

CYO NEWS

CYO Spiritwear Available Again

We are doing our second and **LAST** round of ordering CYO spiritwear. In addition to t-shirts, we will also be offering hoodies and sweatpants this time. Logos will be available for cheerleading, basketball, and a general Hawks logo for everyone else. You need NOT be on a CYO team to order spiritwear. The t-shirts **ARE** approved for gym wear but the sweatpants and hoodies are **NOT**. Please go to www.sewnluv.com/st-louis to place your orders. The last day to order is Sunday, November 10th at 11:59 pm. **We will NOT be extending this deadline.** We will try to deliver all spiritwear in early December, and it will be distributed to your children in school. If you are ordering something as a Christmas present, please email Judy Conti at jconti@nelp.org, and she will make arrangements with you for alternative delivery. And all other questions about orders or timing should also go to Judy Conti, not Sew N' Luv. Thank you!

Required Basketball Parent Meeting

The Diocese of Arlington requires that at least one parent of EVERY basketball player attend a MANDATORY meeting at their parish in advance of the start of the season. We will discuss expectations for parents and other spectators during the season and show a short video mandated by the Diocese. Even if you attended this meeting last year, you MUST attend again this year. In order to make sure every family can attend, we will be hosting three sessions in the cafeteria: Tuesday, Nov. 19th and Thursday, Nov. 21st at 7 pm, and Saturday, Nov. 23rd at 9 am. If you absolutely cannot attend any of these meetings, please contact Judy Conti at jconti@nelp.org.

CYO track meet results are in!

On October 5th, over 70 St. Louis athletes in grades 3 through 8 competed in the Fall CYO Championship track meet. The team had an outstanding showing with the 7th/8th team finishing 3rd, the 5th/6th team finishing 2nd, and the 3rd/4th team finishing 4th. On the individual level, the team had the highest number of 1st place and 2nd place finishers while also leading the diocese in the number of top 6 finishes!

In addition to our athletes who finished in the top 6, we also want to acknowledge and congratulate all the athletes who competed for St. Louis -- no matter where they finished. We certainly saw all of our athletes competing to the best of the abilities and equally importantly,

being supportive teammates and showing good sportsmanship. These are great accomplishments to be celebrated as well.

A special thanks to the stellar coaching team who not only helped build the skills of our children, but who fostered a real sense of team camaraderie and who encouraged them all to do their personal best, regardless of outcome. Cheers to **Brian Nienaber, Chris Richey, Igor Boras, Leah Beckett, Bill Buffaloe, CJ Howard and Joe Doherty!**

Be on the lookout for news about the spring CYO track season in a few months!

CYO Cross-Country Championship Meet

Over 40 St. Louis athletes will be competing in the CYO cross-country championship meet on Saturday November 1st. The meet is right in our neighborhood at Ft. Hunt National Park. The meet will run from 11am to 2pm and all the races will begin in Picnic Area A. Admission is free and all are welcome to come cheer for our awesome cross-country athletes.