PHYSICIAN BUSINESS LEADERSHIP

CERTIFICATION PROGRAM











SESSION FOUR

June 9, 2021



August 11, 2021













PROGRAM OVERVIEW

Providers today face an era of change unlike any before. Reform policies, shifting requirements and fiscal uncertainty create a chaotic atmosphere for professionals and providers. During times like these, strong leaders with innovative and focused decision-making abilities are required. Participants in this program will gain the tools to become successful leaders in today's complex health care environment.

PROGRAM STUCTURE

The Physician Business Leadership Certificate is achieved through attending the educational sessions (virtually in 2021), with additional requirements in networking and involvement with other industry activities. The content includes three areas of focus:

- **1. Foundational Leadership Skills**: Fundamental leadership and business skills.
- **2. Equipping for Health Care Today**: Topics helping physicians improve their execution, efficiency and effectiveness.
- **3. Hot Topics**: Issues in health care delivery affecting physicians (e.g., crisis management and behavioral health program development).

INTENDED AUDIENCE

Emerging and aspiring physician leaders.

PROGRAM ENROLLMENT

Participants register and commit to completing the requirements for certification.

PROGRAM COMPONENTS

Coursework

Before each session, participants may have minor prep work related to the session topics. This will help them be fully prepared to engage in the subject matter.

Education programs

These sessions will be led by subject matter experts and include interactive group discussions and group work.

Assessments

Following the conclusion of each program, attendees will be given a survey to examine whether the educational objectives for that session were achieved.

Networking

Peer-to-peer learning and discussion of best practices will be integrated into the sessions.

Involvement in industry education events

To qualify for the Physician Business Leadership Certification, participants must attend four additional professional or educational events within 24 months.

Examples of education events include: IHA and IMS advocacy events, IHA conferences, IHC conferences, IMS regional meetings and events, and national health care and professional development conferences. Additional registration fees may apply for some of these events.

PROGRAM FACULTY

- Tammy Chance, DO, IHA Board Member, Emergency Department Medical Director, Boone County Hospital
- Brian Privett, MD, IMS President, Opthalmology lowa Eye Center
- Tom Evans, MD, FAAFP, Iowa Healthcare Collaborative, Des Moines





SESSION ONE | FEB. 23, 2021

8:30 am Introduction to IHA

9 am The Art and Challenge of Coaching Colleagues to Enhanced Performance

Jeff Morris, MD, MBA, Studer Coach, Pensacola, Florida

Too often, we approach collegial coaching from a position of authority or power, causing a defensive response. The reality is that successful collegial coaching demands understanding drivers of behavioral change and recognition of "What's in it for me" for colleagues being coached. This presentation covers the why, what and how of the art and science of creating buy-in and making colleagues more receptive to change by using emotional intelligence and proven coaching tools and techniques.

Learning objectives:

- Understand how to create buy-in and a burning platform for change.
- Appreciate the value of transparency as a driver of behavioral change.
- Learn non-threatening coaching conversation skills.
- Use proven coaching tools and techniques to effect behavioral change.

10:30 am Managing the Difficult Physician Colleague

Jeff Morris, MD, MBA, Studer Coach, Pensacola, Florida

There is a wide spectrum of physician behaviors that can be attributed to the "difficult colleague." Tolerating undesirable behavior degrades the organizational culture. This affects the entire organization, putting the collegiality of staff and the quality of care at risk. Addressing such behaviors is an art as much as it is a skill. Better defining the types of difficult colleagues and having a consistent approach to dealing with various degrees of difficulty sets high standards of accountability, demonstrates value and re-recruits the organization's high performers and team players.

Learning objectives:

- Analyze the spectrum of behaviors that can define someone as a difficult colleague.
- Understand the responsibility of physician leaders in managing a difficult colleague.
- Identify tools and techniques that can help the physician leader manage a difficult colleague more effectively.

1 pm Advocacy 101

Kim Murphy, JD, Vice President and Assistant General Counsel, IHA

It is crucial for hospital advocates to engage with legislators from a grassroots level. As the largest gathering of hospital advocates, Hospital Day on the Hill is the best opportunity to communicate a shared vision for lowa's health care system with policymakers as they develop legislation.

2 pm Adjourn





SESSION TWO | MARCH, 17, 2021

1 pm DISC Assessment Training Session

Ascent Physician Leadership Training through IPMA has agreed to do a $\frac{1}{2}$ day DISC training session with our program participants. During this training participants will review the results of their DISC assessment and learn ways to utilize this knowledge into their daily leadership.

3:30 pm Adjourn

SESSION THREE | APRIL 14, 2021

8:30 am Introduction to the Iowa Healthcare Collaborative

9 am Health Care Finance 101

Susan Horras, VP, Finance, Iowa Hospital Association, Des Moines

Strong financial skills are necessary for effective leadership in today's health care environment. This session will better equip physician leaders for the financial management responsibilities of their positions.

Learning objectives:

- Explain how budgets are developed and describe the role of budgeting as a key component of the administrative process.
- Review common key performance indicators and statistics including their significance in monitoring budget performance and variance analysis.
- Examine ways to read and understand departmental financial performance reports.
- Explore and understand revenue cycle processes and price transparency in health care, outlining the impact these factors have on patient satisfaction.

10:30 am Crisis and Grief Leadership During a Disaster Event

Joshua Morganstein, MD, DFAPA, Assistant Director, Center for the Study of Traumatic Stress, Uniformed Services University, Bethesda, MD

This session will review COVID-19 impact on individuals and communities from a public mental health perspective, beyond just the issue of mental disorders, waiting for people to get sick and then fixing it. It will also describe ways to think about who is at risk and detail principles of interventions that promote wellness and improve functioning during disasters, including pragmatic suggestions of specific actions to promote sustainment that are borrowed from other professions that work at baseline in high stress environments. The session will finish by discussing leadership actions that promote community recovery and the steps needed to implement, grief leadership, which is an often-overlooked aspect of leading during times of crisis, but critical to the well-being of communities and their ability to recover.

Learning objectives:

- Discuss the impact disasters have on individuals and communities from a mental health perspective.
- Describe the principles of interventions that promote wellness and improve function during a disaster.
- Detail leadership actions that promote community recovery.
- Explain the concept of grief leadership and how it can help with the well-being of a community during and after a disaster.



SESSION THREE CONTINUED

1 pm CEO/CMO Moving in the Same Direction

Linn Block, RN, BSN, MHA, CEO Manning Regional Healthcare Center and Chuck Nordyke, RN, BSN, MSN, MBA, CEO Clarinda Regional Healthcare Center

This session will examine the CEO / CMO relationship by hearing it first-hand from two CEOs and their respective CMOs. They will describe the relationship and detail the value and difficulty of the dynamic. They will discuss how a strong partnership between the two can lead change within the organization. They will also provide real examples that occurred within their facilities where this relationship was required to execute on the strategic plans of the organization. Both teams will talk about their behavioral health programs and the partnership required to make these successful. Manning Regional Healthcare Center will discuss how important a strong CEO / CMO relationship is when making the decision to discontinue a critical service line in the facility. This session will give participants a real-life look into the intricacies of this relationship and what it means for the facility, medical staff, employees and community.

Learning objectives:

- Examine the CEO / CMO relationship and describe the successes and difficulties that come within this dynamic.
- Explore how the CMO can lead change by showcasing examples from two organizations where the CEO / CMO relationship was critical in making facility changes.
- Detail two behavioral health programs which have required a strong CEO / CMO relationship to be successful.

2 pm Adjourn

SESSION FOUR | JUNE 9, 2021

8:30 am Introduction to the Iowa Medical Society

9 am Negotiations and Conflict Management

Dr. Azeemuddin Ahmed, MD, MBA, Clinical Professor and Executive Vice Chair, Department of Emergency Medicine, University of Iowa

To be an effective health care leader, one must have a robust repertoire of negotiation and communication skills. Regardless of context, leaders often have formal responsibility for negotiating agreements with other firms or constituencies, must compete with colleagues for scarce organizational resources and are often asked to resolve disputes between colleagues. The purpose of this session is to facilitate the basic understanding of the theories and processes of negotiation and conflict management as they are practiced in a variety of settings. This seminar is designed for a broad spectrum of negotiation and conflict management problems faced by health care leaders.

Learning objectives:

- Identify sources of team conflict.
- Distinguish among the five different negotiations and conflict management styles.
- Understand the common underlying principles of the conflict management model.



SESSION FOUR CONTINUED

10:30 am Data and Decision Making

John Richardson, Director, Iowa Hospital Association, Des Moines

As a health care practitioner, patient data is used daily to make decisions. This session will help providers use data for informed decision-making and improve the patient care environment. Following the session, participants will have the knowledge to face the challenges of data analytics in health care operations.

Learning objectives:

- Describe the importance of data analytics in decision-making across the organization.
- Examine ways to use the benefits of information technology, quality and analytics in an organization.
- Develop future analytic strategies and provide resources to strengthen patient care.

1 pm Time to Move Upstream and Invest in our Health: Addressing Social Determinants of Health and Population Management

Yogesh Shah, MD, Chief Medical Officer, Broadlawns Medical Center, Des Moines

Health care costs continue to outpace general inflation, typically by twofold. The major source of this problem is the unhealthy population. "Upstream" environmental factors greatly affect "downstream" health. Upstream factors include poor nutrition, inadequate housing and education, and low incomes – all considered to be social determinants of health. Addressing the health of the community extends beyond providing medical care and starts early in childhood. To meaningfully address the health of lowans, health care providers must consider new approaches, develop social programs and explore new solutions "upstream."

Learning objectives:

- Learn the role of social risk factors in health outcomes.
- Identify crucial social determinants of health for communities.
- Discuss how to engage directly through community involvement to improve social determinants of health.

2 pm Adjourn

SESSION FIVE | AUGUST 11, 2021

8:30 am Introduction to the Iowa Academy of Family Physicians

9 am Health Care Futurist (Part 1) A Survival Guide for Health Care Organizations

Dr. Steven Berkowitz, MD, Chief Physician Executive, Northern Light Health and President, Northern Light Medical Group

The health care industry is going through unprecedented changes. Unpredictable and disruptive technology abound, and the physician-patient relation will continue to change. Stakeholders must become engaged and involved as market forces such as telemedicine and "big data" transform organizations into virtual health organizations with the ability to provide point-of-care patient care and achieve the end goal of true population management. This session will address how health care will survive and prosper in this very strange environment.

Learning objectives:

- Review how to thrive in the era of the competing health care dollar and how to leverage traditional strategies of market share and profitability to better influence the medical "per member per month."
- Explore the concept of transparency as a new way of doing business.
- Discuss the increasingly important role of new technology among providers.
- Discuss the goal of achieving engagement and alignment among stakeholders, including the patient.
- Discuss the importance of becoming a virtual health organization with restructuring of physicianpatient and hospital-patient relations and the ability to provide point-of-care patient care across an ever-expanding geography and continuum of care.

10:30 am Creating Margin: How to Survive in a Fee for Service-based World while Transitioning to Value-based Health Care

Dr. Don Klitgaard, MD, FAAFP, CEO, MedLink Advantage

Practices and their leaders are challenged by changing reimbursement models and limited resources to adapt. Developing and refining ways to improve fee-for-service (FFS) revenue streams can help ease the burden during the transition to value-based payment (VBP). This session will discuss how to effectively incorporate quality improvement methodology into daily practice and how to connect those quality efforts to address health care costs.

Learning objectives:

- Discuss the driving factors of the changing health care payment world.
- Describe opportunities to maximize FFS revenue while preparing for VBP.
- Understand how to align meaningful quality improvement initiatives with efforts to address cost.
- Discuss how risk adjustment affects VBP.
- Describe the main alternative payment models.

1 pm Health Care Futurist (Part 2) Patient as a Partner in Care

Dr. Steven Berkowitz, MD, Chief Physician Executive, Northern Light Health and President, Northern Light Medical Group

Continuation of Part One

Post Event Opportunity - CMO Coaching One on One with Dr. Berkowitz - Post Event Follow-up

Dr. Berkowitz has offered a follow-up call with each participant following the event to discuss any issues or situations that participants may be facing.



CONTINUING EDUCATION

Certified Medical Education (CME) credits will be available for this program. Final approval of total hours is pending.

REGISTRATION

Submit applications utilizing the enrollment page by emailing them to Corey Martin at martinc@ihaonline.org.

REGISTRATION FEES

IHA/IMS/IAFP member – \$2,500 IHA nonmember – \$3,000

Paid in three installments (\$900/\$1,000 due at registration, \$800/\$1,000 due on 2/23/2021 and \$800/\$1,000 due on 4/26/2021).

REGISTRATION/CANCELLATION/REFUND POLICY

- Cancellations and substitutions are welcome anytime. Cancellations and substitution requests must be sent to iharegistration@ihaonline.org. No-shows will be billed.
- A full refund will be given to cancellations received 10 or more business days before the first session.
- A \$50 fee will be charged to cancellations received six to nine business days before the first session.
- Refunds will not be given to cancellations received five or fewer business days before the first session.
- Refunds will be calculated by the date received and the IHA business days remaining before the first session.
- IHA reserves the right to cancel the conference because of insufficient enrollment. If so, preregistered participants will be notified and full refunds provided.

ADA POLICY

IHA does not discriminate in its educational programs on the basis of race, religion, color, sex or handicap. IHA wishes to ensure no individual with a disability is excluded, denied services or segregated or otherwise treated differently than other individuals because of the absence of auxiliary aids and services. If you need any of the auxiliary aids or services identified in the Americans with Disabilities Act in order to attend this conference, please call 515-288-1955 or write to the Department of Education at IHA.





WAYS TO ENROLL

Email: martinc@ihaonline.org

Mail: Iowa Hospital Association • 100 E Grand Ave, Ste 100 • Des Moines, IA 50309 • Attn: Corey Martin

-			10.0		D 8 4	^ -	
Δ	 			-()	RM	Δ	M
_	 _	4	 			\sim	70

Name	Title	Title				
Email Address (required)	Telephone	Telephone				
ORGANIZATION INFORMATION						
Name						
Street Address						
City	State	Zip				
REGISTRATION FEES						
 ☐ IHA/IMS/IAFP member – \$2,500 ☐ IHA nonmember – \$3,000 ☐ Installments (\$900/\$1,000 due at registration) 	n, \$800/\$1,000 due on 2/23/2021 and	\$800/\$1,000 due on 4/26/2021).				
PAYMENT INFORMATION		FOR IHA OFFICE USE ONLY				
☐ Option 1: Bill my institution. ☐ Option 2: Enclosed is my check payable to	IHA in the amount of \$	Program # 125-5130-202821 Date Received Fee Amount \$ Check # Check Total \$				
		☐ Organization ☐ Personal				





Email: iharegistration@ihaonline.org



Mail: Iowa Hospital Association 100 East Grand, Suite 100 Des Moines, IA 50309 Attn: Ellen Waller

Website: www.ihaonline.org