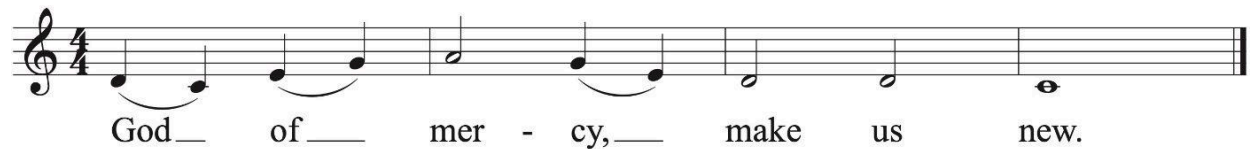
We pray for this nation. May we be healed of racism, and shine like a lamp on a hill.



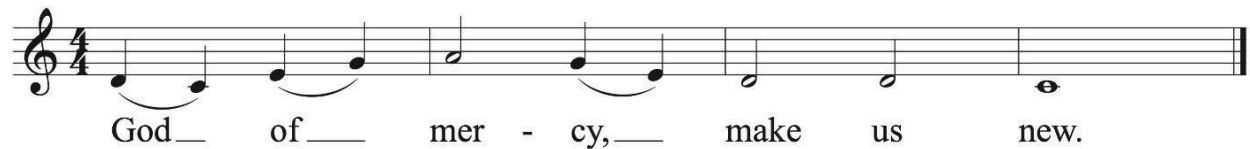
We pray for our community. May our children be safe, our leaders be wise, and our lives be peaceful and just.



We pray for all the afflicted, especially those in Palestine, Ukraine and every war-torn place in the world. We pray for our neighbors who sleep on sidewalks every night, and for those seeking asylum at our border. May every sadness find you at its heart, and may there be grace when we suffer.



We pray for the departed, especially Nex Benedict. May they rest in peace and rise in glory, and may we always remember them by name.



God of mercy, make us new. Change our hearts, mend our lives, and lead us to any who need us, for the sake of Jesus who came that all might have life, and have it abundantly.



## The Confession and Absolution

Let us confess our sins to God.

**God of all mercy,  
we confess that we have sinned against you,  
opposing your will in our lives.  
We have denied your goodness in each other,  
in ourselves, and in the world you have created.  
We repent of the evil that enslaves us,  
the evil we have done, and the evil done on our behalf.  
Forgive, restore, and strengthen us  
through our Savior Jesus Christ,  
that we may abide in your love and serve only your will. Amen.**

God forgives you. Forgive others. Forgive yourself. **Amen.**

## The Peace

The Peace of Christ be always with you.

**And also with you.**

## Community Announcements

### The Offertory

But do not neglect to do good and to share what you have,  
for such sacrifices are pleasing to God.

*When the offering basket comes to you, please take it and pass it on.  
If you would like to make a gift to St. Andrew's, please place your  
offering in the basket provided. You can also give online at  
[standrewspb.org/give-to-st-andrews](http://standrewspb.org/give-to-st-andrews). Thank you!*



## Offertory Hymn

## *I Shall Not Want*

Audrey Assad

From the love of my own comfort  
From the fear of having nothing  
From a life of worldly passions  
Deliver me, O God

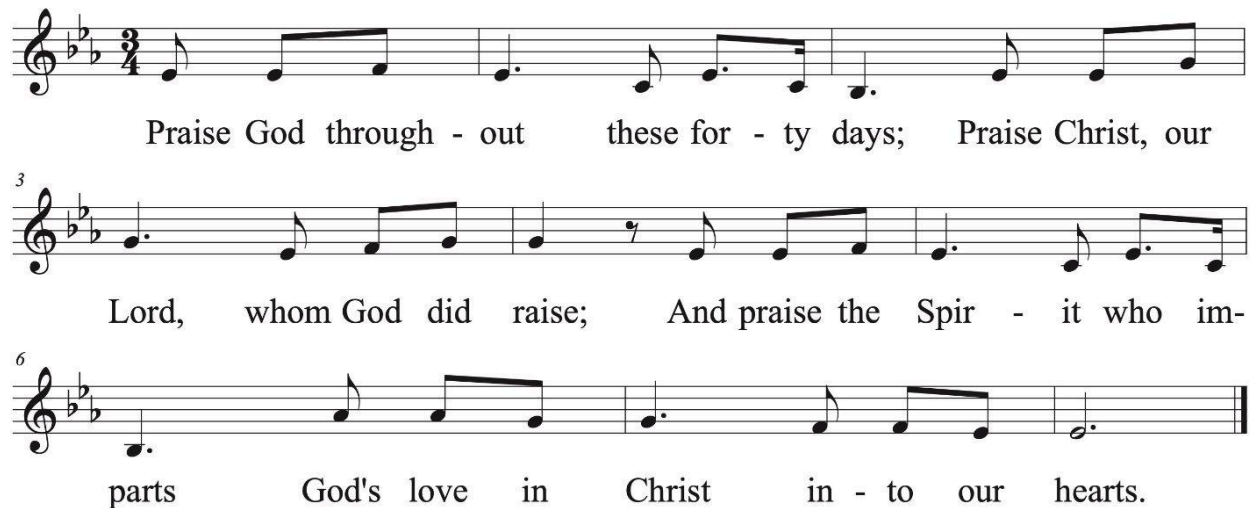
From the need to be understood  
And from a need to be accepted  
From the fear of being lonely  
Deliver me, O God  
Deliver me, O God

And I shall not want, No I shall not want  
When I taste your goodness  
I shall not want  
No I shall not want, No I shall not want  
When I taste your goodness  
I shall not want  
When I taste your goodness  
I shall not want

From the fear of serving others  
Oh, and from the fear of death or trial  
And from the fear of humility  
Deliver me, O God  
Deliver me, O God

And I shall not want, No I shall not want  
When I taste your goodness  
I shall not want  
No I shall not want, No I shall not want  
When I taste your goodness  
I shall not want  
When I taste your goodness  
I shall not want

*When the offering is brought to the front, we stand and sing together:*



Praise God through - out these for - ty days; Praise Christ, our

3 Lord, whom God did raise; And praise the Spir - it who im-

6 parts God's love in Christ in - to our hearts.

Music: Sarah Hart, b. 1968 © 2015, Sarah Hart. Published by Spirit & Song, a division of OCP. All rights reserved.  
Text: G.W. Dub Shepherd Copyright Katie Cavallo Rholl 2024



## The Eucharist

*Eucharist means “thanksgiving.” In this meal we give thanks for all that God has done for us, and we offer ourselves back to God.*

God be with you.

**And also with you.**

Lift up your hearts.

**We lift them to the Lord.**

Let us give thanks to the Lord our God.

**It is right to give our thanks and praise.**

It is right, and a good and joyful thing, always and everywhere to give thanks to you, Almighty God, Creator of heaven and earth. Through Jesus Christ our Lord; who was tempted in every way as we are, yet did not sin. By his grace we are able to triumph over every evil, and to live no longer for ourselves alone, but for him who died for us and rose again.

Therefore we praise you, joining our voices with Angels and Archangels and with all the company of heaven, who for ever sing this hymn to proclaim the glory of your Name:

O ho - ly, ho - ly, ho - ly God, O God of time and space,

5 All earth and sea and sky a - bove bear wit-ness to your grace.

10 Ho - san - na in the high - est heav'n, cre - a - tion sings your praise,

15 And bless - ed is the one who comes and bears your name al - ways.

MUSIC: KINGSFOLD, CMD. Trad. English melody; arr. Ralph Vaughan Williams, 1906

Holy and gracious God: In your infinite love you made us for yourself; and, when we had fallen into sin and become subject to evil and death, you, in your mercy, sent Jesus Christ, your only and eternal Son, to share our human nature, to live and die as one of us, to reconcile us to you, the God and maker of all. Jesus stretched out his arms upon the cross, and offered himself in obedience to your will, a perfect sacrifice for the whole world.

On the night he was handed over to suffering and death, our Savior Jesus Christ took bread; and when he had given thanks to you, he broke it, and gave it to his disciples, and said, **“Take, eat: This is my Body, which is given for you. Do this for the remembrance of me.”**

After supper Jesus took the cup of wine; and when he had given thanks, he gave it to them, and said, **“Drink this, all of you: This is my Blood of the new Covenant, which is shed for you and for many for the forgiveness of sins. Whenever you drink it, do this for the remembrance of me.”**

Therefore we proclaim the mystery of faith:  
**Christ has died. Christ is risen. Christ will come again.**

We celebrate the memorial of our redemption, Almighty God, in this sacrifice of praise and thanksgiving. Recalling Christ’s life, death, resurrection, and ascension, we offer you these gifts. Sanctify them by your Holy Spirit to be for your people the Body and Blood of your Son, the holy food and drink of new and unending life in Christ. Sanctify us also that we may faithfully receive this holy Sacrament, and serve you in unity, constancy, and peace; and at the last day bring us with all your saints into the joy of your eternal kingdom. All this we ask through Jesus Christ our Savior. By Christ, and with Christ, and in Christ, in the unity of the Holy Spirit all honor and glory is yours, Almighty God, now and for ever. **AMEN.**

As our Savior Christ has taught us, we now pray,

**Our Father in heaven,  
hallowed be your name.  
Your kingdom come,  
your will be done,  
on earth as in heaven.  
Give us today our daily bread.  
Forgive us our sins,**

**as we forgive those  
who sin against us.  
Save us from the time of trial,  
and deliver us from evil.  
For the kingdom, the power,  
and the glory are yours,  
now and forever. Amen**

*The Celebrant breaks the consecrated Bread. A period of silence is kept.*

## Fraction Anthem

*"Miserere nobis" is a Latin phrase that translates to "Have mercy on us"*

*"Dona nobis pacem" is a Latin phrase that translates to "Grant us peace"*

Cantor: Lamb of God, you take a - way the sins of the

All: Lamb of God, you take a-way the sins of

world: \_\_ Mi-se-re-re no - bis.  
Do-na no-bis pa - cem.

the world: mi-se-re-re no - bis.  
Do-na no-bis pa - cem.

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*Wherever you find yourself on the journey of faith you are welcome to receive the bread and wine made holy. Please come forward to receive communion. Both stations will offer bread and wine - the minister will dip the bread into the wine and then place it in your hands. If you need gluten-free wafers, please say "gluten free" to the person distributing bread. If you prefer to receive the bread only (and not wine), please come forward and say "bread only." Let an usher know if you would like a minister to bring communion to you in your seat. If you prefer not to receive communion, we invite you to come forward with your hands crossed at your shoulders, and the minister will offer a blessing for your presence with us today.*

## Communion Music

## Good

Sarah Hart

It was a garden that you gave us  
It was a feast of pure delight  
But even that could not sustain us  
Temptation stole the light  
We broke your heart with our rebellion  
You did the only thing love could

Sending angels while we wandered from  
your sight, for you are good

Turning is our way  
Mercy is your song  
We will turn until the end of our days  
And your good will overcome

It was the promise you had made us  
Redemption from our longest night  
You led us out of our enslavement  
Still we were not satisfied  
So we made idols of our pleasing  
You did what any parent would  
Keeping vigil til we made our way back  
home, for you are good

Turning is our way  
Mercy is your song  
We will turn until the end of our days  
And your good will overcome

It was a light for all the nations  
It was a lamp to lead the lost  
The one you loved more than all others  
So we nailed him to a cross  
And doused the flame with our defiance  
But even then you understood  
And set a place for us at love's eternal  
feast, for you are good

Turning is our way  
Mercy is your song  
We will turn until the end of our days  
And your good will overcome  
x2

These days are fraught with shadows  
We're just struggling to survive  
And oh I fear we've lost our vision  
You know how we need the light  
But your heart it is a garden  
That blooms as only mercy could  
For even through the terror of these  
days  
You are good  
Keeping vigil till we find our way back  
home  
For you are good

### Communion Music

The hem of Your robe is where  
our healing lies  
The wounds in Your hands are where  
our life resides  
Love is moving, moving among us

The beat of Your heart our steady rhythm  
A soul of a King and a Kingdom  
Love is moving, moving among us  
Love is moving, moving among us

You illuminate with a holy fire  
And it burns with the flame of God's  
desire

### *Love is Moving*

Audrey Assad

Love is moving, moving among us  
Love is moving, moving among us

The power of God is in our presence  
And the mercy of Heaven in our  
movement  
Love is moving, moving among us  
Love is moving, moving among us

So we reach, we reach our hands to him  
To touch, to touch the Healer's hand  
We fall, we fall in worship  
Our God is with us  
x2

Love is moving, moving among us  
Love is moving, moving among us  
God is moving, is moving among us  
God is moving, moving among us

### Blessings and Celebrations

*If you're celebrating a birthday, an anniversary of a wedding or sobriety, or another event, you are invited to come forward for prayer. We hold space to pray for joyous occasions as well as difficult milestones.*

Watch over your children, O Lord, as their days increase. Bless and guide them wherever they may be. Strengthen them when they stand. Comfort them when discouraged or sorrowful. Raise them up if they fall. And in their hearts may your peace which passes understanding abide all the days of their lives. Through Jesus Christ our Lord. **Amen.**

### The Post-Communion Prayer

Let us pray.

**Loving God, we give you thanks for restoring us in your image and nourishing us with spiritual food in the Sacrament of Christ's Body and Blood. Now send us forth a people, forgiven, healed, renewed; that we may proclaim your love to the world and continue in the risen life of Christ our Savior. Amen.**

### The Blessing

*Joanna Harader*

Whatever wilderness the Spirit has brought you to:  
walk in boldness, as a beloved child of God  
walk in peace, under the shelter of the Most High  
walk in faith, knowing Christ walks with you.  
And the blessing of the One, Holy, and Living God  
be with you today and always. **Amen.**

The Sending Song:  
*See next page.*

*I Will Wait*

Mumford & Sons

### The Dismissal

Go in peace to love and serve the Lord.

**Thanks be to God.**

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**The Sending Song:**

*I Will Wait*

**Mumford & Sons**

VERSES:



1. Now I come home like a stone And I fall heav -  
 2. So break my step and re - lent You for - gave -  
 3. Now I'll be bold as well as strong Use my head -



- y in - to your arms These days of dust which we've  
 \_ and I won't for - get Know what we've seen and them with  
 \_ a - long - side my heart So take my flesh and fix my



known will blow a - way \_\_\_\_\_ with this new \_\_\_\_\_ sun  
 less now in some way, \_\_\_\_\_ shake the ex - cess  
 eyes that te - thered - mind \_\_\_\_\_ free from the lies



And I'll \_\_\_\_\_ kneel down wait for now \_\_\_\_\_ And



I'll \_\_\_\_\_ kneel down know my ground \_\_\_\_\_ And

REFRAIN:



I will wait, I will wait for you. And I will wait, I will wait for you.

BRIDGE:



Raise \_\_\_\_\_ my hands Paint my spir - it gold \_\_\_\_\_ And



bow \_\_\_\_\_ my head Keep my heart slow \_\_\_\_\_ And

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Community Announcements

## **Lenten Soup Series**

Join us during Lent, on Wednesdays at 5:30 pm for Soup and Sanctuary. We will begin with a simple meal of soup and whatever people bring, followed by discussion and a simple sung service of prayer called Holden Evening Prayer. We need volunteers to bring soup and other simple fare for sharing.

## **Pacific Beach Community Choir**

Every Tuesday night through May, 7 PM in the St. Andrew's Sanctuary. Want to sing with friends in a fun, non-pressure environment? Come meet new people and make music the first and third Tuesday of each month at 7pm at St. Andrew's. This choir is led by our parish musician, Katie Cavallo, and sings secular music just for the fun of it. Anyone in high school or older is welcome - no audition necessary! It's a great way to meet new friends and express your creativity - contact [Katie katie@standrewspb.org](mailto:katie@standrewspb.org) with questions or to join.

## **Rebel Women's Bible Study Every Wednesday 9:30-10:30 am**

The Bible is full of women who bucked the status quo. Ruth, Naomi, Deborah, Jael - meet the real women of the Bible. No experience reading the Bible? No problem! We approach these stories with curiosity and encourage doubt, questioning, and wrestling with the text. Discover that "biblical womanhood" is all about risk, strength, and justice for the marginalized. Come connect with other women asking big questions and seeking support on their spiritual journey. Email [cyndie@standrewspb.org](mailto:cyndie@standrewspb.org) for more information.

## **Pastor Cyndi Invited to George H. W. Bush Library this Week**

For the last 10 months Pastor Cyndi has been involved in a project with the producers from PBS: The American Experience on a documentary called "Change Not Charity, the Americans with Disabilities Act." This documentary will be released March 25 – check your PBS station for local times. Leading up to the release, she has been invited to participate in a panel this week at the George H.W. Bush Library in College Station, Texas.

You can google the trailer: [Change Not Charity: The Americans with Disabilities Act](#)

## **Youth Group for Middle and High Schoolers: March 23rd, 11:30am-1pm**

Meet on the lawn and we will head to the youth room for snacks, games, and conversation with other awesome youth!