Starting Point: An Introduction to the Unitarian Universalist Journey

Co-sponsored by the Unitarian Universalist Fellowship Adult Religious Exploration and Membership Teams

The path of Unitarian Universalism is made rich by all our individual journeys walking together. Newcomers who are considering joining this congregation are invited to participate in **Starting Point**, a unique four-part small group UU experience that brings to life our theology and history as a way of journeying through the world rather than as a set of beliefs to which one assents.

The first session focuses on *personal spiritual journeys* and how these have led to Unitarian Universalism. The second session shifts to the *historical journey* of Unitarian Universalism and of our particular congregation. The third session moves into our *shared journey* made up of three fundamental UU spiritual practices:

- Listening to one's deepest self,
- opening to life's gifts and
- serving needs greater than our own.

The program ends by discerning a path forward on our personal journeys in the UU Fellowship.

Newcomers are invited to attend to help discern if this congregation is to become their church home, at least at this time in their journey. Long-term members are also strongly encouraged participate and consider **Starting Point** as a spiritual "re-connection". Sessions take place on Sunday after the service from 12 noon to 2 pm and are led by experienced co-facilitators with the additional involvement of guest lay leaders. Attendance at all four sessions is strongly encouraged.

Sunday, January 26: Your Journey - Sharing Our Stories and Spiritual Roadmaps

Sunday, February 2: The Unitarian Universalist Journey & The Journey of our Church

Sunday, March 8: Our Journey Together - The Three Paths of Unitarian Universalism, Part 1

Sunday, March 22: The Three Paths of Unitarian Universalism, Part 2 & Finding Your Journey Group

To register, please email your name, phone number and email address to AdultRE@uufscc.org