

# 1/2 DAY VISUAL SCHEDULE - LEVEL A

Pause for Parents, Play for Kids

Wake-up

Eat Breakfast



Brush Teeth



Get Dressed



II  
Let's Learn

Practice

Discover

Create

Explore

II  
Wind Down

Eat Lunch



Story Time



Quiet Time



# MY ACTIVITY CHOICES - LEVEL A

Pause for Parents, Play for Kids

Practice

- I can trace my letters or sight words on paper or a salt tray.
- I can sort ABC letters.
- I can build my sight words and then write them.
- I can sing my ABC's or practice counting out loud or with my device.
- I can learn about the weather today.
- I can do a letter or number worksheet.
- I can sort counters by their color or size and then count them.
- I can stamp my letters, numbers or shapes.
- I can create my own way to practice!***



Create

- I can paint or draw.
- I can build with Legos.
- I can create something with Play-doh.
- I can write a story using words or pictures.
- I can make up a puppet show, song or dance.
- I can stack and build with blocks.
- I can write a letter or draw a picture for someone else.
- I can send a video message to a friend.
- I can create my own way to create!***



Discover

- I can watch a science video.
- I can use ABC Mouse.
- I can play on Abcyia or Starfall.
- I can watch a video about animals.
- I can listen to a story about space or the ocean.
- I can use my iPad.
- I can make a fun, healthy snack by following a video.
- I can create my own way to discover!***



Explore

- I can go on a nature hunt to find bugs, sticks or things of a certain color.
- I can explore a sensory bin.
- I can do yoga.
- I can play a game using a ball.
- I can go on a treasure hunt inside or outside.
- I can ride my bike.
- I can paint with water on the sidewalk or a wooden fence.
- I can swing or jump.
- I can create my own way to explore!***

