· What prompted you to open your business in Placitas, and what should we tell community members why they should support your business.

I actually came to Placitas in a unique way. I built and operated the local StretchLab franchise and was an advertiser in a Stroll Tanoan. The experience exceeded my expectations. The publication delivered exactly what it promised by creating meaningful connections between local businesses and the community. Seeing that firsthand made a lasting impression on me.

When I began thinking about what might be next in my career, the opportunity to bring Stroll to Placitas came along, and I immediately knew it was something I wanted to be part of. I've lived in New Mexico for more than a decade and have always loved Placitas. I jumped on the opportunity to do something meaningful in the community as well as support local businesses. It is a natural fit for me.

For me, this isn't just about publishing a magazine. It's about creating something that brings neighbors together while helping hardworking local business owners grow. Every business has a family behind it, and every resident has a story worth telling. If Stroll can strengthen those connections while supporting the local economy, then I feel like I'm doing meaningful work, and that's exactly why I'm here.

· What is the best/most important/positive thing about living and owning a business here in Placitas?

One of my favorite parts of this journey has been the unknown. Stroll Placitas is brand new, and I had no idea how the community would respond. The way residents have embraced it has truly made my heart so happy.

I'm excited to continue learning about the people who make Placitas so special, its rich history, the longtime residents, the families, the beloved pets, and all of the stories that might otherwise go untold.

I genuinely love sitting down with people, hearing about their lives, and sharing those stories with the community. It's such a unique opportunity, and I feel incredibly lucky to be part of it.

· We're sure that there is something about you (or your business) that Placitans might not know. What is that something – that you are willing to share.
Something Placitas residents might not know about me is that I've been teaching yoga for 15 years, and it's been one of the constants in my life. I still teach several classes each week, and my journey into yoga has quite a story behind it that I'll save for another time.

I'm also a huge animal lover and advocate. I serve on the board of New Mexico Street Pet Project, a nonprofit dedicated to helping pets and the people who love them, and I have two Cavalier King Charles Spaniels of my own that I spend a completely unreasonable amount of time with.

Outside of work, I love running, even if I'm not particularly good at it. It's one of my favorite ways to clear my mind.

Most people assume I'm an extrovert because of what I do, but the truth is I'm actually quite shy. I genuinely enjoy being behind the scenes, which is one of the reasons I love publishing *Stroll*. I get the privilege of shining the spotlight on everyone else and telling their stories, and that's exactly where I'm happiest.