



# CCSAC NEWSLETTER

## CENTRETOWN CHURCHES SOCIAL ACTION COMMITTEE

September 2024

### Executive:

Chair: Kristine Burr  
Vice-Chair: Emmy Verdun  
Secretaries: Elizabeth Demaray & Mary Mussell  
Treasurer: Emmy Verdun  
Communications & Newsletter Editors: Mary Mussell & Lorna Kingston  
Facebook Coordinator: Anisha Eipe

### Member Churches:

Blessed Sacrament  
Canadian Martyrs  
Centretown United  
Christ Church Cathedral  
Church of the Ascension  
Dominion-Chalmers United  
Eglise unie St-Marc  
First Baptist  
Fourth Avenue Baptist  
Glebe-St. James United  
Knox Presbyterian  
Quaker Ottawa Meeting  
St. Andrew's Presbyterian  
St. Barnabas Anglican  
St. Giles Presbyterian  
St. John the Evangelist Anglican  
St. Matthew's Anglican  
St. Patrick's Basilica  
St. Peter's Lutheran  
St. Peter & St. Paul's Anglican  
St. Teresa's Roman Catholic  
Southminster United  
Trinity Anglican

### Our Mission:

To unite Christians of all denominations through joint participation in social projects and prayer.

### Get in Touch!

We would love to hear from you!  
507 Bank St.  
Ottawa, Ont. K2P 1Z5  
613-232-3059

Contact@centretownchurches.org  
www.centretownchurches.org

## CCSAC's Outreach Committee

CCSAC's Outreach Committee delivered supplies of socks, underwear and toiletries to Ottawa Innerscity Ministries, Centre 507 and Haven Too as part of their Summer Health and Hygiene project. This initiative came about in 2021 when places used by street people for personal hygiene were closed due to Covid.



Outreach Committee members, Emmy Verdun and Anisha Eipe with purchased supplies



Emmy Verdun (right) with Sarah Pearce at Ottawa Innerscity Ministries



Emmy Verdun (left) and Joan Fletcher (right) with Richard Leblanc at Centre 507



Aisha Ahmed, the coordinator at Haven Too

# Support the Walk for CCFC

The Centretown Community Food Centre (CCFC) has seen escalating numbers of people in need. The Food Centre is now providing food for over 1,500 people each month, up over 50% since this time last year. In order to accommodate the increase in client numbers, the Food Centre added an additional day – Thursday – starting in March 2024. The Food Centre is now open four days a week and the number of clients continues to climb each month.

The Food Centre supports clients from Old Ottawa South, the Glebe, Old Ottawa East and Centretown. If a client is from outside these boundaries, they are given a small bag of groceries to tide them over and information about the food bank in their area.

As an organization that is funded entirely through donations, CCFC relies on those who support it both financially and with food donations.

The Ottawa Food Bank which provides over half the food at CCFC is significantly reducing the amount of food it provides to its partner agencies as extra funds provided during the pandemic are gone and food prices have increased. Starting in October, the weekly food order from the Ottawa Food Bank will be cut by 40%.

It has become increasingly difficult for all community food banks. There is a real need for your support.



Centretown Churches Social Action Committee (CCSAC) is fundraising for the Centretown Community Food Centre with a Walk for the Centre on Sunday, October 6, 2024 from 1:30 to 4:30. Walkers are to meet at Jean Piggot Place, City Hall. There will be Barbershop Quartet music at 1:30 pm, guest speakers and a Piper Band to lead walkers from City Hall to a 2-4 K route along the western Rideau River path at 2:20 pm. This is a family friendly fun event with lots of prizes provided by generous local businesses.

Since 1978, CCSAC's main project has been the Centretown Community Food Centre. To sign up and help the Centretown Community Food Centre, go to [www.centretownchurches.org/walkathon](http://www.centretownchurches.org/walkathon)



**WALK FOR  
THE CENTRE**

**Sunday October 6, 2024  
1:30 - 4:00pm**

**Supporting  
Centretown  
Community  
Food Centre**