



47TH ANNUAL MIDWESTERN CONFERENCE

Health Care in the Older Adult

Geriatric Mental Health

Designed for primary care physicians, pharmacists, nurses, social workers, and other healthcare professionals, this conference instructs participants in the diagnosis, treatment, and management of conditions common in older adults.

Virtually held via Zoom

Conference will run from
8:00 am - 4:30 pm

Pre-registration is required

**Registration deadline is
January 16, 2026**



<https://uiowa.cloud-cme.com/course/courseoverview?P=0&EID=77422>

IOWA
HEALTH CARE

FRIDAY
JANUARY 30, 2026

TIME	SESSION	SPEAKER
8:00	Welcome & Opening Remarks	Nicholas Butler, MD, MBA, FAAFP
8:05	Keynote: All that Glitters isn't Gold: Exploring the Mental Health Burden in the "Golden Years"	Susan Duffy, MD
8:50	Mental Health in Neurodegenerative Disorders	Natalie Denburg, PhD
9:30	Delirium in Outpatient Settings	Michelle Weckman, MD
10:00	Morning Break	
10:15	Behavioral Issues in Dementia	Kim Bergen-Jackson, PhD, RN GERO-BC, LNHA, FAAN
10:45	Substance Use Disorders in Late Life	Alison Lynch, MD
11:15	Sleep Disorders in Older Adults	Lisa Mertens, ARNP
11:45	Lunch	
12:40	Announcements	
12:45	Cupcakes for Pain Management in the Golden Years	Lee Kral, PharmD, FASHP, NBC-HWC
1:15	Mental Health and Medication Overload: Understanding Polypharmacy in Clinical Practice	Korey Kennelty, PharmD, MS, PhD, BCGP Allison Bernard, PharmD, BCACP
2:00	Understanding Inpatient Mental Health Care	Vicki Kijewski, MD
2:30	Afternoon Break	
2:45	Mental Health in Long-Term Care: Navigating Complexity	Scott Eberly, MD
3:15	Articles of Impact & Q&A: Interdisciplinary Perspectives on Geriatric Mental Health	Kevin Schleich, PharmD, BCACP, Jason Wilbur, MD, FAAFP Kim Bergen-Jackson, PhD, RN GERO-BC, LNHA, FAAN
4:30	Closing Remarks & Adjournment	Nicholas Butler, MD, MBA, FAAFP

Sponsored by the Roy J. and Lucille A. Carver College of Medicine and the Department of Family and Community Medicine

The Health Resources and Services Administration made this conference possible in part through Award Number 6 U1QHP53049-01-01. Views expressed by speakers, moderators, and in writing may not reflect the policies of the Department of Health and Human Services. Mentions of trade names, commercial practices, or organizations do not imply endorsement by the U.S. Government.

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Accreditation and Credit Designation



In support of improving patient care, the University of Iowa Roy J. and Lucille A. Carver College of Medicine is jointly accredited by the Accreditation Council for Continuing Medical Education (ACCME), the Accreditation Council for Pharmacy Education (ACPE), and the American Nurses Credentialing Center (ANCC), to provide continuing education for the healthcare team.

Nurse: The University of Iowa Roy J. and Lucille A. Carver College of Medicine designates this activity for a maximum of 7.0 ANCC contact hours.

Pharmacist: The University of Iowa Roy J. and Lucille A. Carver College of Medicine designates this knowledge-based activity for a maximum of 7.0 ACPE contact hours. Credit will be uploaded to the NABP CPE Monitor within 60 days after the activity completion. Pharmacists must provide their NABP ID and DOB (MMDD) to receive credit.

Pharmacist UAN: JA0000310-0000-26-011-L01-P

Physician: The University of Iowa Roy J. and Lucille A. Carver College of Medicine designates this live activity for a maximum of 7.0 AMA PRA Category 1 Credit(s)[™]. Physicians should claim only the credit commensurate with the extent of their participation in the activity.



Physician Associate: The University of Iowa Roy J. and Lucille A. Carver College of Medicine has been authorized by the American Academy of Physician Associates (AAPA) to award AAPA Category 1 CME credit for activities planned in accordance with AAPA CME Criteria. This activity is designated for 7.0 AAPA Category 1 CME credits. PAs should only claim credit commensurate with the extent of their participation.

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Other Health Care Providers: A certificate of participation will be available after successful completion of the course. (It is the responsibility of licensees to determine if this continuing education activity meets the requirements of their professional licensure board.)