

# Project CARE Presents:

## Peer-Led Virtual Support Group for Male Identifying Persons!

This group is available to all who identify as male.

Please join us virtually in a welcoming environment where people with developmental and/or intellectual/cognitive disabilities can connect and share their experiences.

**Topics include:** Healthy Living Tips, Mindfulness, and Safe/Healthy Relationships.

Project CARE Self-Advocate, Juan, will lead the group with facilitator presence via Zoom. Project CARE Self-advocates and facilitators will be available to provide extra support during the sessions.

Groups occur on the last Tuesday of the month 6-7pm.

1/26/2021	6pm	5/25/2021	6pm	9/28/2021	6pm
2/23/2021	6pm	6/29/2021	6pm	10/26/2021	6pm
3/30/2021	6pm	7/27/2021	6pm	11/30/2021	6pm
4/27/2021	6pm	8/31/2021	6pm	12/28/2021	6pm

**Location:** Zoom

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For referrals/more information, and Zoom link contact:

[projectcare@ywcacin.org](mailto:projectcare@ywcacin.org)

**About Project CARE** Project CARE is a community collaborative providing supportive services to individuals with disabilities impacted by/or at risk for violence. Project CARE is driven by the vision that people with disabilities be empowered to access highly effective services that are welcoming, comprehensive, and without barriers.

**YWCA IS ON A MISSION**