Body Shop by Susan

- **What prompted you to open your business in Placitas, and what should we tell community members why they should support your business?** ***Bodyshop Workout Studio provides a convenient, unique, boutique-style workout experience within just a few minutes from home.***

- **What is the best/most important/positive thing about living and owning a business here in Placitas?** ***The Placitas community has been supportive throughout our 17 years of business here. Placitans and Zoomers alike find value in a healthy and active lifestyle by embracing our fitness classes and personal training***

- **We're sure that there is something about you (or your business) that Placitans might not know. Please share that something if you wish.** ***Owner and personal trainer Susan Barcena has lived in Placitas for 30 years. She teaches all fitness levels the benefits of functional training to keep you functional in your daily life . . . balance, stability, strength and endurance. Susan is also a lifelong horsewoman and adventure seeker.***