

October 19, 2023

9:30 – 10:30 AM

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Objectives

- To understand what the Sunshine School is and the role we play in schools.
- IEP, 504, and Individualized Healthcare Plan Medical Documentation
- Emergency Care Guidelines
- Medical Reentry
- Importance of medically fragile children in school
- Day in the life of child with medical or mental health needs

The Sunshine School

Melanie Bales

Education Liaison and Teacher

Disclosure Information

- This speaker provided disclosure information.
- This speaker has no relevant financial arrangements or affiliations with commercial interests.
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School nurse teaches kids they can be superheroes



Sunshine School Education Liaison and Teachers



What is the Sunshine School?

- A hospital based school program
- Alabama state certified special education and general education teachers
- 5 Education Liaisons and Teachers, 1 Coordinator
- Follows ALSDE professional development guidelines
- Allied Health Service Providers within COA
- Child Life and Education Department

What is our role?

- Teacher Role
- Education Liaison Role
- Psychosocial Team Role
- Medical Team Role
- Treatment Team Role
- Committee Member Role

Who do we serve?

- Any patient at Children's of Alabama
- Any school district, any state
- Public school, private school, homeschool, homebound, virtual school, DHR custody, group homes
- Ages 4-College

Where do we serve?

- Divided into Medical and Behavioral Health
- Inpatient Medical
  - Bone Marrow Transplant, Burn, Cardiology, Dialysis, EMU, Endocrine, GI, Heart Failure and Transplant, HemOnc, Kidney Transplant, Liver Transplant, Nephrology, Neurology, Pulmonology, Rehab
  - Consult Basis: PICU, Primary Hospital Medicine, Special Care Unit
- Outpatient Medical
  - Bone Marrow Transplant, Cardiology, Dialysis, GI, Heart Failure and Transplant, HemOnc, Kidney Transplant, Liver Transplant, Rehab

Where do we serve?

- Inpatient Behavioral Health
- Partial Hospitalization Program
- Outpatient Behavioral Health
  - COA
  - Patriot Park

When do we serve?

- Medically appropriate
- During times of crisis
- Monday-Friday, 7-4:30

How do we operate?

- School Process
  - Introduce school services, sign consent
- Communication
  - Medical team, patient's school
- Evaluation
  - Determine needs, medical appropriateness
- Implementation
  - School work, active engagement, cognitive stimulation

Why school services in a hospital?

- Practicality
- Normalcy
- Distraction
- Advocacy
- Reentry

Medical Documentation

- Consent is always obtained first
- “Need to know”-patient’s parents comfort level, medical sensitivities
- Medical team directives with psychosocial input
- Diagnosis/Impact of Disease, IEP, 504, IHP, EAP, Services Requests
- School Medication Prescription/Parent Authorization forms
- Can’t provide: medical records

IEP and 504 Documentation

IEP:

- 13 categories of eligibility that must adversely affect the child's educational performance
- Medical documentation included
- Focuses on services and goals

504:

- Removing barriers and providing better access
- Documentation of the child's disability: medical documentation
- No scope of goals, focuses on assistance

Individualized Healthcare Plans

- Chronic Patients:
  - documentation updated yearly
- New Diagnosis:
  - documentation at diagnosis and updated throughout treatment
- Trauma or Injury:
  - at time of accident, throughout treatment
- Mental Health:
  - documentation from psychiatrist, therapist, or physicians

Emergency Care Guidelines

- Emergency Action Plans
- Medical Team Directives
- Baseline Guidelines
- Hospice Guidelines
- *When to call 911*

School Reentry

- ***How can we help make this transition smoother for the school nurse?***
- Full time medical release vs. intermittent homebound
- School Education
  - Patient and caregivers
  - School Staff
  - Suggested Accommodations
  - Students

Return to School
Boundaries and Barriers

- Medical Fragility
- Medical Documentation
- Medication Needs
- Medical Equipment
- Physical Demand on Patient
- Staffing and Training
- Parent Comfort and Trust

Importance of Medically Fragile Children in School

- Provides a sense of normalcy for patients, parents, caregivers, siblings, friends, peers
- Celebration of gains
- Academic, Emotional, Physical, Medical Services and Support
- At times legacy building: Parents, Siblings, Friends, Memory Making

General Mental Health Accommodations

- Allow access to school counselor
- Allow access to school nurse
- Allow fidget/sensory items
- Sensory room/area
- Allow access to calm down area
- Provide breaks throughout the day

General Medical Accommodations

- Access to water
- Unlimited restroom breaks
- Allow access to school counselor
- Allow access to school nurse
- Buddy system
- Timely Phone Contact
- Bus transfers
- Provide breaks throughout the day
- Wheelchair, walker, rollator
- PICC Lines
- G Tube, NG Tube
- Toileting Assistance
- Cyclical Vomiting
- Medications on person
- Scheduled Medications

General Medical Accommodations Continued

- VAD
- Life Vest
- Oxygen
- Nap breaks
- Diabetes
- Seizures
- Vaccines
- Immunocompromised
- PE
- Access to snacks
- Private restroom
- Vitals
- Dietary Orders
- Food and fluid restrictions

Day in the life of a child with medical and/or mental health needs…

- Inpatient
  - Medications, testing, imaging, surgery, PT, OT, ST, Education, Art Therapy, Music Therapy, counseling, Child Life Services, Sunshine School, coping, rest
- Outpatient
  - Medication schedules, clinic visits, local labs, hospital stays, outpatient therapies, school, family life, extracurriculars, rest

	Monday	Tuesday	Wednesday	Thursday	Friday
7:30 AM					
8:00 AM					
8:30 AM					
9:00 AM					
9:30 AM					
10:00 AM					
10:30 AM					
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8:30 PM					

	Wake up
	Breakfast ** No tablet during meal times**
	PT/OT
	School
	Medicine
	Lunch** No tablet during meal times**
	Nap
	Art Therapy
	Music Therapy
	Dinner** No tablet during meal times**
	Bath
	Bedtime

	Monday	Tuesday	Wednesday	Thursday	Friday
 Wake- Up	8:30 AM	8:30 AM	8:30 AM	8:30 AM	8:30 AM
 PT/OT		1:30 PM			11:00 AM
 Volunteers	9:00 AM 1:00 PM	1:00 PM	9:00 AM	1:00 PM	1:00 PM
 Art or music therapy	Music Therapy between 11:00 AM-1:00 PM		Art Therapy 11:30 AM		
 School	1:30 PM	10:00 AM	1:30 PM	10:00 AM	1:30 PM
 Bedtime	9:30 PM	9:30 PM	9:30 PM	9:30 PM	9:30 PM

Daily Schedule

*Volunteer Availability subject to change

Physical Therapy (PT) – Sadie
Occupational Therapy (OT) – Lauren

Daily Schedule



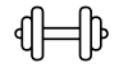
Wake up: 8:45 AM



Breakfast: 9:30 AM



School: 10:00 AM



Physical Therapy/ Occupational Therapy: Between 11:30-1:00



Lunch: Before or After PT/OT



Free Time: 1:00- Dinner



Dinner: 6:00 PM



Bedtime: 9:30-10:00

	Monday	Tuesday	Wednesday	Thursday	Friday
7:00	Wake up	Wake up	Wake up	Wake up	Wake up
7:30 AM	Order Breakfast	Order Breakfast	Order Breakfast	Order Breakfast	Order Breakfast
8:00 AM	Morning Meds	Morning Meds	Morning Meds	Morning Meds	Morning Meds
8:30 AM					
9:00 AM	School- Independently	School with Melanie	School with Melanie	School- Independently	School with Melanie
9:30 AM					
10:00 AM	PT/OT	PT/OT	PT/OT	PT/OT	PT/OT
10:30 AM	VAD Teaching	VAD Teaching	VAD Teaching	VAD Teaching	VAD Teaching
11:00 AM					
11:30 AM					
12:00 PM	Meds	Meds	Meds	Meds	Meds
12:30 PM	Lunch	Lunch	Lunch	Lunch	Lunch
1:00 PM	PT/OT	PT/OT	PT/OT	PT/OT	PT/OT
1:30 PM					
2:00 PM			Art Therapy		
2:30 PM	School with Melanie			Pet Therapy	
3:00 PM					
3:30 PM	Quiet Time	Quiet Time	Quiet Time	Quiet Time	Quiet Time
4:00 PM					
4:30 PM	School Work	School Work	School Work	School Work	School Work
5:00 PM					
5:30 PM					
6:00	Dinner	Dinner	Dinner	Dinner	Dinner

Time	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
6:30	Rest	Wake-UP/ ADL's		Wake-UP/ ADL's/ Weekly weights @ 7	Wake-UP/ ADL's		Rest
7:30	Wake-UP/ ADLs	Children's Workout	Simon Says	Alphabet Challenge	Large Motor	Find Someone	Wake-UP/ ADLs
8:00	Medicine/ Goals and Unit expectations (Therapeutic Community)						
8:30	Breakfast						
9:30	Large Motor	Heroes, Allies, and Companions	Art Therapy	Group School	Group School	Group School	Large Motor
10:30	Identifying Feelings with Color	Dance	Yoga/ Treatment Team	Walk in my Shoes	Therapist Group	Therapist Group	Crisis Prevention Plan
11:30	LUNCH						
12:30	Being with Others	Rec Therapy	Spirituality	Applied Theatre	Rec Therapy	Music Therapy	Playground/ gym
1:30	Cinema Therapy/ Reflection of Movies	OT	Rec Therapy	OT	OT	Alphabet Scavenger Hunt	Cinema Therapy/ Reflection of Movies
2:30	Coping Practice/ Snacks	Coping Practice/ DBT/ Snacks	Coping Practice/ DBT/ Snacks	Coping Practice/ DBT/ Snacks	Coping Practice/ DBT/ Snacks	Coping Practice/ Snacks	Coping Practice/ Snacks
3:30	Find Someone	Group School	Group School	Nursing Education	Risk & Reslience	Active Listening	Problem Solving
4:30	DINNER						
5:30	Relaxation/ Yoga/ Mindfulness/ Visiting hours/ Phone calls			Cinema Therapy/ Reflection of Movies/ Phone calls	Relaxation/ Yoga/ Mindfulness/ Visiting hours/ Phone calls		
6:30	ADLs				ADLs		
7:30	Wii/ Board games			ADLs	Wii/ Board games		
8:30	Reflection of Goals/ Snack	Reflection of Goals/ Snack	Reflection of Goals/ Snack	Reflection of Goals/ Snack	Reflection of Goals/ Snack	Reflection of Goals/ Snack	Reflection of Goals/ Snack
9:30	54321 Grounding	PMR/ Deep Breathing	Rest and Journaling	54321 Grounding	PMR/ Deep Breathing	Rest and Journaling	54321 Grounding
10:00	Bedtime					Bedtime @ 10:30	Bedtime @ 10:30
							5/31/2023
	Coping Practice may include: music, art, reading, word searches, crossword puzzles, journaling, or suduko						
Alt Groups:	Scavenger Hunt	Seasonal Drawing	Identifying Feelings with Emoji's	Diagnosis	Coping with Anger	A Letter to Future Self	Animal Workout
		Purpose of Life		BINGO	Lighthouse	All About ME!	

These patients are back in school, what's next?

- Educate and support staff on daily needs, crisis, trauma, diagnosis, death
- When the patient shows up to your office remember you are their medical professional, comfort person and safe place.

Hero nurse honored for saving student's life



How can we help you?

- Reach Out
- Medical Documentation
- Educational Resources
- Grief Resources
- Sibling Resources


RN
HARD-WORKER
RESPONSIBLE
WISE
TRUSTED
FRIENDLY
SWEET
KNOWLEDGEABLE
APPRECIATED
DEDICATED
CARING
CLEVER
+ GENTLE
WE LOVE OUR
SCHOOL NURSE
HEALER
EMERGENCY
PROFESSIONAL
WONDERFUL
EDUCATED
KIND-HEARTED
SMART
HOPEFUL
+ NICE
CAREGIVER
AMAZING
LISTENER

Questions?

- Contact Information
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References

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Thank you for attending our
School Nurse Spotlight!