

# Managing Stress within the Family during Covid-19

Myriam Chebat and Martin LaFerrière-Simard



May 6, 2020

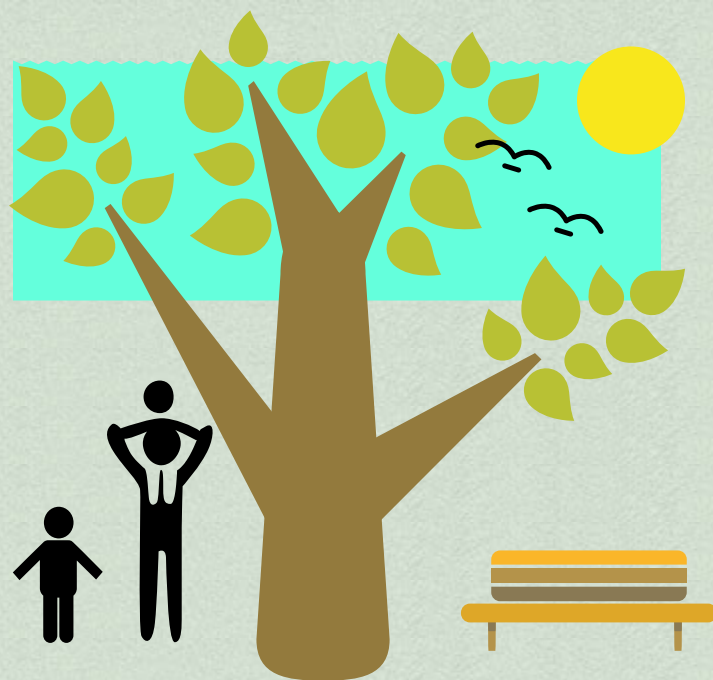
@7 pm Berlin:  
English Session

May 7, 2020

@7 pm Berlin:  
French Session



What kind of parent do you want to be during these trying times? Let's discuss how to best support our children, and ourselves as parents during the COVID-19 pandemic.



If you prefer to log in anonymously, please contact **Myriam Chebat** for instructions.

Register for May 6 @ 19:00, 2020 (English)

Register for May 7 @ 19:00, 2020 (French)



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