

HEAD MEETS HEART FOR TEENS (ages 16-21)

FOLLOW YOUR HEART WITHOUT LOSING YOUR MIND

Presented by Barbara Currano, MA, LCPC, NCC

Developed by John Van Epp, PhD, **HEAD MEETS HEART (Formerly PICK A Partner)** is an entertaining educational program supported by ten years of research to help singles make better dating/marriage choices from a psychological point of view. Sharing values is essential, but there is so much more to consider and work on **BEFORE** marriage. This class is geared towards older high school teens and college students.

Head Meets Heart is presented in a **TWO DAY** workshop, with lots of fun discussions and group activities that help participants apply the content to real life situations and experiences. A faith-based workbook provides a permanent record of your learning and reflections. You will be amazed at what you learn.



- ◆ 5 Essential Categories to Know about the Other
- ◆ 8 Characteristics of a Trustworthy Partner
- ◆ How to Identify Difficult Partners
- ◆ 12 Areas of Compatibility
- ◆ How to Safely Pace Relationships

St. Louis Church - Scavi Youth Room
(entrance is behind the church down the steps)
2907 Popkins Lane, Alexandria, VA 22306
Saturday, March 10, 10 a.m.- 5 p.m.,
AND Saturday, March 17, 10 a.m.- 5 p.m.

Lunch, drinks, and snacks will be provided.

Cost: \$100/person (Less than a single therapy session)

Invite a friend, relative, or dating partner.

Pay by cash or check at first meeting. (Sibling discount & partial need-based scholarships available.)

MUST REGISTER IN ADVANCE

BY PHONE: 240-793-2651 or

