

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY



1  
Fish Sticks  
Mac and Cheese  
Buttered Peas  
Fruit Jell-O  
Corn Bread

4  
Chicken Alfredo  
Garden Salad  
Peaches  
Garlic Bread

5  
Hamburger  
Lettuce Tomatoes Pickles  
Tater Tots  
Ice Cream

6  
Soft/Crispy Taco's  
Cheese, Lettuce, Salsa  
Refried Beans  
Pineapple

7  
Sweet and Sour Chicken  
Fried Rice  
Egg Rolls  
Pineapples

8  
Italian Spaghetti  
Fried Okra or Green Beans  
Mixed Fruit  
Garlic Bread Sticks

11  
Chef Special  
No School  
Extended Care  
Open

12  
Grilled Cheese Sandwiches  
Chicken Noodle Soup  
Fruit.

13  
Sloppy Joes  
Chips  
Baked Beans  
Applesauce

14  
Mexican Lasagna  
Season Corn  
Pear Halves  
Wheat Bread

15  
Steak Fingers w/ Gravy  
Mashed Potatoes  
Buttered Carrots  
Peaches

National School Lunch Week

18  
Pancake  
Sausage  
Hash Brown  
Egg Round  
Chocolate Milk

19  
Hot Dogs w/Chili  
Cheese  
Fritos  
Peaches  
Cake

20  
Bar-B- Que on a Bun  
Pickle Wedge/ Onions  
Mustard Potatoes  
Pears w/ Cherries

21  
Hamburger Pizza  
Corn on Cob  
Fruit

22  
Tamale Frito Pie  
Tossed Salad\  
Mandarin Oranges  
Cornbread

25  
Ham and Cheese Wraps  
Potato Soup  
Cinnamon Apples

26  
Jambalaya  
Black Eye Peas  
Peaches  
Wheat Bread

27  
Ground Beef Stroganoff  
Garden Salad  
Fruit Salad  
Wheat Bread

28  
Cheese Chicken  
Quesadilla  
Queso /Chips  
Pinto Beans  
Fruit

29  
Spooky Beef Stew  
Creepy Fruit Jell-O  
Mummy Cornbread  
Bat Crackers  
Spider Treats

Oct

FEED YOUR CREATIVITY



Announcements:

ALL MENU INCLUDED  
UNLIMITED MILK AND  
WATER.

NOTE:

Due to availability of  
food items, some menus  
may have substitutions.

Our younger students  
menus may be changed  
slightly. .

Example; corn on cob  
To whole kernel corn.  
Thank you, Mrs. Riske



TEXAS DEPARTMENT OF AGRICULTURE  
COMMISSIONER SID MILLER

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Food and Nutrition Division  
Nutrition Assistance Programs



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