



March 2017

Red Cliff Elderly Menu

All Meals Subject to Change without notice

All Meals Served with milk

Mon	Tue	Wed	Thu	Fri	Sat
		1 Hamburger Hot dish Beets Fruit Cocktail	2 Turkey Sub Sandwich Potato Salad Chips Cookie	3 Baked Fish Parsley Butter Potato Steamed Cauliflower Pears	4 Sack Lunch Peanut Butter & Jelly Apples Cheese Stick
6 Cream Chicken Rice Biscuit Mandarin Oranges	7 Ham Slices Cheesy Hash-Brown Bake Brussels Sprouts Apple Sauce	8 Liver & Onions Boiled Potato Carrots Peaches	9 Beef Stroganoff Noodles Peas Pears	10 Fish Chowder Egg Salad Sandwich Cookie	11 Sack Lunch Chicken Salad/Bun Broccoli & Cauliflower Chips Oranges
13 BBQ Chicken Baked Potato Corn Fruit Cocktail	14 Beef Tips/Gravy Noodles Peas Pudding	15 Pork Tenderloin Rice Pilaf Broccoli Pears	16 Taco Salad Chips Peaches	17 Breakfast Green Eggs No Ham Veggie Frittata Oranges	18 Sack Lunch Tuna Salad/Bun Baked Beans Chips/Cheese Sauce Grapes
20 Grilled Sausage, Potato & Green Bean Bake/Bun Apple Sauce	21 Sloppy Jo's Potato Wedge Fruit Salad/Pineapple Cucumber Slices	22 *No Service* Elder Voices Event Luncheon @ Legendary Waters Event Center 11-1pm	23 Cream Potato/ Ham Vegetable Soup Bun Pineapple	24 Cold Tuna Mac Veg Salad Peaches/Cottage Cheese	25 Sack Lunch Hard Fried Egg/ Cheese /Bun Carrot Sticks Banana
27 Cheeseburger Macaroni Bake Asparagus Bun Peaches	28 Reuben Sandwich Sweet Potato Fries Cole Slaw Pineapple	29 Chicken Fajitas Taco Rice Black Beans Pears	30 Ham /Vegetable Boiled Dinner Buns	31 Baked Fish Mac N Cheese Peas Apple Sauce	

