

Sarah's Hope

Food Drive Opportunities



Sarah's Hope serves three meals and two snacks each day to the 85 women and children the shelter serves—over 80,000 meals per year! The shelter regularly needs groups to conduct drives throughout the year for breakfast and pantry items. If you would like to hold a food drive to benefit Sarah's Hope families, please contact the Volunteer Coordinator below to discuss details and drop-off times. To ensure we can use all of the food your group donates, please advise your team to only collect items on the list and to check expiration dates on the food they are donating!

Regular Pantry Items

Cans or Large Cans

Baked Beans
Canned Beans
Tomato
Sauce
Chicken Noodle Soup
Canned Salmon
Canned Tuna
Canned Fruit

Condiments Ranch

Salad Dressing
Ketchup and
Mustard
Mayonnaise
Peanut Butter
Jellies and Jams

Starches

Spaghetti
Noodles
Macaroni
Noodles
White or brown rice (large bags please)

Snacks

Juice Boxes
Granola Bars
Cookies
Breakfast
Bars
Fruit Rollups or Fruit snacks
Peanut Butter or Cheese
Crackers
Trail Mix or Nuts
Fruit or Pudding Cups
Applesauce
Cereal

Donation drop-offs can be scheduled by contacting:
Lauren Keane, Sarah's Hope, Hannah More Volunteer Coordinator
lauren.keane@vincentbaltimore.org or
410-773-0334