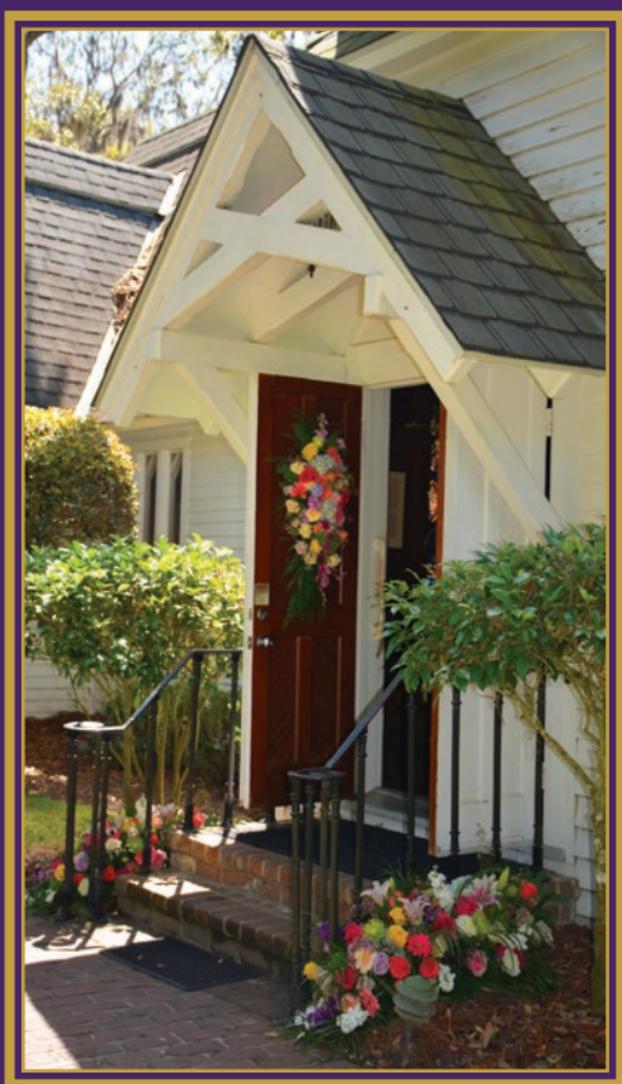


The Season of Lent and Easter 2019



christ church
frederica

Originating in the fourth century of the church, the season of Lent begins on Ash Wednesday and concludes with Holy Week, during which Maundy Thursday, Good Friday, and Holy Saturday are observed. Lent is marked by a time of prayer, penitence and preparation, as we await the joyous resurrection of Jesus Christ, on Easter Sunday. We invite you to join us as we journey through the season of Lent at Christ Church.

Worship

Worship with Holy Eucharist takes place every weekend throughout the Lenten season, at St. Ignatius (SI) on Saturday evenings, and at Christ Church (CCF) on Sunday mornings. Please join us for these times of worship, praise and preparation.

Regular Weekend Services

Saturday Evening

5:30 pm - Holy Communion at SI

Sunday Morning

8:00 am - Holy Communion at CCF

9:15 am - Holy Communion at CCF

9:15 am - Holy Communion in Parish House

11:15 am - Holy Communion at CCF

Healing Services

A Healing Eucharist is offered each Wednesday (except Ash Wednesday) during Lent, at noon, at Christ Church, Frederica.

X Church

X Church is offered on Wednesdays during Lent at 6:30 pm, (except for Ash

Wednesday) at Christ Church, Frederica. Escape the hustle and bustle of daily life with the restive and contemplative prayers of X Church.

March 6 - Ash Wednesday

Imposition of Ashes

7:00 am Holy Communion at SI

12:00 pm Holy Communion at CCF

6:00 pm Holy Communion Convocation Service at St. Mark's, in Brunswick

March 10 - Bishop's Visitation

The Rt. Rev. Scott Anson Benhase will visit Christ Church on Sunday, March 10 and preside during the Great Litany in the Parish Hall service at 9:15 am and at the Confirmation service in historic Christ Church at 11:15 am.

April 13/14 - Palm Sunday

The Sunday of the Passion: Palm Sunday
(Regular weekend service schedule)

Holy Week Services

April 15 - Monday in Holy Week

12:00 pm - St. Simons UMC Community Service - Lunch to follow

April 16 - Tuesday in Holy Week

12:00 pm - First Baptist Church SSr Community Service - Lunch to follow

April 17 - Wednesday in Holy Week

12:00 pm - Healing Service CCF

12:00 pm - Wesley UMC Community Service - Lunch to follow

6:30 pm - X Church (last of the season)

April 18 - Maundy Thursday

12:00 pm - Maundy Thursday Liturgy with foot washing at CCF

6:30 pm - Maundy Thursday Liturgy with foot washing at CCF

April 19 - Good Friday

12:00 - 3:00 pm - Three Hours Devotion: Meditations on the Seven Last Words of Christ from the Cross - at St. Simons Presbyterian Church

4:30 pm - Stations of the Cross - at SI

6:30 pm - Good Friday Liturgy with veneration of the cross - at CCF

Easter Services

April 20 - Holy Saturday

6:30 pm - Great Vigil of Easter at SI

April 21 - Easter Sunday

8:00 am - Holy Communion at CCF

9:15 am - Holy Communion at CCF

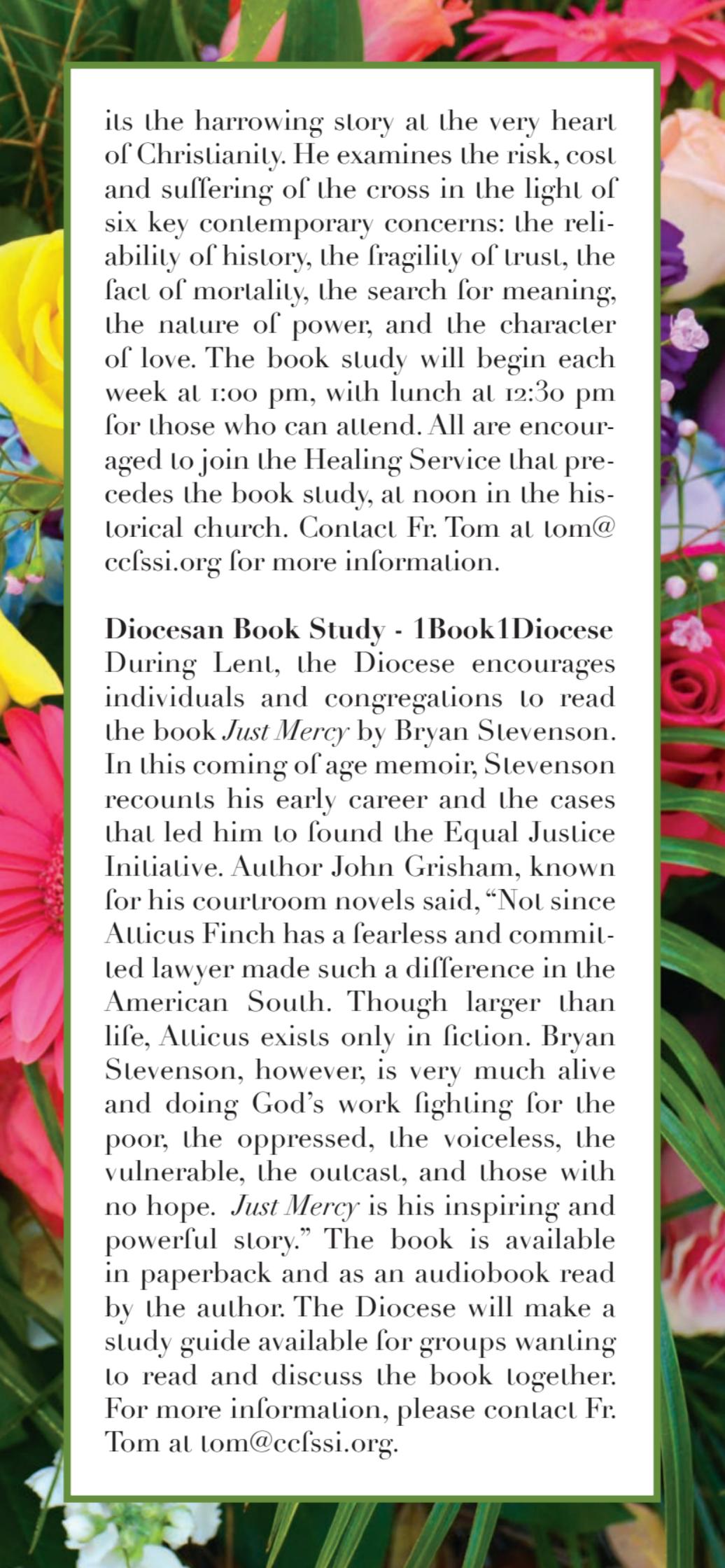
9:15 am - Holy Communion in Parish House

11:15 am - Holy Communion at CCF

Grow and Learn

Wednesday Lenten Book Study

Beginning March 13, Father Tom will lead a study of Samuel Wells' *Hanging by a Thread*, on Wednesdays during Lent. This brilliant series of theological reflections from internationally known scholar and Anglican cleric, Samuel Wells, focuses on the challenges of our understanding of Christ's crucifixion that arise today using contemporary ideas in history, biblical studies, and philosophy. Wells revis-



its the harrowing story at the very heart of Christianity. He examines the risk, cost and suffering of the cross in the light of six key contemporary concerns: the reliability of history, the fragility of trust, the fact of mortality, the search for meaning, the nature of power, and the character of love. The book study will begin each week at 1:00 pm, with lunch at 12:30 pm for those who can attend. All are encouraged to join the Healing Service that precedes the book study, at noon in the historical church. Contact Fr. Tom at tom@ccfssi.org for more information.

Diocesan Book Study - 1Book1Diocese

During Lent, the Diocese encourages individuals and congregations to read the book *Just Mercy* by Bryan Stevenson. In this coming of age memoir, Stevenson recounts his early career and the cases that led him to found the Equal Justice Initiative. Author John Grisham, known for his courtroom novels said, “Not since Atticus Finch has a fearless and committed lawyer made such a difference in the American South. Though larger than life, Atticus exists only in fiction. Bryan Stevenson, however, is very much alive and doing God’s work fighting for the poor, the oppressed, the voiceless, the vulnerable, the outcast, and those with no hope. *Just Mercy* is his inspiring and powerful story.” The book is available in paperback and as an audiobook read by the author. The Diocese will make a study guide available for groups wanting to read and discuss the book together. For more information, please contact Fr. Tom at tom@ccfssi.org.

Spiritual Practices - Thursdays in Lent

Want to grow spiritually but don't want another practice or discipline you'll feel guilty about not doing? Join Mother Ashton and Mother Becky to explore spirituality as a way of being engaged in our relationship to God through other people, the world around us and ourselves. We'll look at spirituality as our ongoing, evolving relationship to God and how we can live daily in an awake, holistic, and faithful way. The group will meet on Thursdays at 1:00 pm from March 14 - April 11. The text is *Strength for the Journey: A Guide to Spiritual Practice* by Renee Miller and is available from Amazon in Kindle edition for \$14. Hard copies will be available in the church office for \$16. Please call the church office to sign-up as the first session will kick-off with a special treat! For more information, contact Mtr. Becky at becky@ccfssi.org

Stations of the Cross

The Stations of the Cross will be installed in the Christ Church Parish House during the season of Lent. This self-guided meditation will be available during regular business hours throughout Lenten season. Praying the Stations of the Cross, or Way of the Cross, is a centuries-old tradition that focuses Christians on the path of suffering that Jesus followed to his ultimate sacrifice on the cross. The Way of the Cross imitates the practice of visiting the places of Jesus' Passion in the Holy Land by early Christian pilgrims. The first stations outside Palestine were built in Bologna in the fifth century. This devotion was en-

couraged by the Franciscans, and it became common in the fifteenth century. Come spend time in prayerful meditation and reflection with the Stations of the Cross, during Lent this year.

Daily Prayers for Lent via Text

Fr. Tom will be offering daily text prayers in Lent, through Easter week. Those who would like to receive a daily text message prayer should email their names and cell phone numbers to him at tom@ccfssi.org.

Lenten Meditations

If you'd like to add a daily meditation to your Lenten discipline, consider one of these free, on-line resources.

<https://www.livingcompass.org/lent>
(emails from Living Compass)

<https://pray-as-you-go.org/>
(podcast from a Jesuit order in England)

<https://d365.org/>
(podcast from The Episcopal Church)

<https://www.episcopalrelief.org/church-in-action/church-campaigns/lent>
(emails from Episcopal Relief)

To learn about the inspiring lives of the saints of the church and vote for the one who will receive the Golden Halo, check out:
<https://www.lentmadness.org/category/lent-madness-2019/>

Sunday Morning Adult Class

During the season of Lent, the Sunday Morning Adult Class, led by Rev. Dr. Robert W. (Bob) Brown will take a six week break from their current study to participate in a Lenten Study based on the book by Max O. Vincent entitled *Be-*

cause of This I Rejoice: Reading Philippians during Lent. The study will run on Sundays from March 10 to April 14. Everyone is welcome! Contact Bob at rwb385@gmail.com for more information.

Children's United Thank Offering

The United Thank Offering (UTO) is a ministry of The Episcopal Church for the mission of the whole church. Through UTO, individuals are invited to embrace and deepen a personal daily spiritual discipline of gratitude. UTO encourages people to notice the good things that happen each day, give thanks to God for those blessings and make an offering for each blessing using a UTO Blue Box. UTO is entrusted to receive the offerings, and to distribute 100% of what is collected to support innovative mission and ministry throughout The Episcopal Church and Provinces of the Anglican Communion. During this Lenten season our children will be given a UTO Box and a calendar. The calendar has a fun way of giving each day, ex: put a nickel in your box for every faucet you have in your house. Most giving corresponds to a place that has been given a grant through the United Thank Offering. This will be a fun way for our children to think about our brothers and sisters in Christ that may be a world away. We will gather the offering each week during Kidurgy and one or two children will present their offering with the ushers in Church.

Youth Observing a Holy Lent through Star Wars

Our Youth Group, grades 6 through 12 will be living out their call on Ash Wednesday to observe a Holy Lent through pairing our Holy Scriptures with scenes from Star Wars and the struggle with the Force and not being tempted by the Dark Side. Our youth group meetings will be 6:30-8:00 pm on Sunday evenings, starting March 10. We will have popcorn and cookies and refreshment, watch a part of a Star Wars movie and have discussion and activities. May the force be with all of us this Lent.

Special Events

Shrove Tuesday Pancakes at the Pier

Before the Lenten Season officially begins on Ash Wednesday, Christ Church will be hosting the second Pancakes at the Pier on Tuesday, March 5, from 5:30 to 7:30 pm, at Neptune Park, in the St. Simons Village. We'll be serving pancakes at the Casino and parading through the park with local musicians joining us, for this festive, jazzy salute to Mardi Gras. There will be games, pancake relays and fun for all ages! All are invited to this event for the community, so bring your friends and neighbors!

Community Seder

On Thursday, April 11, at 6:00 pm, St. Francis Xavier Catholic Church, in Brunswick, will host the Community Seder. Rabbi Rachael Bregman will lead us through the traditional Seder meal and explain the significance of each

food. Cost: \$10 per person or \$25 per family.

Special Music for Lent and Easter

Lenten Music at Christ Church

During this season, our graded Choir Program, Hand Bell Choir, and instrumentalists offer a variety of musical styles. The music will be more reflective and calming, with repertoire from our Anglican tradition and beyond. If you or your child/children have ever thought of joining a choir, Lent is a perfect time to do so. Please contact Kathleen Turner, Organist and Choirmaster for more information and encouragement. kathleen@ccfssi.org

Festive Choral Eucharist at all the Easter Morning Liturgies

On Easter Sunday, the music and your voice will raise the rafters in celebration of our Risen Lord. All Choirs of Christ Church will be in full voice joined by Christ Church Brass Ensembles (all services), Christ Church Hand Bells (Parish Hall), Harp (Parish Hall), and Timpani (all services).

Special Easter Celebrations

Easter Lilies

Remember a loved one at Easter with a memorial Easter lily. Send the name(s) and a check for \$30 for each memorial to Ethel Horton, 402 Palm Court, SSI, 31522. Checks should be made payable to "Christ Church Flower Guild." Please

make your order by Monday, April 15. Contact Ethel Horton at 912-634-8327 for more information.

Easter Egg Hunt

The Family Ministries Council is sponsoring the CCF Annual Easter Egg Hunt. The egg hunt takes place on the front lawn of Christ Church after the 9:15 am Easter Sunday services (April 21). We are asking all who are willing and able to donate 50 or more plastic eggs stuffed with candy, stickers, etc. It's best if candy is wrapped, as humidity and dew makes unwrapped candy very sticky, even in the plastic eggs. Donations of filled plastic eggs may be left in the Parish Hall office. Please contact Mtr. Katie at katie@ccfssi.org if you would like to help with this wonderful Easter Sunday tradition at Christ Church.

The Flower Cross

The flowering of the cross has become an Easter Day tradition at Christ Church. David Lowe and Chris Triplett begin the process by bedecking the cross outside the church entrance with spring flowers and invite the entire parish to bring blooms that they have purchased or cut in their yards to Easter Day services.

(Mr. MacGregor - aka David - will be there to assist, and he might even take a picture of you and your family as you celebrate this joyous day.) Don't forget your flower and your camera on Easter morning!



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