

## Why I Volunteer for the Registry



So if your reading this you can relate to my life more than most.

Charlotte had Tetrasomy 18p and I can't do anything to make that go away. So what Can I do? I Can volunteer at the Registry, in the position of a Coordinator - it's a great way to get to know all the families in my area. I can volunteer to help raise money for research - no one else is going to

fund the research about Chromosome 18 anomalies other than the families - a sad but real fact. I Can volunteer to host the Philadelphia Rock n' Roll marathon even though I barely walk let alone run or walk for recreation. It was fabulous and I am in awe of the athleticism and spirit of all the families who came out. Totally inspiring. Looking forward to doing it again next year! And finally I Can learn about ways to help make this journey a little easier from all who have forged this path ahead of me and I will hopefully leave a guiding path for those still yet to come. Why I volunteer for the Registry..... because I Can.

Liz Woodfield

Chromosome 18 Mid-Atlantic Coordinator

2016 Philadelphia Rock'n'Roll Marathon Race Host & Organizer